



sidebar

246 E. Saginaw St.

Open Monday-Saturday 4:00-10:00pm





August 4th 5:00-8:00PM

2023 Venues

Arts Council of Greater Lansing
Bradly's Home & Garden
Curvaceous Lingerie
Cravings Gourmet Popcorn
Elderly Instruments
Great Lakes Art & Gifts
Katalyst Gallery
Metro Melik 517
MICA Gallery
Mother & Earth: Toys + Baby
Odd Nodd Art Supply
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We all like to revel in the glory of victory — well, most of us, anyway — but I have always tried to be humble. When I was 10, back in the 1980s, I played little league for Wenke's Winners Iol. Wenke's is a greenhouse in Kalamazoo. Anyway, I was playing third base and despite a good throw I completely missed making the tag. It was close, but the ump called the runner out. Without hesitation, I told the ump that I missed the tag. He made the correction and the game continued with the right call. I'll never forget that my teammates were so mad at me for correcting the ump's call. But I was more concerned with the kid who was on third base knowing that he wasn't cheated than I was about potentially winning the game on a missed call.

I say this to point out that the right is clamoring for attention that Jason Aldean's song has hit No. 1 on the streaming charts. Now, there are a lot of songs, past and present, that have been controversial, but this is a blatant dog whistle that deserves its criticisms. Particularly because of our country's racist history, most sane people can acknowledge how this song is inciting violence. What's problematic is that the song soared there in spite of its message, which is far from the singer's claim that it's about community. Those celebrating the song's success miss the fact that people will be hurt by it. Physically or emotionally. They'll rub it in their face and gloat. On every corner store parking lot, windows are down and Aldean's song is blaring. If you're a minority, you certainly won't feel safe.

I'd like to point out that when a country is founded like the United States, it's ironic to think that anyone would be surprised or completely miss how separating people by race would not impact us for generations. We went from the victors of the Revolutionary War, fought to escape the tyranny of the monarchy, to the tyranny of slavery in one breath, and many didn't bat an eye. To the victor go the spoils, I guess, and many still use the word heritage to describe that shameful era.

Obviously, the majority of us wouldn't like to be labeled as racist, yet some actually wear it as a badge of honor. For the rest of us, we have to decide: Is it possible, having been born in a country that was founded on white supremacy, to not be inherently racist just by default? Is it possible that much of what we've been taught has been scripted in a way to preserve whiteness as the measuring stick for our society? How is it that after abolishing slavery, after Reconstruction, Jim Crow and the Civil Rights movement that prisons became overpopulated disproportionately with Black men, destroying Black families and disenfranchising them with no rights to vote and be represented? How? Well, it's really not that difficult to understand, unless you just don't want to. We destroyed the sense of community for many Black neighborhoods by gentrification, redlining and police brutality. So, for anyone holding up "Try That in a Small Town" as a victory song, I challenge you to think about that. Do you deny someone's right to protest? Or is it just Black people's right to protest.

Of all the recent protests I can think of, 2020 was long, long, long overdue. How long would you expect Black people to sit by and watch their sons be killed by police without taking to the streets. If little white boys or little blonde-haired girls were being shot by police, I know it wouldn't take long. We see how quickly you all jump on the train when we try teaching factual history. You can't get to the school boards fast enough to ban books that make you uncomfortable. Honestly, I doubt you even know what's in those books — you just heard somebody else say it was bad, and that's good enough for you. But I digress. Black people have been second-class citizens since the dawn of the U.S. Frankly, I feel like they've been extremely gracious, forgiving, and patient, with hardly a reason to be that understanding. We've made progress, but only because they've continued to fight for the same liberty we take for granted. We've fought against that progress every single step of the way. We hide behind plausible deniability, much like that song. He says he didn't mention race one time in the song, and he's right, he didn't have to, but too many accept that excuse and say "See, it's not racist," but it is, and it's dangerous. It will be played by many a 4x4 crew cab truck owner while flying the Confederate fl ag. But don't make the mistake that the guy in a suit and tie who may not play it isn't getting the message too. Those of you who are going backwards — I guess you're still trying to MAGA right back to sundown towns.

I keep thinking to myself, "Am I part of the problem?" I'll tell you what: I grew up thinking, I'm not a racist. I grew up believing in the American dream. I grew up working my butt off in my parents' business. I earned everything I have. But what I came to realize is this; I said and did some racist stuff when I was growing up. Not out of malice, but because I didn't know better. Here's an example. My mom used to cross the street when a Black man was approaching on the sidewalk, and that made me intuitively fear Black men. I would find myself thinking that Black men were violent. Not because anyone had ever given me reason to, but because my mom did that. Who taught her that? Somebody did, and somebody taught them before that. Eventually I grew up and deconstructed that, but it took work. That's one of many examples, and that as well as other examples are reinforced by other moms who thought just like mine did. But they too claimed to "not be racist." Society at large is no different, and I'm from the North, so I can only imagine the South. I'm still deconstructing. I did earn everything I have, but I also didn't have to overcome discrimination because my name wasn't Tyrone, or Jamal, or Muhammad. The American dream is a fraud, and people are starving and dying because the wealthy are in control of who gets what, and as long as they continue to hoard wealth, they think they have the upper hand, and they're fine with the racists of the world because it keeps the focus off of them.

My point is this, I think (and I apologize if I'm rambling): Don't mistake someone else's victory as success. Remember that someone else will lose. That doesn't make the victor more important. History is full of people who continue to tell their side, which all too often was the side that got left out of history books. The victims of Jason Aldean's song may never be counted because it will just blend into the already confusing and tangled web of white supremacy and false patriotism. In the past, it was easy to deny certain events without mass media or technology, but the revolution is being televised now, and at some point, it will be undeniable to the masses that the right wing of this country is off the charts with hypocrisy and propaganda. Liberals are far from perfect, but it's at least not based on conspiracies and denial. Stop giving credence to the guys poking the bears from the middle. Joe Rogan is not worthy of his following. There's a time and place for compromise, but not when it comes to liberty for everyone. Not when it comes to people's dignity. Not when it comes to truth.

We all need to deconstruct how we may have tendencies that are unintentional, every single one of us, but unless you're willing, it is entirely possible you may be labeled a racist, and it just might be accurate.

Thank you to CMT (Country Music Television) for seeing this video for what it is.



Quackery Quotas THE RIGHT HATES EXCEPT WHEN **AFFIRMATIVE** IT COMES TO THEMSELVES. ACTION... AMERICA'S ONLY MERIT COLLEGES NEED SHALL PREVAIL MORE IDEOLOGICAL DIVERSITY.



YES, THEIR IDEAS HAVE FACED TERRIBLE DISCRIMINATION FOR TOO LONG. OTHER SCIENTISTS ARE OIL BIASED AGAINST ME JUST FOR BEING A CLIMATE SKEPTIC! POWERING THE FUTURE



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What to expect from Saturday's Best of Lansing Festival



"Be Here Now" is a strong showing by all involved



Battle of the carrot pastas

Cover photo by Rohane Hamilton via Shutterstock

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EDITOR AND PUBLISHER • Berl Schwartz

publisher@lansingcitypulse.com ● (517) 999-5061 ARTS & CULTURE EDITOR •

arts@lansingcitypulse.com ● (517) 999-5066

OFFICE MANAGER ● Kamara Drane

kamara@lansingcitypulse.com ● (517) 999-6704

EVENTS EDITOR • Nicole Noechel

nicole@lansingcitypulse.com ● (517) 999-5066

NEWS REPORTER ● Todd Heywood

heywood.reporter@gmail.com • (517) 899-6182

STAFF WRITER • Lawrence Cosentino

lawrence@lansingcitypulse.com ● (517) 999-5065

STAFF WRITER/OFFICE ASSISTANT ● Lucas Henkel

lucas@lansingcitypulse.com • (517) 999-6706

SALES EXECUTIVES ● Lee Purdy ● Steve Underwood

lee@lansingcitypulse.com • (517) 999-5064 steve@lansingcitypulse.com • (517) 999-6705

Contributors: Dedria Humphries Barker, Bryan Beverly, Taylor Blair, Rob Brezny, Capital News Service, Bill Castanier, Ryan Claytor, Mary C. Cusack, Lizy Ferguson, Roxanne Frith, Mark Gmazel, Ari LeVaux, Gabrielle Lawrence, Audrey Matusz, Kyle Melinn, Joan Nelson, Tom Perkins, Dennis Preston, Chelsea Lake Roberts, Jen Sorensen, Nevin Speerbrecker, Rich Tupica, David Winkelstern

Delivery drivers: Khalya Coleman, Cindy Heistand, Laurie Langstaff, Curt Lauck, Terri Paine

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OPEN YOUR EYES, MAN! IT'S AN EXTINCTION LEVEL THREAT AND IT'S HEADED RIGHT FOR US! WE MUST FOCUS OUR RESOURCES ON DESTROYING THIS INSIDIOUS MENACE BEFORE ALL IS LOST!

OH MY GOD! IT JUST DESTROYED ANOTHER TRADITIONAL AMERICAN VALUE! THE HORROR!



by TOM TOMORROW





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PULSE TANAL NEWS & OPINION

Black opioid deaths at crisis levels in Lansing area

When Chris sits in his Narcotics Anonymous meetings, he's often the only Black person in the room. He said when he tries to raise issues related to being Black, it makes people "uncomfortable."

Chris, who asked not to use his real name so he could be frank in discussing his recovery and work in substance abuse harm reduction, is 60 and a military veteran. He's been sober for more than 18 years, but he is still standing on the razor's edge of addressing racism while also relying on his peers for recovery. He feels forced to "speak white." Even using that process, which experts call "code-switching," discussing racial disparities is a problem.

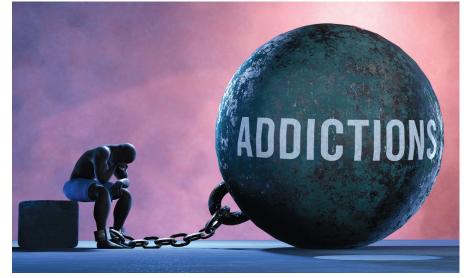
"You're never going to get to say anything about the disparity" because some white participants push back at discussing racism, he said of the impact of having to make his language and behavior fit into a mostly white space.

A huge disparity does exist in relation to opioid overdose deaths, said Ingham County Health Officer Adenike Shoyinka. She noted that the county has a robust opioid prevention program —with prevention services and medically assisted treatment — but "we still see that disparity where Black and brown people" have "rates of overuse death that is almost twice the number of people who are white."

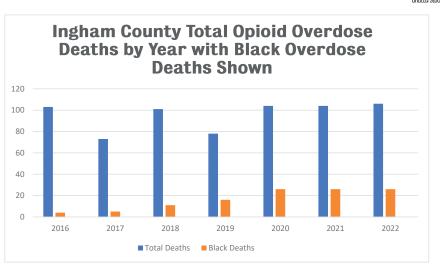
Ingham County's Black population is 12.6%, but 25% of opioid-related deaths in the last three years have been Black residents, according to Ingham County Health Department overdose rates. Overdose deaths in the Black community in 2016 were 3% of the total overdose deaths.

Similar racial disparities arose during the COVID-19 pandemic. "In 2020, Black Michiganders saw COVID-19 death rates of 22.8 per 10,000 people, significantly above the national death rate of 15 per 10,000 in 2020," a report on the epidemic from the state's COVID-19 Task Force, led by Lt. Gov. Garlin Gilchrist, said.

But the task force, working with



Shutterstock



Source: Ingham County Health Department Annual Surveillance Reports, 2016-2022

medical professionals and public health, was able to reduce that disparity. "The Task Force's work paid off, with COVID-19 death rates for Black Michiganders dropping to 16.2 per 10,000 in 2021 and 8.6 per 10,000 in 2022. Nationwide, Black Americans' COVID-19 death rates dropped from 15 per 10,000 in 2020 to 14.8 per 10,000 in 2021 and 6.1 per 10,000 in 2022."

Shoyinka said the concentrated work in addressing COVID disparities was something the county and others would have to tackle in addressing the growing racial divide in opioid overdoses.

"Public health still has a lot of work to do to dismantle the structures in place that get in the way of us closing those gaps," Shoyinka said.

The county, she said, has improved over the last decade in identifying and addressing racial disparities. Much of that has relied on meeting people "where they live" and addressing the social determinants of health. That's a complicated public health frame that addresses a variety of issues related to where a person lives, which may be contaminated with lead or other toxins, to what they are eating, and how they are socializing.

"It is complex," Shoyinka said.

Chris' professional life is working in harm reduction, he often finds himself in majority white spaces. There, the focus is on accumulating data, but not necessarily asking what the data reveals and why there is a disparity. He said that he feels like he is creating statistics about "lynching" without asking why the lynchings are happening in the first place.

As a result, he sees the disparity being lost.

"It's a body count," he said.

Raising that concern, he said, is met with stiff resistance. Raising that issue in the professional, sterile, state-data-collection operations faces pushback.

He recalled in the Army being told he was "one of the good niggers" when he was stationed in Texas. In his experience, the attitude in state offices looking at overdose and use statistics is the same.

"Any Black man talking like that in the office is going to find himself feeling quite alienated," he said.

Over on Lansing's east side, operating out of a room in the Fledge, is Punks With Lunch. The 6-year-old nonprofit runs a syringe exchange and distributes Narcan, a drug that stops an opioid overdose, as part of its harm reduction efforts. It's funded by a grant from the Michigan Department of Health and Human Services.

Julia Miller, co-founder of the organization, said about 15% of the people who use its programs are members of communities of color, based on rough data. She finds that she is engaging and supporting more people of color during the group's street outreach work, rather than through her office in the Fledge, "where it's easier to develop a strong relationship."

Shoyinka said that the county is working on addressing disparities, but "there's more work to be done."

"One by one, we have to make sure that we address the unique populations that are significantly affected," she said, "and so we need to prioritize that and include that in our strategies."

- TODD HEYWOOD



The shifting

Recovery programming evolves from the War on Drugs

By TODD HEYWOOD

For decades, Chuck has been using crack, meth and heroin. The 53-year-old regularly injects drugs to get high.

He's been to prison several times for crimes related to his drug use.

He said he has overdosed 12 times, and two of those times he was clinically dead but brought back by medical professionals. For the remainder of the overdoses, he was revived with Narcan, a potent opioid antagonist — three times in the last month and a half.

He's tried to stop using. But, he said, doing so results in "too much pain." Emotional and physical pain. So, he keeps using it.

"I should've been dead years ago," he said.

As he spoke, Chuck – a pseudonym — stood next to a heart-shaped memorial in the offices of Punks With Lunch, a Lansing nonprofit that provides harm reduction services in the greater Lansing community for those who use substances, including opioids.

The memorial pictures some of the drug users that the organization was unable to keep alive.

"But," Chuck continued, "I want to live to what I feel is comfortable and fun. And try to enjoy as much as I can. Because once you go, there's nothing left."

Chuck was receiving support supplies, including needles and food, from Julia Miller, co-founder of Punks With Lunch. The last three doses of Narcan that saved Chuck's life came from Miller's organization.

Miller and Punks With Lunch represent part of a renaissance in how Michigan and America are grappling with the ongoing crisis of substance use disorders in general and opioids in particular.

Public health officials and activists are working to reduce the risks of using

substances, providing services like syringe access and Narcan. Harm reduction is not just a buzz phrase, it's a powerful reframing of how public officials see and address substance abuse disorder. And this perspective is slowly beginning to reshape public policy, laws and law enforcement practices.

Former Republican State Sen. Rick Jones has been facing the substance abuse crisis for decades. First as a deputy sheriff, then as jail administrator, then as Eaton County sheriff. He took that experience to the Legislature, pushing for a shift in policy.

"I developed a strong belief that rehabilitation and treatment was a better option than locking people away," Jones said. "Locking people up is very expensive. I supported programs such as the drug and alcohol courts that put people in treatment. If we can turn someone around with treatment and get them back in the workforce, it's not only better for them but also better for our nation."

Jones said that during his time in law enforcement, he has witnessed the gruesome results of substance abuse and cars.

"I've picked up body parts," at accidents, he said. This is a journey many in law enforcement have taken.

Jones said he supports providing access to Narcan and sterile syringes for those injecting drugs.

Jones has put behind him a mentality that pervaded American politics for decades beginning with President Richard M. Nixon's pronouncement of a War on Drugs in 1971.

Chris, 60, a Lansing Black man who has been in recovery for more than 18 years (See Page 5 for a related story) said the drug war triggered a primal response in himself and other crack users.

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"The paradox for me is that it immediately triggered or activated a war-like mentality," he said. "There were some clear lines drawn between law enforcement and the urban communities."

For him, the paradox was having family members who were police officers in Los Angeles at the time. To this day, he said, "I don't know who were the good guys or the bad guys."

But federal lawmakers had an inkling of an answer. Law enforcement officers were the "good guys," drug users were the "bad guys," and they ramped up a toughon-crime, War-on-Drugs agenda.

The 1986 federal Anti-Drug Abuse Act led to a dramatic increase in the number of Black people sent to prison under mandatory minimum sentences. Because possession was measured by weight, a person with crack would have a higher weight, resulting in a harsher incarceration time in federal prison. There was a staggering 100-to-1 ratio in sentencing disparities between crack possession and powder cocaine possession.

In 1988, Congress expanded the Anti-Drug Abuse Act to include conspiracy charges.

"These laws flooded the federal system with people convicted of low-level and nonviolent drug offenses," wrote Nkechi Taifa for the Brennan Center for Justice in May 2021.

It wasn't just conservatives who fostered the War on Drugs mentality

Carol Siemon, the recently retired Ingham County prosecutor and a liberal Democrat, recalled that in her early career, as an assistant prosecutor, she was a cog in a justice system that was punitive and harsh in the '80s and '90s. It was a time when the War on Drugs meant heavily armed and armored police officers busting into crackhouses to serve warrants.

Siemon saw the racial disparities. But she didn't fully understand the role of over a century of criminal laws targeting various communities of color. Siemon's self-education chipped away at a "lock them up" mentality. She shifted to viewing substance abuse disorder as a mental and physical health issue, not a moral failing. And she went on to develop training programs for prosecutors statewide.

Medical science was something that Lansing Mayor Andy Schor said helped anchor a state task force on opioids on which he served as a state legislator. The task force was convened by then-Gov. Rick Snyder, a Republican.

"After the docs talked about the chemical need of addiction, there was definitely a lot of understanding," Schor said of his colleagues on the task force, including many Republicans. "This is a shift that's been made over the last 10 to 20 years. I think a lot of them were open to hearing that in the first place but wanted to be convinced."

Schor said he supports syringe programs in the city but was unaware that Punks With Lunch operated one.

"That's great they're doing that," he said. "I completely support that."

Ingham County Sheriff Scott Wrigglesworth said that he supports free Narcan, which is available in the lobby of the Sheriff's Department, as "insurance" for former users or family members. "Narcan in my view is when somebody's dying and it brings them back, it certainly doesn't fix their addiction issues, but it keeps them from not dying," he said.

He's also instituted medically assisted treatment in the county jail for inmates suffering from Substance Use Disorder, a condition officially recognized by the American Psychiatric Association. He has also set up in-jail meetings of Alcoholics and Narcotics Anonymous led by individuals in recovery.

But he's "not there" when it comes to handing out clean syringes.

It's "almost inviting somebody to go break the law," he said, noting that possession of heroin is a crime.

Evidence of syringe-access programs actually finds users have fewer problems with HIV and hepatitis infection as well as bacterial diseases that infect the heart. Syringes and other supplies like alcohol prep pads, are often distributed — as with

State of Michigan. Ingham County Probate Court. Notice to Creditors. Decedent's Estate. Case No. 23-737-DE. Estate of Gary Lee Alden. DOB: 12/29/42 The decedent, Gary Lee Alden, died 03/15/2023. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Catherine Alden-Thomas, personal representative, at 4435 Poinsettia Ave SE., Kentwood MI 49508, or to both the Ingham County Probate Court at 313 W. Kalamazoo St. Lansing, MI 48933 and the personal representative within 4 months after the date of publication of this notice.

CP#23-17

B/24/009 POTTED TREES as per the specifications provided by the City of Lansing. The City of Lansing will accept bids at The City of Lansing, Purchasing Office, 124 W. Michigan Ave. 3rd Floor, Lansing, Michigan 48933 or electronically submitted thru MITN Site (www.Mitn.Info) until 2PM local time in effect on AUGUST 9, 2023. Complete specifications and forms required to submit bids are available by contacting Marilyn Chick at (517) 483-4282, or Marilyn.chick@lansingmi.gov or go to www.mitn.info. The City of Lansing encourages bids from All Vendors Including MBE/WBE Vendors and Lansing-Based Businesses. **CP#23-176**

Punks With Lunch — with Narcan and tips to prevent overdosing.

But science is not always the clincher when it comes to finding solutions to addiction.

Siemon said when she was first confronted with the idea of "safe injections sites," where users can test their drugs and inject them with medical supervision, she had a "visceral objection." Then she joined other county prosecutors to meet with leaders and people who use drugs in Por-

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CITY OF LANSING PUBLIC ACCURACY TEST FOR THE TUESDAY, AUGUST 8, 2023 ELECTION

Notice is hereby given that the public test of the program, which will be used for tabulating the results of the Election to be held Tuesday, August 8, 2023 in the City of Lansing, will be conducted at the Lansing City Clerk's Election Unit located at the South Washington Office Complex at 2500 South Washington Avenue on Tuesday, August 1, 2023 at 2:00 p.m.

The public accuracy test is conducted to determine that the program used to tabulate the results of the election counts the votes in the manner prescribed by law.

ABSENT VOTER BALLOTS

Any registered voter may request an Absent Voter Ballot. No reason required.

We must have a signed application to issue an Absent Voter Ballot. Applications are available at www.lansingvotes.gov or by calling 517-483-4131.

The Lansing City Clerk's Office, 124 W. Michigan Ave., 9th Floor, will be open Monday thru Thursday from 8 a.m. to 5 p.m. to issue absentee ballots to qualified electors.

The Lansing City Clerk's Election Unit, 2500 S. Washington Ave (rear entrance), will be open:

- · Weekdays from 8 a.m. to 5 p.m.;
- Wednesdays from 8 a.m. to 7 p.m.
- Saturday, August 5, 2023 from 11 a.m. to 4 p.m.
- Sunday, August 6, 2023 from 11 a.m. to 4 p.m.

to register voters and to issue absentee ballots to qualified electors.

Friday, August 4, 2023 at 5:00 pm is the deadline to request an absentee ballot be mailed to you.

Monday, August 7, 2023 at 4:00 pm is the deadline to request an absentee ballot in person except for those who register to vote on Election Day. Ballots issued on Monday, August 7, 2023 must be requested and voted in person at the Lansing City Clerk's Office, locations referenced in the above table.

Those registering to vote on Election Day, Tuesday, August 8, 2023, are eligible to receive an absent voter ballot at the Lansing City Clerk's Office, locations referenced in the above table.

Chris Swope, MMC/MiPMC
Lansing City Clerk
Phone: 517-483-4131
Email: city.clerk@lansingmi.gov
Website: www.lansingvotes.gov
www.facebook.com/LansingClerkSwope

CP#23-178



CHARTER TOWNSHIP OF MERIDIAN, INGHAM COUNTY LEGAL AD NOTICE: TOWNSHIP BOARD MEETING CANCELED JULY 25TH, 2023

CHARTER TOWNSHIP OF MERIDIAN LEGAL NOTICE

TOWNSHIP BOARD MEETING CANCELED JULY 25TH, 2023

The Charter Township of Meridian Township Board will cancel its regular meeting on Tuesday, July 25th, 2023 at 6 p.m. and have its next regular meeting on Tuesday, August 1st, 2023 6 p.m. at Municipal Building Town Hall Room at 5151 Marsh Rd., Okemos, MI. The meeting agenda, packet and/or virtual meeting credentials will be posted on the Township webpage atwww.meridian.mi.us

Deborah Guthrie Township Clerk

CP#23-172

Providing a safe and welcoming, sustainable, prime community.

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The shifting

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tugal and Germany to see safe injection sites in operation.

Despite overwhelming data on such programming, which included decriminalizing possession of drugs — but not delivery and sales — she was still wary. The program reported a significant drop in HIV transmission and an 80% reduction in overdose deaths in Portugal.

But it was the people who benefitted from the program that brought it home for her.

"One thing I really liked is they didn't just lump everyone who has a drug issue in one housing setting," she said. "People were dispersed throughout the community because it was like trying to normalize their life."

The prosecutors met one man who was using methadone, a substitute drug used to wean people off of heroin. She said he had a small apartment and was "really proud of it." The man had been homeless, and the provision of housing alone re-

stored some dignity to his life.

The group also met an immigrant from Africa who had used cocaine and was a sex worker to survive. She'd become HIV-positive as a result of her use and sex work. They visited her small apartment, where she showed off the pillows and other decorative items she had gathered.

At the end of the day, Siemon said, her visceral objections were overcome by the reality the programs were "saving lives." And as important, perhaps more so, it was restoring people to "functionality." They were no longer spending their days chasing their next fix of the drugs they used and hiding to avoid law enforcement.

From her days working in juvenile court, at the height of the crack pandemic, the removal of children and the inability of parents to regain custody and visitation was problematic to her. Many of those parents were generally functioning as parents, but because of the drugs, their kids were taken. That creates trauma. Trauma is passed down through generations.

Safe injection sites and the German and Portugal models help address that, she said.

ONEIDA CHARTER TOWNSHIP NOTICE OF PUBLIC HEARING FOR P.A. 425 PROPERTY TRANSFER

The Oneida Charter Township Board will conduct a public hearing, for the affected property owner and the City of Grand Ledge, on a proposed Agreement for the Conditional Transfer of Property and Governmental Functions Pursuant to 1984 PA 425 and 1967 PA 8, and the proposed conditional transfer therein, between the Oneida Charter Township and the City of Grand Ledge. The public hearing will take place on Tuesday, August 8, 2023, at 7pm at the Oneida Charter Township Hall, 11041 Oneida Road, Grand Ledge, MI 48837.

The properties proposed for the conditional transfer from Oneida Charter Township to the City of Grand Ledge consists of two (2) parcels:

Location: 12.38-acre property located north of Fieldview Drive and south of

Saginaw Hwy containing the John Earl drain Parcel Number: 030-014-100-045-02

Location: 10.10-acre property referred to as Lawson Rd at Fitzgerald Park Dr

Parcel Number: 030-003-400-027-01

Copies of the proposed Agreement and legal descriptions and survey of the land proposed to be conditionally transferred are available from the Township at the Oneida Charter Township Hall, 11041 Oneida Road, Grand Ledge, MI 48837, during the Township's normal business hours of 8am to 1pm Monday through Thursday, and also available at the public hearing.

Members of the public are invited to attend the public hearing and to provide public comment. Oneida Charter Township will provide auxiliary aids or services to individuals with disabilities. Persons needing such services should contact the Township in writing or by telephone not less than four (4) days before the public hearing.

Jacqueline Kilgore, Clerk Oneida Charter Township Phone: (517) 622-8078

CP#23-179

State of Michigan. Ingham County Probate Court. Notice to Creditors. Decedent's Estate. Estate of Theoplis Mitchell Sr. Date of birth: 10/8/35. The decedent, Theoplis Mitchell Sr. , died 05/23/2022. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Sharon Witherspoon, personal representative, or to both the Ingham County Probate Court at 313 W. Kalamazoo St. Lansing, MI 48933 and the personal representative within 4 months after the date of publication of this notice. Sharon Witherspoon 1615 Inverness Ave. Lansing, MI 48915.

CP#23-171

"Ultimately, the question is how does someone function in our society?" she said. "How do they live, have a job, maybe have a family? What is in the best interest of everybody, really?"

She said she would support a safe injection site in Ingham County but is uncertain the residents of the county, state or country are ready for that step.

State health officials working on substance abuse prevention and recovery said they are "monitoring" the implementation and community response of safe injection sites in other states. But there is no "official policy" one way or another relating to the programming.

Since 2017, the state has gone from funding five harm-reduction syringe programs in the state to financing 40 of them, officials said. The move has reduced new incidence of HIV and Hepatitis C. And since syringe programs also come with Narcan distribution, overdoses and deaths have dropped as well.

While law enforcement agencies like the Ingham County Sheriff's Department are focusing on providing abstinence-based recovery programming for people who use drugs, other agencies are working to help people who use drugs get into treatment programming. That includes the Michigan State Police Angel Program. That was formed in 2017 and is now available at all state police posts. Michigan was the first state in the country to institute a statewide Angel Program.

But those who work in recovery programs said the abstinence-only programs, often in the form of NA or AA, aren't necessarily going to work for everyone.

In 2009, Miller was charged with driving under the influence. She was assigned to a 12-step program as part of her probation. And while it did "help a little," it ultimately was not a program for her. After she was off probation, she started drinking again.

"It was getting hard, and I wasn't enjoying this life as much anymore. And I knew for a long time that I should make some changes, but I didn't want to go back to 12-step programs. I knew that I wasn't sure that I wanted to be 100% abstinent. I just knew I needed to slow down, make some changes," she said. "I was afraid that if I went through a program that was an abstinent-only program, I would be turned away or shamed if I wasn't abstinent."

A decade later, she discovered a group of fans of the band Ween who had a Facebook group dedicated to harm reduction-based recovery. She said there was no shame about what her recovery looked like

"Some people are choosing not to use certain substances, but they still use others or they're cutting back on their drug of choice. And there are people who are in that group who are 100% abstinent who do also follow traditional 12-step models," she said. "It's all across the board as far as how people choose to find their recovery. And there's no shame about it."

The model reflects a definition of recovery that's been adopted by the federal Substance Abuse and Mental Health Services Administration. The agency's defini-

See The shifting, Page 9



CITY OF GRAND LEDGE NOTICE OF PUBLIC HEARING

The Grand Ledge City Council will hold a public hearing during its regular meeting at 7:30 p.m. on Monday, 14 August 2023, to consider and receive public input on a proposed ordinance amending the City Code, Chapter 36 – Subdivisions, Article XII – Design Standards, Section 36-142 – Sidewalks and Non-Motorized Pathways. The proposed ordinance is available for review on the City's website at www.cityofgrandledge.com and at the City Clerk's office, 310 Greenwood St., Grand Ledge, Michigan, between 8:00 a.m. and 5 p.m., Monday through Friday.

The meeting will be held in the Council Chambers, City Hall, 310 Greenwood St., Grand Ledge MI 48837, in compliance with the Open Meetings Act, as amended, and will also be livestreamed via Zoom for informational purposes only. The online stream can be accessed at https://www.zoom.us with the Meeting ID: 891 7833 1561, or by calling +1 646 931 3860 US, +1 301 715 8592 US (Washington DC), +1 305 224 1968 US, +1 309 205 3325 US, +1 312 626 6799 US (Chicago), +1 646 876 9923 US (New York), +1 719 359 4580 US, +1 253 205 0468 US, +1 253 215 8782 US (Tacoma), +1 346 248 7799 US (Houston), +1 360 209 5623 US, +1 386 347 5053 US, +1 408 638 0968 US (San Jose), +1 507 473 4847 US, +1 564 217 2000 US, +1 669 444 9171 US, +1 669 900 6833 US (San Jose), +1 689 278 1000 US with Meeting ID: 891 7833 1561.

The City Council invites anyone interested to attend in person and offer comments at the public hearing. Written comments can be mailed or delivered to Elected or Appointed Officials at 310 Greenwood St., Grand Ledge, MI 48837, placed in the drop box in front of City Hall, or emailed to cityhall@cityofgrandledge.com. All written comments will be considered if received by 5:00 p.m. the day of the hearing. Please call (517) 627-2149 or email cityhall@cityofgrandledge.com for further information or to request accommodations for disabilities.

Gregory Newman, City Clerk

CP#23-173

The shifting

from page 8

tion is a far cry from the Nancy Reagan era "Just Say No" messaging and framing.

"A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential," the definition reads. It's a definition refined over the last two decades as more medical information became available about the impact on the body of people with substance use disorder, including how the drugs change the brain itself.

Shawn Patrick, 46, knows, from talking with family, that his mother put whiskey in his baby bottle. He was actively drinking and using drugs by age 12. But six

years ago, on June 1 - a date he calls his "soberverisary" - he stopped.

During his inpatient treatment program, a therapist mentioned that Patrick was "meant for important things in life." Patrick laughs today at the sentiment, noting, "I think they probably say that to everyone in recovery." But the message resonated with him. He will graduate in October with a master's in clinical social work from Spring Arbor University.

"I want to be there for people when they are starting their journey on recovery," he said. "I want to be there with those who are using, to help them find ways to reduce their harm, and with those in recovery to navigate life."

He's already doing much of that full time. He works with a local agency that intervenes with patients brought to the local hospitals for an overdose. Patrick and his team meet the people and talk with them. Without judgment. "It's an opportunity to tell them someone cares."

Patrick knows how important one person caring is in recovery. He needed it in his life, and he's seen it with others. And when the road to recovery begins, more people step up prepared to give a person in recovery a "step up, not a hand out." That helps people stay accountable and connected.

Chris, has found recovery in traditional 12-step programs. He is an advocate for harm reduction.

"I want people to be around so if they decide they want to get sober, they can," he said. "And this works. I've seen it work."

The stigma and shame of substance abuse disorder continue to drive people away from recovery and from talking openly and honestly about their recovery process, he said. And when you raise the idea of providing people with syringes and alcohol wipes or Narcan and testing strips, some people, he said, "get all moral about it."

It's an attitude that bothers him immensely.

"Go back to your seat," he said he tells people who oppose harm reduction efforts without an understanding of what that entails. "We're talking about health care, we're talking about human beings. And it has to be somebody who can stand up and just say that. Someone has to keep talking about being human and calm down."

NOTICE OF ELECTION FOR THE TUESDAY, AUGUST 8, 2023 ELECTION

To the qualified electors of the City of Lansing:

Please take notice that the City of Lansing will hold an Election on Tuesday, August 8, 2023. Polls will be open at 7:00 a.m. and will remain open until 8:00 p.m.

For the purpose of nominating candidates to the following offices:

City: Council Member At Large (2), Council Member Ward 1

Voting Precincts and Polling Places are:

Lansing Ward 1

Pct. 1 – Gier Park Community Center

Pct. 2 - Johnson Fieldhouse

Pct. 3 - Post Oak School

Pct. 4 – Grand River Head Start

Pct. 5 - Foster Community Center

Pct. 6 - Foster Community Center

Pct. 7 – Johnson Fieldhouse

Pct. 8 – Johnson Fieldhouse

 $Pct.\ 9-Bethlehem\ Lutheran\ Church$

Pct. 10 - Bethlehem Lutheran Church

Lansing Ward 3

Pct. 21 – Alfreda Schmidt Southside Community Center

Pct. 22 - Woodcreek School

Pct. 23 - Dwight Rich School

Pct. 24 - Dwight Rich School

Pct. 25 - Tabernacle of David Church

Pct. 26 - Tabernacle of David Church

Pct. 27 –Dr. Halik Professional Development Center (formerly Wainwright)

Pct. 28 – Alfreda Schmidt Southside Community Center

Pct. 29 – Alfreda Schmidt Southside Community Center

Pct. 30 – Alfreda Schmidt Southside Community Center

Lansing Ward 2

Pct. 11 – South Washington Office Complex

Pct. 12 – Bethlehem Lutheran Church

Pct. 13 - Cavanaugh School

Pct. 14 – Bethlehem Lutheran Church

Pct. 15 – Parker Memorial Baptist Church

Pct. 16 - Parker Memorial Baptist Church

Pct. 17 - Forest View School

Pct. 18 – Gardner School

Pct. 19 – North School

Pct. 20 - Gardner School

Lansing Ward 4

Pct. 31 – South Washington Office Complex

Pct. 32 – Dr. Evans Welcome Center (formerly Elmhurst)

Pct. 33 - Lewton School

Pct. 34 - Bread House Church

Pct. 35 - Letts Community Center

Pct. 36 - Bread House Church

Pct. 37 – Neighborhood Empowerment Center

Pct. 38 – Neighborhood Empowerment Center

Pct. 39 – Cumberland School

Pct. 40 – Hope Christian Ministries International Church

To comply with the Help America Vote Act (HAVA), voting instructions will be available in audio format and in Braille. Arrangements for obtaining the instructions in these alternative formats can be made by contacting the Clerk's Office in advance of the election. All polling locations are accessible for voters with disabilities.

To see if you are registered or to find your polling location, please visit www.michigan.gov/vote.

Photo Identification OR Affidavit Required to Vote:

Under a Michigan law upheld by the Michigan Supreme Court, ALL voters will be asked to show photo identification to vote at the polls. Voters without identification will be required to fill out and sign an affidavit to receive a ballot.

Anyone who qualifies as an elector may register to vote in person with proof of residency (MCL 168.492) at the following locations and times:

Regular Business Hours Location **Address** June 29 - August 4 Lansing City 124 W Michigan Ave Mon – Fri Clerk - City Lansing, MI 48933 8am - 5pm Hall Mon - Fri, 8am - 5pm Lansing 2500 S Washington Ave City Clerk -Lansing, MI 48910 **Election Unit** Wednesdays, 8am - 7pm

Additional times outside of the above listed regular business hours are as follows:

Location	Address	Additional Hours
Lansing City	124 W Michigan Ave	Monday, August 7 8am – 4pm
Clerk – City Hall	Lansing, MI 48933	Election Day August 8, 7am – 8pm
		Saturday, August 5 11am – 4pm
Lansing	2500 S Washington Ave	Sunday, August 6 11am – 4pm
City Clerk – Election Unit	Lansing, MI 48910	Monday, August 7 8am – 4pm
		Election Day August 8, 7am – 8pm

ABSENT VOTER BALLOTS

Any registered voter may request an Absent Voter Ballot. No reason required.

The Lansing City Clerk's Office must have an application to issue an Absent Voter Ballot. Applications are available at the locations referenced in the above tables or by visiting our website at lansingvotes.gov.

Friday, August 4, 2023 at 5:00 pm is the deadline to request an absentee ballot be mailed to you.

Monday, August 7, 2023 at 4:00 pm is the deadline to request an absentee ballot in person except for those who register to vote on Election Day. Ballots issued on Monday, August 7, 2023 must be requested and voted in person at the Lansing City Clerk's Office, locations referenced in the above table.

Those registering to vote on Election Day, Tuesday, August 8, 2023, are eligible to receive an absent voter ballot at the Lansing City Clerk's Office, locations referenced in the above table.

Chris Swope, MMC/MiPMC Lansing City Clerk Phone: 517-483-4131

Email: city.clerk@lansingmi.gov
Website: www.lansingvotes.gov
www.facebook.com/LansingClerkSwope

10 www.lansingcitypulse.com City Pulse • July 26, 2023

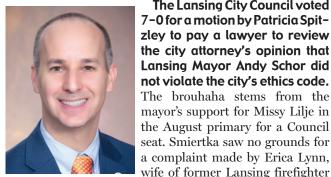
REW **NEWS HIGHLIGHTS FROM THE LAST 7 DAYS**



An Ingham County judge ruled in favor of a man who was shot by East Lansing Police outside a Meijer last vear after the department received a 911 report of a masked man carrying a gun into the store. DeAnthony VanAtten, 21, was struck twice but recovered. Police later found a handgun with VanAtten's fingerprints beneath a parked car. Attorney General Dana



Nessel cleared the officers of wrongdoing and charged VanAtten with seven felonies and one misdemeanor. However, Ingham County Circuit Judge Rosemarie Aquilina granted a motion to suppress evidence, stating the officers violated VanAtten's Fourth Amendment right against illegal search and seizure. "I think this is a close call, but it's also indicative of racial profiling," Aquilina said. Nessel's office could appeal the decision or file a motion for reconsideration.



The Lansing City Council voted 7-0 for a motion by Patricia Spitzley to pay a lawyer to review the city attorney's opinion that Lansing Mayor Andy Schor did not violate the city's ethics code. The brouhaha stems from the mayor's support for Missy Lilje in the August primary for a Council seat. Smiertka saw no grounds for

wife of former Lansing firefighter Michael Lynn, who won a \$1 million judgment against the city in a racial discrimination suit. Peter Spadafore missed the meeting.



Vandals shredded a Pride flag at a church in Charlotte, the latest in a string of vandalism and theft incidents. The flag at the First Congregational United Church of Christ on South Bostwick Street was found still hanging

but "shredded to pieces," In-Pastor terim Jody Betten told the Lansing State Jour-

nal. Church members voted to become an "open and affirming" congregation in September 2019. Since March 2022, at least half a dozen Pride flags on the property have been stolen or damaged. Women's rights and Black Lives Matter vard signs have been stolen as well. The church has outdoor security cameras, but the most recent incident was not caught on tape. The church is in the process of installing more cameras around the property.



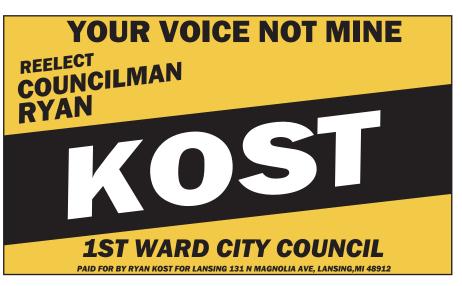


into more than 650 megawatts of clean-energy projects, including 160 megawatts of battery storage, 65 megawatts of local solar, 195 megawatts of additional solar outside the Lansing region, 238 megawatts of wind outside the Lansing region and "continued growth of energy waste reduction." It expects these projects to be completed between 2025 and 2027. It also plans to create at least one new gas-powered plant at Delta Energy Park in Delta Township that would be used during peak demand. That plant is expected to be completed by 2026. The projects will allow BWL to supply 16% of Gov. Gretchen Whitmer's 1,000-megawatt energy storage goal under the MI Healthy Climate Plan. The expansions are expected to bring a one-time 2.5% to 3% rate increase for customers, the Lansing State Journal reported.

Michigan State University is drafting a plan to begin selling alcohol at Spartan Stadium and other athletic venues. Last week, Gov. Gretchen Whitmer signed a bill allowing for the sale of alcohol at public universities' football, hockey and basketball games. "Michigan State University and the University of Michigan are two of three Big Ten schools prohibited by law from selling alcohol," she said. "Authorizing the legal sale of alcohol at sporting events will bring us on equal footing with other universities, help reduce the likelihood of binge drinking before games and bring in a heck of a lot more revenue that we can use to improve the student experience." The school is working on a new policy but is unsure if it will be ready by the first football game of the season



on Sept. 1, the Lansing State Journal reported. The school must apply for a license with the Michigan Liquor Control Commission, and the Board of Trustees, which is not scheduled to meet until Sept. 16, must approve the policy before it can take effect.







This impressive sculpture, "The Unisphere," has reposed off the lobby of the Michigan State University International Center since it was given to the university by the Class of 1966.

It is a knockoff miniature representation of the world's largest original globe that graced the entrance to the 1964 World's Fair in Flushing Meadows, New York.

The globe was completed by the American Bridge Co. and designed by landscape architect Gilmore D. Clarke. It was meant to underline the theme of the fair: "Peace Through Understanding."

The sculpture at MSU, which cost \$3,000, is not located in what you would call a prominent place but what seems to be an afterthought at the base of a stairway. It is marked with a simple plaque detailing its provenance.

The original globe, which still stands today in the same location, measures 140 feet tall and 120 feet in diameter. Renovated twice, it has no shooting fountains or pool of water at its base, which were part of the original design.

The original Unisphere was meant to convey the fair's theme of world peace. Ironically, MSU's mini-sculpture is in the International Center, which former MSU President John Hannah would brag was paid for by CIA money — a reference to MSU's relationship with the spy agency during the Vietnam War.

MSU's campus is peppered with little architectural and artistic delights like the Unisphere. You just have to keep your eyes open to find them.

- BILL CASTANIER

Public Art of the Week is a new feature that rotates with Eyesore of the Week. If you have an idea for either, please email eye@ lansingcitypulse.com or call (517) 999-6704.

However much the state budgeted for K12 education, thank you

By DEDRIA HUMPHRIES BARKER

In 1999, when I started my teaching career in earnest, Lansing Community College hired me as an adjunct, meaning part time. My hiring interview was at 5 p.m. with a senior faculty member who was retiring at the end of the day. Like that day, at 5 p.m. She wanted to know how many classes was I going to

I jockeyed a bit. "That depends on how much I am going to be paid," I said.

It didn't, not really. I was coming off four years of being an entrepreneur, and our daughter was in college, so I just needed more money.

My job interviewer shook her head. "Somebody else decides that, and he's on vacation."

Then, like magic, I realized the right

answer was, however much it is, thank you.

How to say thank you to the state Legislature and the governor is the lesson our state education leaders are teaching



An appropriation is for a specific purpose and comes from the state budget, which comes from the general fund, which contains all our state's resources, including taxpayer dollars.

The new budget is an extraordinary \$81 billion, of which a record \$21 billion is for K12 education. That includes a 5% increase of \$458.00 per pupil, creating a new total expenditure per pupil of \$9,608 for local districts, including the per pupil amount that the Lottery kicks in.

Among the thank yous:

"Investing in our schools, our students, our teachers, and our communities makes a strong statement," Pamela Pugh, president of the state Board of Education, said.

'Kudos to the governor and state Legislature for their work," said State **Education Superintendent Michael** Rice. "In the 30 years since Proposal A to change the school funding system,



Michigan hasn't had two years of backto-back funding increases close to FY23

"The governor and state legislators did well for Michigan's students," David

Hecker, president of American Federation of Teachers Michigan,

Paul Liabenow, executive director of the Michigan Elementary and Middle School Principals Association, said his organization "is most delighted and thankful for the remarkable school aid budget that will bring us closer to providing adequate funding to secure the 1.5 million students in Michigan." In my last column, I was grateful

for Michigan STEM education grants showing our state moving into the world of education that readies students for the digital future, not deeper into our own heads.

The money didn't matter, I wrote, but since we are now talking about the state education budget, here are a few money items I am wondering about.

Pre-school

Any parent who ever paid for daycare will appreciate that Michigan's Great Start Readiness Program for 4-yearold children got a \$72.3 million fund

But what is the total for that program? Figuring that out is like an algebra equation: X + \$72.3 million = Y, X being the amount already in that budget, and Y being the new total after the increase.

But, however much it is, thank you.

School transportation

Some families cannot afford to operate a reliable personal vehicle, so it's no surprise to see a school transportation appropriation of "\$125 million of a

For Whitmer — who is not running the national media hits keep coming

KYLE MELINN

Opinion

Who gets a Barbie doll replica made of them? Who is then savvy enough to

post a bunch of social media pictures of it during the premiere week of one of the summer's hottest movies?

Apparently, it's our own governor, Gretchen Whitmer, whose communications team uploaded numerous pictures of this wavy, chestnut-haired doll this weekend doing governor-like things.

Signing bills. Tooling around in a vintage Michigan-made Chevy. Hanging out on Mackinac Island.

One of her posts holding up the pink-jacketed doll received 700,000 views and earned her a New York Times story that readers gushed over. (Who doesn't love a self-deprecating politician?)

It's the latest in a series of smart moves by a Whitmer communications team that is gobbling up glowing national profiles as if she's running for president. She isn't, in case you haven't heard ... at the moment, anyway.

If you haven't seen the ton of national media Whitmer has done in 2023, let's recap the highlights.

On March 26, "CBS News Sunday Morning" offered a seven-minute warm re-telling of Whitmer's first term that could be substituted for a commercial if a future campaign needs

Actually, a campaign may use it anyway. I can't prove it, but reporter Martha Teichner may have asked for an autograph after filming.

On June 15, Vanity Fair published Hillary Clinton's former communications director's observation on how Whitmer reminds her of the former U.S. secretary of state. That was a new one to me, but Jennifer Palmieri made the connect.

Both are women. Palmieri once envisioned Clinton becoming president. She now envisions Whitmer becoming president.

BUT WHITMER ISN'T RUNNING IN 2024.

On April 9, Politico's Tim Alberta penned a mini-biography that dives into the early days of Whitmer, including pictures of her in one of those old puffy Michigan State sweatshirts that we all wore in college back in the '90s.

He successfully talked to about half See K12, Page 12 | of Lansing for the story, including

former Speaker Lee Chatfield, who is about as difficult for a news reporter to get on the phone these days as Bigfoot.

Alberta tries. He still can't get Whitmer to say much other than she's not running for president in 2024.

On April 13, Whitmer appeared on one of the channels of the national gaming stream site Twitch, which I guess young people who love playing video games tune into. We learned that she's played Tetris.

On April 19, the governor served beers at Bell's Brewery in Kalamazoo with "The Daily Show" host Jordan Klepper. He tried to walk Whitmer into a joke about if Michigan looks like a hand, Florida looks like a

"OK. I'm not going there," she said. On June 22, The Atlantic humanized Whitmer by saying her "foulmouthed irreverence, goofy humor and ability to pound beers and disarm adversaries make her a formidable operator in Lansing." Whitmer invited author Mark Leibovich to have "a beer. Or three" some day before he headed for the airport to catch a plane back

Oh, by the way, she's still not running for governor, "but she is happy to be interrogated over whether she might change her mind."

On July 17, The New Yorker published a 6,300-word novella that chronicles the political trials and tribulations of Whitmer from her 279vote win against Mary Lindemann in her first state House race to the

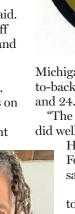
If you can't read the entire thing, there's a spoken text option. It's only 39 minutes.

Add in last year's Washington Post story (and whatever else I'm missing) and Whitmer's interest in chumming up the national media is clearly a priority.

Whether it's becoming an emergency fill-in if (God forbid) something happens to our 80-year-old president for 2024 or she makes her own run in 2028, Whitmer is defining how she wants to be seen: an authentic, relatable Midwesterner who's been through a lot but doesn't seem to be all that worse for the wear.

She's an open book. Media folk like that. It makes a good copy.

So far in 2023, there's been a lot of it. $(Email\ Kyle\ Melinn\ of\ the\ Capitol$ news service MIRS at melinnky@ gmail.com.)



Opinion

K19

from page 11

\$350 million fund to begin to reimburse school districts for the costs of school transportation." Is that \$350 million a school transportation fund?

Whatever it is, thank you.

The education appropriation also includes \$125 million to purchase environmentally correct school buses. Is the FY '23 school transportation total, \$125 million + \$125 million = \$250 million? Or is it \$350 million + \$125 million =

\$375 million? However much it is, thank you.

Teachers

Rebuilding the Michigan Teaching Profession is a great title to show a focus for the education budget, but Rebuilding the Michigan Teaching Profession is an actual individual item that includes \$25 million for educator fellowships, which is professional development, and \$50 million for student-teacher stipends. Other items are \$150 million for MIKids Back on Track to tutor students who fell substantially behind on learning during the pandemic; \$140 million for Early Literacy Training for pre-K-5 teachers; \$225 million Student Loan Repayment Pilot Program; \$50 million over five years for Educator Mentoring and Induction; \$15 million Teachers in rural school districts; \$25 million Mathematics Teaching and Learning; \$6 million Teaching diverse and local histories.

That's \$686 million for teachers. Or is it \$676 million because the \$50 million for Educator Mentoring and Induction is paid out over five years, which is \$10 million a year?

However much it is, thank you.

I believe my column shows the state education budget for these three major areas totals \$1 billion. Give or take \$200 million, more or less. But, however much it is, thank you. I mean that sincerely. Agreeing to fund public education at this level was a huge step for us all. Let's keep it up.

(Dedria Humphries Barker, a Lansing resident, is the author of "Mother of Orphans: The True and Curious Story of Irish Alice, A Colored Man's Widow," a biography about education for girls. Her opinion column appears on the last Wednesday of each month.)

PUBLIC NOTICE OF CAPITAL AREA TRANSPORTATION AUTHORITY'S PROPOSED FISCAL 2024 PROGRAM OF PROJECTS & PUBLIC HEARING ON ITS PROPOSED FISCAL 2024 BUDGET

Capital Area Transportation Authority hereby provides notice to the public and to private providers of its proposed fiscal 2024 program of projects and public hearing on its fiscal 2024 budget.

The proposed fiscal 2024 program of projects follows:

PROGRAM OF PROJECTS CAPITAL

Section 5307 Formula Funding

Item		Federal Share	Total Grant Budget
Less Than 30' Replacement Bus	\$	544,608	\$ 680,760
Large Buses 40 Foot Replacement	\$	4,628,807	\$ 5,786,008
Van Replacement	\$	389,402	\$ 486,752
Facility Improvements (Admin, Maintenance, Storage)	\$	169,793	\$ 212,242
Facility Improvements (CTC/CAMG)	\$	84,897	\$ 106,121
Facility – A & E Design (CTC/CAMG)	\$	97,631	\$ 122,039
Customer Enhancements – Shelters	\$	169,793	\$ 212,242
Customer Enhancements – Ped. Access/Walkways/Concrete	\$	63,672	\$ 79,591
Customer Enhancements – A & E Design	\$	8,490	\$ 10,612
Customer Enhancements – Signage	\$	2,547	\$ 3,184
Spare Parts	\$	124,848	\$ 156,060
IT Hardware and Software	\$	250,282	\$ 312,852
Safety & Security – Equipment	\$	63,672	\$ 79,591
Maintenance Equipment	\$	84,897	\$ 106,121
Support Vehicle Replacement	\$	83,232	\$ 104,040
Preventive Maintenance	\$	933,863	\$ 1,167,329
Planning	\$	21,224	\$ 26,530
Consultant Services	\$	62,229	\$ 77,787
Emergency Response	\$	1,273	\$ 1,592
Total	\$	7,785,160	\$ 9,731,450

Section 5339 Bus and Bus Facilities Funding

Item		Federal Share		Total Grant Budget	
Large Buses 40-foot Replacement	\$	437,907	\$	547,384	
Less Than 30' Replacement Bus	\$	395,069	\$	493,836	
Total	\$	832,976	\$	1,041,220	

Section 5310 Funding Request

Item		Federal Share		Grant Budget
Customer Enhancements - Shelters	\$	140,431	\$	175,539
Less Than 30' Replacement Bus	\$	171,639	\$	214,549
Total	\$	312,070	\$	390,088

OPERATIONS

Federal Share Section 5307 and Other* State Share*	\$ \$	1,524,000 16.095.000
Local Share	\$	24,882,000
Farebox and Other	\$	6,871,400
CRRSAA and/or ARP Revenue	\$	13,000,000
Total	\$	62,372,400_

Total Capital/Operations

\$ 73,535,158

The proposed program of projects will constitute the final program of projects if there are no changes. Additional details on the proposed fiscal 2024 program of projects and a copy of the proposed fiscal 2024 budget are available for public inspection at CATA's Administration Building, 4615 Tranter St., Lansing, MI 48910.

CATA will hold a public hearing on its proposed fiscal 2024 budget Wednesday, Aug. 16, 2023, at 4 p.m. at the Lansing Center Governor's Room, 333 E. Michigan Ave., Lansing, MI 48933

The property tax millage rate proposed to be levied to support the proposed budget will be a subject of this hearing. This will be a levy under the current authorized millage. There is NO proposal for a new millage.

Written comments on the program of projects or the budget should be addressed to CATA Marketing, Attn: Program/Budget Comments, 4615 Tranter St., Lansing, MI 48910, or emailed to marketing@cata.org and must be received by 4 p.m., Aug. 16, 2023. Reasonable accommodations will be made for persons with disabilities and should be requested by Aug. 14, 2023.

Capital Area Transportation Authority
Bradley T. Funkhouser, AICP, Chief Executive Officer

*Includes federal and state preventive-maintenance funds.





FREE FESTIVAL July 29 | 6 - 11 PM

LANSING 5:01 CityPULSE



July 29 I 6-11 PM

LANSING 5:01 CityPULSE

FREE FESTIVAL at Jackson Field

Experience the BEST of Lansing during this FREE festival featuring 75+ local businesses, food trucks and restaurants, inflatable games in the outfield, live music featuring STARFARM, and a free Fireworks Display at Jackson Field, home of the Lansing Lugnuts. Purchase 10 Tasting Tickets to sample food from some of Lansing's greatest restaurants at the event.

Learn More & Register to Attend at bit.ly/BestOfLansing



CREATING VIBRANT, THRIVING COMMUNITIES



Order tickets at bit.ly/MlJazzFest23

or pick up at **UrbanBeat**1213 Turner St. Lansing



azzFest

MICHIGAN INSTITUTE FOR CONTEMPORARY

Wed AUG 2 • Thur AUG 3 • Fri AUG 4 • Sat AUG 5

2023 · MICHIGA

On Turner St in **OLD TOWN**, Lansing **micharts.org** 517.371.4600





FRI AUG 4 • SAT AUG 5
River, South and North
Turner Stages & UrbanBeat
General admission \$15*
Premiere seating \$25*
*good for both days

AFTERGLOW

limited seating\$5 per night at UrbanBeat

WE'VE EXPANDED TO 4 DAYS! Come to JazzFest Michigan on the streets of OLD TOWN - Lansing, with over 30 unique performances. We have a terrific line-up of artists who will be performing new and exciting arrangments & standards. Come to JazzFest Michigan to enjoy a weekend of music, food, beverages, where you can meet old friends and make new ones.

SPECIAL SONG PREMIERES

As an added benefit, each artist will premiere a song, composition or arrangement that they've never performed publicly before. Be the first to hear up to 30 original performances.

TICKET INFORMATION

Seating at JazzFest 2023 will be by ticket. Here's why: In the past, beverages sales covered production expenses. Now, a variety of restaurants and bars have flourished in Old Town. While we love this (and take a bit of credit for it) we will not be running our own beverage tent. Instead beverages can be purshased at the Social District bars. Therefore ticket sales are how we can pay for the musicians, production crew, tables, chairs, etc. We've priced tickets to cover our expenses. As a non-profit organization, your donations to MICA beyond a ticket purchase are truly needed and greatly appreciated.

ENJOY THE SOCIAL DISTRICT

Old Town's new designation as a Social District means festival goers can buy and consume and walk on the streets with appropriately labeled alcoholic beverages from sponsor UrbanBeat and other bars and restaurants, while experiencing all that JazzFest has to offer.

4 VENUES & NOW 4 DAYS

We've added a kickoff concert on Wednesday night with an all-star band. There will be four venues: the South Turner Street and North Stages, the River Stage (Premiere seats only) and the UrbanBeat Afterglow Stage. See the map for details.

JAZZFEST T-SHIRTS & POSTERS

We're excited to announce that our 2023 JazzFest t-shirts will be on sale Friday and Saturday at the festival for only \$20 - so get one for yourself or grab one for a friend! Vintage T-shirts & Posters also available.



Portions of the festival will be livestreamed at https://bit.ly/jazzfestlivestream2023



LAWRENCE 'LO' LEATHERS FOUNDATION

The Ashton Moore Organization, Tom Duffield and Rueben Stump Trio, are the featured performers for this year's benefit concert, **Thur AUG 3.** The Lawrence 'Lo' Leathers (L3) Foundation provides scholarships and other assistance to emerging artists seeking higher education in the Performing Arts. The L3 Foundation was formed to memorialize Lawrence Leathers, the Lansing native and gifted young musician who lost his life in 2019. Lo studied at the prestigious Juilliard School of Music in New York City, where he built on his talents before further honing them on the bandstand. Respected by the giants of contemporary jazz and appearing at major festivals worldwide, Lo won 2 consecutive Grammys performing with acclaimed singer Cecile McLorin Salvant. Proceeds from the fundraiser will support this 501 (c) 3 nonprofit's important mission.



PERFORMERS

WED AUGUST 2

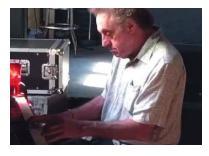


ANTHONY STANCO QUINTET

8:00pm **UrbanBeat,** 1213 Turner

Anthony Stanco will lead his star-studded quintet featuring the world renowned New York drummer, Joe Farnsworth. The ensemble will be unveiling new compositions penned by Stanco, as well as performing some of the most beloved jazz standards. This one time experience is sure to dazzle and transport you back to the golden era of bebop. Featuring Anthony Stanco (Trumpet), Randy Napoleon (Guitar), Xavior Davis (Piano), Rodney Whitaker (Bass) and Joe Farnsworth (Drums).

THUR **AUGUST 3**



TOM DUFFIELD

5:00pm **UrbanBeat,** 1213 Turner

Tom Duffield's piano work has been a part of the jazz and blues scene for decades. His repertoire includes interpretations of the standards as well as some surprises. Immerse yourself in the timeless sounds of Duffield's piano mastery.



RUBEN STUMP TRIO

8:00pm **UrbanBeat,** 1213 Turner

Reuben Stump is a Lansing bassist, vocalist, and composer who grew up with an appreciation for early jazz and the Great American songbook. Step into a world of pure music brilliance.



THE ASHTON MOORE ORGANIZATION

9:30pm **UrbanBeat,** 1213 Turner

Born and raised in Detroit, Michigan, Ashton Nickolas Moore has expanded his love for music across the ocean to Tokyo, Japan, where he performed from 2008-2021. Now back in Detroit, his relationship with Lo Leathers inspired him to support the benefit concert. With his exceptional musicianship, get ready for a unique jazz experience that captivates your senses.

FRI AUGUST 4

TOM DUFFIELD

5:00pm | UrbanBeat, 1213 Turner



SCHOOL OF ROCK Adult Band

5:00pm North Turner Stage

School of Rock East Lansing delivers a revolutionary music program to students from Lansing and surrounding communities. Hear fresh sounds from upcoming musicians. Catch them live to experience the magic firsthand.



SCHOOL OF ROCK House Band

6:00pm North Turner Stage

Let School of Rock East Lansing's House Band take you on a musical journey that will leave an indelible mark.



TWYLA BIRDSONG

6:30pm **River Stage**

Twyla Birdsong was raised singing in a church choir, leading to her love for music. Her powerful vocals and stage presence is not to be missed.



CLIQUE VOCALS

7:00pm **UrbanBeat,** 1213 Turner

Dan Templin and Kelly Sandula-Gruner met as members of Singers on the Grand, and their similar approach to performing and a shared love of singing jazz led to the formation of Clique in 2016. The duo performs the classic jazz ballads of the 1920s–50s, plus a mix of pop and contemporary arranged in a unique style with tight harmonies. Their mesmerizing and smooth vocal performances are a must listen.



AMMY AMORETTE QUARTET

7:30pm
South Turner
Stage

Ammy Amorette is a Chilean singer, composer, and painter who has been living in Michigan since 2015. She has released two albums, *Primogenita* and *Plan D*. Her music is heavily rooted in Latin American folkloric traditions, as well as bossa nova, boleros, and jazz. In recent years, she has had increasing success in countries such as Argentina, Brazil, Mexico, and the United States. Let their music transport you to a world of multicultural enrichment.



FAITH QUASHIE OUARTET

9:00pm River Stage

With West Indian roots and a Brooklyn, NY upbringing, jazz vocalist and 2 time Downbeat Magazine award winning artist, Faith Quashie, is a graduate of Western Michigan University's vocal jazz program. Influenced by 80's, Soul, Funk, Soca, and Caribbean music, her peformance is not to be missed!

JAZZ JAM

8:30pm | North Turner Stage

JAZZ JAM

9:30pm | **UrbanBeat**, 1213 Turner



CALEB ROBINSON & REACHING

10:15pm South Turner Stage

Caleb Robinson is a young up and coming drummer, producer, innovator who is paving his own way playing with numerous artists. Caleb integrates a unique style that he describes as aggressive yet dynamic, which can be compared to some of his musical influences like Tony Williams, Thomas Pridgen, Elvin Jones. Like them, Caleb plays by the beat of his own drum, choosing to create and work with music that's more embedded in jazz fusion, R&B and Hip-Hop.



MAX GAGE TRIO, plus Jam

11:30pm | AFTERGLOW at UrbanBeat, 1213
Turner

A jam session with many festival musicians until 1:30 am. Limited seating.

SAT AUGUST 5

KIDZBEAT > North Turner Stage

2:00pm | Children's Ballet Theatre & Power Dance

Directed by Jesse Powers, combine to perform light-hearted dances by children for children of all ages.

2:30pm | Instrument Petting Zoo

Children and adventurers of all ages can try their hand at stringed instruments, keyboard, and percussion in this playful experience with encouraging music teacher Bryce Berry.



JAMM SCHOLARSHIP BAND

2:30pm
South Turner
Stage

The Jazz Alliance of Mid-Michigan, or JAMM for short, awards a music scholarship annually to a deserving young jazz musician. The JAMM Scholarship Group is formed with past and present scholarship winners, and is led by local pro Doug Fritch on guitar.

TOM DUFFIELD

3:30pm | **UrbanBeat**, 1213 Turner

KIDZBEAT

3:15pm | North Turner Stage

Greater Lansing Ballet Company & Academy of Dance

Under the direction of Jlm McEwan, Greater Lansing Ballet Company and Greater Lansing Academy of Dance perform classical and contemporary choreography that's fun for the whole family. This performance includes an opportunity for children to join in one of the dances.



LANSING BIG BAND with CLIQUE VOCALS

5:00pm | South Turner Stage

The LCB Big Band was formed in 1993 by members of the Lansing Concert Band who wanted an opportunity to play the great jazz standards and bring this exciting art form to mid-Michigan audiences. Jim Kasprzak, lead trumpet, directs the dynamic 18-piece group comprised of traditional jazz-era instrumentation: full sections of saxophones, trombones and trumpets, plus a swingin' rhythm section. The ensemble also features vocalists Dan Templin & Kelly Sandula-Gruner.

SCHOOL OF ROCK • Adult Band

5:00pm | North Turner Stage

JAZZ JAM

5:30pm | UrbanBeat, 1213 Turner

SCHOOL OF ROCK • House Band

6:00pm | North Turner Stage



MAX GAGE TRIO

6:30pm **River Stage**

Pianist Max Gage brings an introspective, relaxed, and lyrical sensibility into his music. The trio can be found regularly in jazz clubs and venues across the state, and every other Thursday at UrbanBeat. Witness the brilliance of The Max Gage Trio as their mesmerizing performance will captivate your soul.



ANTHONY TAYLOR

7:00pm UrbanBeat, 1213 Turner

Anthony Taylor has an impressive music resume, co-writing and producing Cried, a Pop Billboard Top 10 single with Candice Glover. He has also lent his musical talents to shows like SNL, The Jimmy Fallon Show, Today Show, Carson Daily New Years' Eve Show and more. His trio performs every other Thursday at UrbanBeat. A talented pianist and jazz vocalist with gospel and R&B undertones, Anthony Taylor will immerse you in his sublime musical world.



JAMES CARTER QUARTET with special guest LADY

7:30pm **South Turner** Stage

"Music and life do not separate" says award-winning saxophone virtuoso James Carter, "my elders have taught me that music is a culture and a way of life." Detroit native Carter shared his childhood home with five musically inclined siblings in "a house filled with all manner of sounds, from The Beatles to Funk and Hendrix." The Jazz influence came from Carter's mother who "brought the voices of greats like Billie Holiday and Ella Fitzgerald into my life. Jim Alfredson (Hammond organist and keyboardist), Alexander White (multi-instrumentalist), Gerard Gibbs (keyboard), Ralphe Armstrong (Bass), and Lady Champagne (vocals). In 2019 Lady Champagne was recognized as the best blues artist at the Detroit Music Awards and was inducted into the Rhythm & Blues Hall of Fame. Let the James Carter Quartet take you on a musical journey like no other, they will ignite your passion for jazz.

JAZZ JAM

9:00pm | North Turner Stage



MICHAEL DEASE & FRIENDS

8:00pm **South Turner** Stage

Michael Dease is the winner of the 69th and 70th Annual DownBeat Poll for Trombonist of the Year and multi-Grammy award winner as a member of the Christian McBride Big Band, is also a sought-after lead and ensemble trombonist with today's leading jazz orchestras. He will be performing original songs by composer Gregg Hill. Step into a world of pure musical brilliance.



T-BONE PAXTON & THE **OLD TOWN STOMPERS**

10:15pm **South Turner** Stage

T-Bone Paxton is lead vocalist and trombonist for the award-winning band Planet D Nonet. With the primary goals of inspiring connections with audiences and simply having a good time sharing their talents. T-Bone and the Old Town Stompers relate an authentic translation of the studied yet spontaneous spirit of 1920s traditional jazz.



ANTHONY TAYLOR TRIO, plus Jam

11:30pm | AFTERGLOW at UrbanBeat, 1213 Turner

A jam session with many festival musicians until 1:30 am. Limited seating.



Featuring the artwork of OLD TOWN founding artists:

Barbara Morris

John Domanski **Bob Sealock Sam Mills Louise McCagg Robert Busby**



AUG & SEPT 2023 1210 Turner St

MICHIGAN INSTITUTE FOR CONTEMPORARY ART



SEPTEMBER 13-16

Gina Garner • Nicky T & The Snake Charmers Tomas Esparza Blues Band • Mike Espy Group Kathleen & the Bridge St. Band • Johnny D. Blues Jam James Reeser & the BackSeat Drivers Cab Duo winner DedFoot Duo • Sharrie Williams **Lady Champagne featuring Omar Coleman** Asamu Johnson & the Associates of the Blues Tom Duffield, and more...



ABOUT MICA The Michigan Institute for Contemporary Art's mission is to create open spaces where people can come together, meet old friends, make new friends, and in the context of the arts take action to bring about positive community transformation. MICA's exhibitions in the visual arts and programs in music, performance, film and literature provide opportunities to entertain, educate and inspire. For more, see **micharts.org**.

MICA Board

Terry Terry Brandon Leathers Tammy Slavik Sarah Eyde **Tom Cathey Matthew Anderson** Tim Fedewa **Carol Hildebrand**

Michigan Institute for Contemporary Art (MICA) is a 501(c)3 nonprofit organization that serves as a catalyst for community transformation through quality arts programming. Grants, donations, sponsorships and other revenues support art and artists.

Call for volunteers

JazzFest relies on the efforts of people just like you. Please join us as a volunteer. In addition to free admission, you'll meet some great people, get a cool Festival t-shirt, and know you've played an important role in your community. We also need folks for set-up and tear-down, before and after. Visit MichArts.org/volunteer to sign up! Looking forward to hearing from you.

WEDNESDAY • AUGUST 2

> UrbanBeat STAGE 1213 Turner

8:00pm Anthony Stanco Quintet

> UrbanBeat STAGE

THURSDAY • AUGUST 3

Nonm Tom Duffield	/ Ol Dalibeat 3 i		
5:00pm Tom Duffield	1213 Turner		

8:00pm	Ruben	Stump	Trio

9:30pm The Ashton Moore Organization

J.30piii	The Ashton Woole Organization	
FRIDAY •	AUGUST 4	> STAGES
5:00pm	Tom Duffield	UrbanBeat, 1213 Turner
5:00pm	School of Rock (Adult Band)	North Turner
6:00pm	School of Rock (House)	North Turner
6:30pm	Twyla Birdsong	River, behind UrbanBeat
7:00pm	Clique Vocals	UrbanBeat, 1213 Turner
7:30pm	Ammy Amorette Quartet	South Turner
8:30pm	Jazz Jam	North Turner
9:00pm	Faith Quashie Quartet	River, behind UrbanBeat
9:30pm	Jazz Jam	UrbanBeat, 1213 Turner
10:15pm	Caleb Robinson & Reaching	South Turner
11:30pm	Max Gage Trio, plus jam	AFTERGLOW at UrbanBeat, 1213 Turner

Si	aturd/	AY • AUGUST 5	> STAGES
	2:00pm	KidzBeat Children's Ballet Theatre & Power Dance	North Turner
	2:00pm	KidzBeat > Instrument Petting Zoo	North Turner
	2:30pm	Jamm Scholarship Band	South Turner
	3:00pm	Tom Duffield	UrbanBeat, 1213 Turner
	3:15pm	Kidzbeat > Greater Lansing Ballet Company & Academy of Dance	North Turner
	5:00pm	Lansing Big Band with Clique Vocals	South Turner
	5:00pm	School of Rock (Adult Band)	North Turner
	5:30pm	Jazz Jam	UrbanBeat, 1213 Turner
	6:00pm	School of Rock (House Band)	North Turner
	6:30pm	Max Gage Trio	River Stage, behind UrbanBeat
	7:00pm	Anthony Taylor	UrbanBeat, 1213 Turner
	7:30pm	James Carter Quartet with special guest Lady Champagne	South Turner
	9:00pm	Jazz Jam	North Turner
	9:00pm	Michael Dease & Friends	River, behind UrbanBeat
	10:15pm	T-Bone Paxton & The Old Town Stompers	South Turner
	11:30pm	Anthony Taylor Trio, plus jam	AFTERGLOW at UrbanBeat, 1213 Turner



STAGE	Kickoff Concert \$20	Benefit Concert \$35	General Admission* \$15	Premier Seating* \$25	Afterglow \$5 per night
SOUTH TURNER			Х	X	
NORTH TURNER			Х	X	
RIVER			Х	X	
URBANBEAT	X	Х	Χ	X	Х
	* good for both days				

E



TASTE THE BEST OF LANSING

Purchase 10 Tasting Tickets to sample food from some of Lansing's greatest restaurants at the event.

\$25 in Advance / \$35 at the Festival

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> Paved with Gold Cheese Dip! Made with Lansing Brewing Company Union Golden Lager with both American and Sharp White Cheddar cheeses, served with Mini Pretzel

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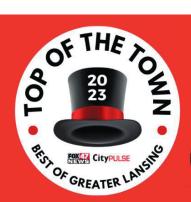
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TOP OF THE TOWN 2023

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Lansing 5:01, City Pulse team up to showcase best of the city

By NICOLE NOECHEL

Each year, City Pulse hosts a Top of the Town competition to allow community members to choose the businesses, restaurants, organizations, products and people they think represent the best Lansing has to offer.

Now, City Pulse and Lansing 5:01 are teaming up to host a free event that encapsulates the best of the best in the city: The Best of Lansing Festival, running 6 to 11 p.m. Saturday (July 29) at Jackson Field.

When we started to look at doing this event and really showcasing the 'greatest things,' as we're trying to call it, we knew that City Pulse has a longstanding history of celebrating the best of the best with the Top of the Town awards," said Josh Holliday, Lansing 5:01's director of communications and festivals. "We knew that we wanted to be able to reach the best of the best, and City Pulse was already doing that through the awards program, which is really well-respected and has great community participation. In an effort to ensure we're elevating the great things that are happening in Lansing and also connecting and collaborating with the right people and having them at the table, we are so grateful for City Pulse and being able to create this partnership that has allowed us to really reach the magnitude of vendors and participants we have. More than 75 local businesses are going to be participating in the event.

The festival, which offers free admission, will include booths from a variety of local businesses and vendors, alcoholic beverages and food from six different food trucks available for purchase, inflatables and obstacle courses, live performances by the '80s cover band Starfarm and a fireworks display to cap the evening. Additionally, attendees can purchase 10 food tickets for \$25 in advance or \$35 at the door and sample dishes from a host of local restaurants. For more information on the participating businesses, see page 13.

"The festival idea really stems from the mission of what Lansing 5:01 is — trying to showcase what's best and greatest about our community to the



Courtesy of Beerfest at the Ballpark

Jackson Field will be awash with vendors, food trucks, inflatables and obstacle courses, live music and more during The Best of Lansing Festival Saturday evening (July 29).

future of our community," Holliday said. "When we thought about showcasing the best of Lansing to Lansing's future, we were like, 'How can we celebrate all the cool things?' We always try to do

The Best of

Lansing Festival

505 E. Michigan Ave.,

Saturday, July 29

FREE ADMISSION

Jackson Field

lansing501.com/ events/best-oflansing

6-11 p.m.

Lansing

that in our events. We're seeing more events around the country that have activated really great venues. Spaces like baseball stadiums with all the cool makers, creators, artists, restaurants — all the things that make a community special — we've seen that work really well in other places, and we wanted to bring that to Lansing to really bring the community togeth-

er, wrap our arms around and give a big hug to the things we love and cherish most."

Holliday said the decision to hold the event at Jackson Field stemmed from its central location in the city and its considerable size.

"When we looked at our spaces around the community, we really wanted something that was centrally located in the region between Ingham, Eaton, Clinton and Shiawassee counties, and right at the center of that is this incredible venue that we have in our community right in our downtown area," he said. "It's a beautiful venue that already exists, and it showcases one other thing that's one of the best things about Lansing: our

> minor league baseball team. It's just a natural fit and really lends itself to being able to showcase so many things."

> Though he noted there's a lot to be excited about, Holliday is most looking forward to being able to give attendees "a true taste of so many aspects in one night."

"They're going to be able to shop from local vendors that are selling art and things

they make. They're going to be able to taste food from some of Lansing's coolest restaurants. They're going to be able to dance to one of Lansing's best cover bands, Starfarm. And then we're going to have a fireworks show at the end of the night, so it's great for kids and families," he said. "If you've never been on the field at Jackson Field, we're going to have these larger-than-life inflatable obstacle courses and games. It's a 365-degree experience inside the ballpark that hasn't existed for families like this be-

fore, so we're really excited to bring that to the community."

Overall, Lansing 5:01 hopes the event is able to create a sense of pride within the community for all the city has to offer.

"We talk about 'love Lansing.' It's really a grassroots effort to show love to this place that so many people call home. As somebody that grew up in the Lansing area, having a sense of pride for your community is key," Holliday said. "Our goal is that this event will show that Lansing has a lot going on. Lansing has a lot of things to offer, and that's why people should choose to call Lansing their home."

When asked about the future of the event and whether it will happen annually, Holliday said details are still up in the air.

"This is the first time Lansing 5:01 has done this event. We're looking forward to seeing the response we get from the community and if it accomplishes some of the goals that align with our mission," he said. "The response has been really strong so far. We're looking forward to having a great showing, and we look forward to seeing how it can grow and develop in years to come."

L.A. vibes meet MI highs

Wizard Trees x Deep East Oakland Farms collab drops at Pure Options

By LUCAS HENKEL

From humble beginnings growing weed in basements and closets to becoming two of the most prolific names in California's cannabis scene, Deep East Oakland Farms and Wizard Trees know how to breed and cultivate high-quality, terpene-rich products.

The award-winning duo released some of their most sought-after strains to the Michigan cannabis market on July 14: RS-11 and RS-54, plus a 1-gram live resin disposable vape of their popular Zoap strain. Here's the lowdown on what to expect from this new drop, which is exclusively available at Pure Options.

Zoap live resin disposable vape | 77.34% THC | 6.07% terpenes | \$30/g

Winner of the Best Overall category at the 2022 Zalympix in California, Zoap is created by crossing Rainbow Sherbert and Pink Guava Pheno #21. I really enjoy smoking this hybrid strain in flower form, so I was super excited to find that the live resin tastes exactly the same: sweet but slightly sour, like overripe fruit. It creates a lovely head high that makes me feel focused and at ease.

This vape has the same design as the Pure Options x Skunk House Genetics vapes I wrote about in a recent Lansterdam article. While I appreciate the sleekness of its ergonomic design and its rechargeable battery, I really wish it included the name of the strain it contains. If I had a few of these all-white vapes, I wouldn't be able to tell them apart until after I inhaled. This Russian-roulette selection process can be avoided by simply writing the name of the strain on the battery in Sharpie, but I digress.

RS-11|20.18%THC|\$40/3.5g

According to a 2021 interview between Deep East and LA Weekly, Rainbow Sherbert #11, more popularly known as RS-11, was bred through the open pollination of six strains and



Lucas Henkel/City Pulse

California-based cannabis companies Deep East Oakland Farms and Wizard Trees released some of their most sought-after strains to the Michigan cannabis market on July 14. The new drop is exclusively available at Pure Options.

became a hit among team members for its Sunset Sherbert lineage. RS-11's dark, blue-green buds are covered in orange hairs and smell like cloves and citrus. In my bong, the flower gives off a berry flavor that's simultaneously spicy and earthy.

After a few bong rips, RS-11 makes me feel relaxed yet alert. It was a great strain to smoke before diving deeper into the underground chasms of "The Legend of Zelda: Tears of the Kingdom." I was glued to my Nintendo Switch for hours thanks to RS-11's couch-lock effects. If you're looking for a strain that's deeply relaxing but not sedating, definitely pick up an eighth or two.

RS-54|29.63%THC|\$40/3.5g

After germinating 100 Rainbow Sherbert seeds, Deep East and Wizards Trees worked together to create one of their most glamorous strains yet: RS-54, aka Studio 54. This potent, indica-dominant strain is created by crossing Sunset Sherbert and Pink Guava #54.

After just one bowl, I felt a wave of relaxation hit my body, followed



by the deep urge to eat everything in my kitchen. Once I got my snacks, I settled into my couch and binged the first season of "The Bear" on Hulu, then fell asleep shortly after. If you're looking for a strain that will help you kick back and chill out, RS-54 is a great option.

Nugget of news: Michigan ends state employment cannabis testing

Finding a job may have just gotten easier for some folks in the Great Lakes State. On July 12, the Michigan Civil Service Commission unanimously voted to partially lift a longstanding ban on hiring state employees who fail pre-employment drug screens for cannabis. Additionally, people who have been rejected from roles for cannabis use will now be able to reapply for employment.

Paul Armentano, deputy director of the National Organization for the Reform of Marijuana Laws, wrote in May that conventional urine tests "only identify the non-psychoactive byproducts that linger in the body's blood and urine well after a substance's mood-altering effects have subsided."

"In short," Armentano wrote, "a positive cannabis test result does not provide any definitive information regarding an employee's frequency of cannabis use, when they last consumed it or whether they were under the influence of the substance at the time the drug screening was administered."

Jase Bolger, chair of the Michigan Civil Service Commission, stated, "If somebody overindulges in alcohol on Friday night, they shouldn't do it. I don't think that they should be getting high on Friday night. But Monday morning, when they come to work, they're likely not under the influence of either, so we're going to treat them the same."

Healthcare workers, members of law enforcement and those working with heavy machinery will still be required to undergo pre-employment drug screens.





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333 Albert Street, Ste. 214 East Lansing, MI 48823



Loud dispatches from Lansing's music scene

BY RICH TUPICA

THE BENEFIT OF MR. WOLF

The Plurals, Small Parks and more rally for scene vet John McIntyre



Wolf (right) utilizes his theremin sorcery skills during a They're Dead performance.

John McIntyre, aka Wolf, has been an ardent supporter of — and contributor to - Lansing's music scene for decades. Both his bands, They're Dead and Suburban Ants, push the limits sonically, creating a potent dose of experimental brilliance with every inimitable show.

Back in 2019, McIntyre, now 73,

wowed audiences at the Robin Theatre when he played his theremin with a sword during a They're Dead headlining set in which the band played live scores to two films: "Meshes of the Afternoon" (1943) and "At Land" (1944). Local musician Peter Richards booked the eccentric

"They performed a brand-new, live, improvised score while two short films by 1940s avant-garde pioneer filmmaker Mava Deren screened behind them." Richards said. "They're Dead perfectly captured the surrealist mood of Deren's black-and-white films as they modulated onstage dynamics between a whisper and a howl."

Now, after performing countless heartfelt shows, McIntyre's friends will play a show just for him.

"He is undergoing treatment for a particularly aggressive cancer with no health insurance," said the show's organizer, Joe Haines, who will perform as Noizeghost at the benefit.

Haines recalled meeting Wolf in 2009, when he shared a bill with They're Dead at Basement 414, a now-defunct venue on Michigan Avenue. While Basement 414 closed in 2012, the musicians' friendship carried on, including hosting shows for each other at the also now-defunct Uncle Sam's Record Emporium in Old Town, where the two often chatted about their love for music.

"I remember an awesome conversation about him building A benefit for John

McIntyre, aka Wolf

Featuring The Plurals,

(duo set), Noizeghost

and a silent auction of

2700 E. Michigan Ave.,

Donations accepted

Sunday, July 30

Noon-5 p.m.

Mac's Bar

Lansing

local art

Small Parks, Christopher

Baratono, A Rueful Noise

a theremin at Bob Moog's camp," Haines said.

Now, with medical costs racking up for McIntyre, Haines said he hopes people are ready to donate cash for their friend while enjoying live music from not only his band but also The Plurals, Small Parks, a solo set by Christopher Baratono of Narc Out the Reds and a duo set by Jennifer Toms and Nicholas Merz of a Rueful Noise

"I can't imagine what that bill is running. I want to make a sizable dent, not a drop in the bucket," Haines said. "This man is due some good fortune. I want to make it rain.

"He came to almost every show we did since the very beginning," Haines added. "We play a bit at Displaced Manor, and he once scolded me for not promoting

it enough because he missed it. That's touching to me now. As an 'elder noiseman,' I think he saw in us the same drive to explore new territory musically - or just destroy it. We both love putting on weird shows. Having such a huge fan who's been around and thinks vou're awesome always meant the world to me and my bandmate Josh Such. Wolf. I know you're reading this, and we love VOU.

As for the nickname "Wolf," does Haines know its origin story?

"I was sworn secrecy," he said, "but what the hell: He actually is a wolf."

We'll give McIntyre the last word. Back in 2019, before the aforementioned Robin Theatre show, this is how he described They're Dead:

"People ask if we're a Grateful Dead tribute band," McIntyre said. "We're more of a George Romero tribute band. The goal is always to produce a horror-movie

soundtrack. Sometimes the movie is projected on the wall. Sometimes it is projected on the mind. We have played in art galleries, a bookstore and countless basements. While guest musicians may grace the stage, the core of the band has always been Slow and Wolf. Two theremins, two guitars, zero rehearsals."

Area 52 touches down in Owosso



Area 52 Diner

437 W. Stewart St., 7 a.m.-3 p.m. Monday-Tuesday Game nights 4-8 p.m. Monday-Tuesday 7a.m.-8 p.m. Wednesday-Sunday 989-494-0020

By LUCAS HENKEL

Greetings, earthlings! Area 52, a new sci-fi-themed diner, landed in Owosso last month, and it's serving up out-of-this-world dishes for breakfast, lunch and dinner.

The restaurant is a love letter to co-owner Joel Mc-Guire's childhood.

"Growing up, I was a huge nerd," McGuire said.

"Nowadays, the stuff that I got made fun of for, like aliens and gaming, is super popular. I want to create a safe space with great service where people can come in, enjoy those 'nerdy things' and get a great bite to eat."

McGuire was the former co-owner of Atomic Tacos in the Meridian Mall. plus its food truck, which both closed in late June. He's hoping his new venture appeals to more than just hungry diners.

Monday and Tuesday evenings, Area 52 transforms into a gaming hall where guests can munch on food from a limited menu and sip milkshakes while they play tabletop games like Dungeons & Dragons and Warhammer 40,000 or strategy card games like Magic: The Gathering. McGuire hopes to add classic board games to the lineup to encourage families to come in, too.

"There aren't many spaces in Owosso that hold public game nights," Mc-Guire said. "We wanted to provide a space where friends and families can come play and bond over games while still being able to get a snack or a tasty milkshake."

The menu at Area 52 contains an array of items that are full of cosmic flavor. For breakfast, diners can grab the Roswell Breakfast Wrap, which is named after the city in New Mexico where a UFO allegedly crashed in 1947. The wrap contains eggs, sausage, bacon, onion, peppers, cheddar cheese, hash browns and salsa. The lunch and late-night menus feature items like hand-battered Moon Cheese Curds and the Ray-Gun Rueben, which consists of corned beef, sauerkraut, Swiss cheese and Russian dressing sandwiched between two pieces of grilled rye bread.

Area 52's milkshake menu is inspired by the ice-cream parlors and malted-milkshake shops McGuire patronized while growing up on the West Coast. The Abducted Brown Cow, a blend of chocolate syrup, vanilla ice cream and Coke that's topped with whipped cream and a cherry, sent me into another galaxy after one sip. The restaurant's managers informed me that the restaurant's Cake of the Day shake is also popular among diners. Each concoction contains an entire slice of cake that's blended with either chocolate or vanilla ice cream.

In addition to being a science-fiction buff, McGuire is also a longtime fan of competitive eating competitions. After befriending a few competitive eaters in the area, he was inspired to establish the Forbidden Burger Challenge at Area 52. Diners have 30 minutes to chow down on more than 6 pounds of food: a burger with 20 layers of beef, bacon and cheese; a pound of fries; and a large milkshake. Those who



Lucas Henkel/City Pulse

Area 52 Diner offers a variety of milkshakes, malts and other frozen beverages, inspired by the ice-cream parlors and malted-milkshake shops co-owner Joel McGuire patronized while growing up on the West Coast.

complete the challenge receive the \$40 meal for free, plus a commemorative T-shirt and a photo on the restaurant's Wall of Fame. As of early July, four people had taken on the challenge, but only one had succeeded.

Revisiting Hemingway's pre-novel musings

By BILL CASTANIER

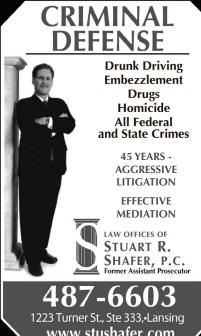
Before Ernest Hemingway became a celebrated novelist, he wrote short stories, many of which had roots Up North in Michigan. Perhaps his most famous story is "Big Two-Hearted River," wherein he recounts a fishing trip taken by Nick Adams, his youthful protagonist. Hemingway is said to have taken a similar trip with friends in 1919.

To honor this classic short story, author John N. Maclean and illustrator Chris Wormell have teamed up to issue a centennial edition.

Like Hemingway, Maclean was raised with a passion for fishing and worked as a journalist for more than three decades in Chicago. He wrote a memoir, "Home Waters: A Chronicle of Family and a River," about his family's connection to the Blackfoot River in Montana, where he grew up and still owns a cabin. His father, Norman Maclean, wrote a semi-autobiographical story about his time spent along the Blackfoot, "A River Runs Through It," and like "Big Two-Hearted River" it's about more than fly fishing. It's about life.

Maclean's foreword delves into the deeper meaning of Adams' trip, Hemingway's lean writing and what Maclean calls Hemingway's "troubled state of mind," which Hemingway lays out in complex metaphors that have been explored by scholars for a century.

Is Hemingway's description of the fire-scorched Seney area in the Upper Peninsula a reflection on his time as an ambulance driver in World War I,





Courtesy of Central Michigan University's Clarke Historical Library

Ernest Hemingway had a lifelong passion for fly fishing, the subject of his fictional short story "Big Two-Hearted River," which was recently reissued with a foreword by author John N. Maclean and art by illustrator Chris Wormell for its centennial anniversary.

which left him scarred both physically and emotionally? In his foreword, Maclean examines the numerous drafts of the short story and details how it changed prior to its first publication in the Paris literary journal This Quarter in 1925, one year before the publication of Hemingway's debut novel, "The Sun Also Rises.

It was within "Big Two-Hearted River" that Hemingway refined his style of short sentences, repetition and use of few words to illustrate what can only be called a photographic memory.

To clarify, Hemingway wrote fiction. He never fished the Big Two-Hearted River, but he thought the title was more poetic than "Fox River," which he actually fished during his 1919 trip to

As the power of Hemingway's words grew with his publication of "A Farewell to Arms," "For Whom the Bell Tolls" and later "The Old Man and the Sea," his short stories were largely forgotten until "The Nick Adams Stories" was published in 1972, a decade after

Maclean, like scores of Hemingway



Hemingway's poem "Along with Youth" is somber and reflective, possibly influenced by his time as an ambulance driver in World War I. It sets the tone for "Big Two-Hearted River," which further explores a loss of innocence.

The year of the big storm

When the hotel burned down At Seney, Michigan."

Maclean's foreword and Wormell's dramatic art underline that loss of innocence that Hemingway further explores in "Big Two-Hearted River" and add to the never-ending drama of exploring the author's body of work.

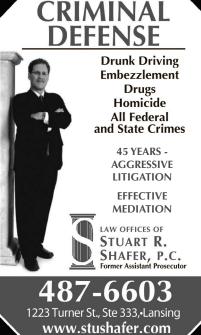
In 2007, I had the once-in-a-lifetime experience of working on the Michigan Humanities Council's first Great Michigan Read program, which had selected "The Nick Adams Stories." To prepare for writing the study guide with my good friend Greg Parker, I felt compelled to read all of Hemingway's body of work. I had read much of his work in high school and college, but reading it as an adult was an experience I would highly recommend.

Parker and I were inspired to write a children's book based on one of Hemingway's trips to Michigan. It was ahead of its time in the children's book industry, and we moved on, but maybe someday we'll pick it back up. It was fun, and we got to write lean prose like "the water was clear and cold."

scholars, has probed "Big Two-Hearted River" for its bigger meaning about life. Even Hemingway, in his memoir "A Moveable Feast," said it was about war, but a poem he wrote for his first literary publication, "Three Stories and Ten Poems," helps clarify his state of mind.

The poem, titled "Along with Youth," seems to be a languid goodbye to youth and the time Hemingway spent in Michigan, where he would return only once more for business.

"A porcupine skin, Stiff with bad tanning, It must have ended somewhere. Stuffed horned owl Pompous Yellow eyed; Chuck-wills-widow on a biassed twig Sooted with dust. Piles of old magazines, Drawers of boy's letters And the line of love They must have ended somewhere. Yesterday's Tribune is gone Along with youth And the canoe that went to pieces on the beach



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Jonesin' Crossword

By Matt Jones

16

"Must Be" -- I know it's early. by Matt Jones © 2023 Matt Jones

ACROSS

- 1. Garden crawlers
- 6. Slangy pet name
- 9. Big girder
- 14. Eyelashes, scientifically
- 15. "Blue Rondo Turk" (Dave Brubeck song)

46

66

69

- 16. Auli'i Cravalho role of 2016
- 17. Time away from work, for short
- 18. She inspired a boycott
- 20. "SNL" alum who starred in the recently canceled "American Auto"
- 22. Muscle below a delt
- 23. Madrid money, before the euro
- 24. Presley's middle name
- 26. Copier powder
- 29. Go too far with
- 33. Pro at CPR
- 36. Board
- 38. Barnyard noises
- 39. Her Modernist sculptures include "Contrapuntal Forms" and "Rock Form (Porthcurno)'
- 43. Cheese with Buffalo wings
- 44. Comedian Silverman
- 45. One in favor
- 46. Vacillate
- 49. Behavioral boo-boos
- 51. Eagerly repetitive greeting
- 53. Give
- 57. Word after meal or

- 60. Big name in 1990s tennis
- 63. Tag on some holiday presents--or where the beginnings of each theme entry derive?
- 65. Lucky Charms charm 66. Chick who was once
- 68. Online mag,
- 70. Hearty bread
- 71. Heavy, like bread

DOWN

- 1. Old metal
- 9 Former "Weekend Edition" host Hansen Bones in forearms
- 4. Sally Field TV title character
- 5. Upstate N.Y. battle site

48

- keyboardist for Miles
- 67. Thoughtful ability?
- outdatedly
- 69. Stifled laugh
 - - 31. Lavish attention (on)
 - 32. Labor Dept. div.
 - 34. "The gaze" (early card in the Cards Against Humanity starter pack)

of 1777

70

18

- 6. S.F. area transit system
- 7. Plant for balms

49

- 8. Breezy class
- 9. Acting on the spot 10. Fabulous neckwear
- 11. Sandwich rank 12. Lyricist for Sinatra's
- "My Way" 13. Schooner part
- 19. Prefix with dynamic
- 21. Comparatively sound
- 25. Verne's captain 27. Delayed flight stats
- 28. Kingdom in Tolkien's "The Lord of the Rings"
- 30. Actor Kinnear
- 33. Points of decline
- 35. Sloth's hangout

- 37. Late pianist Peter
 - 40. #43

68

41. Tibetan mammal

55

- 42. Rushed (by)
- 47. Sets as a goal
- 48 "Hold on there!" (this is the correct spelling. and I will be taking no further questions)
- 50. Hay fever symptom
- 52. Sanctum or circle preceder
- 54. Four-time Formula One champ ___ Prost
- 55. Beach birds
- 56. Lauder with an empire 57. Some red-and-white fast food outlets
- 58. Multivitamin additive
- 59. Symbol in el zodiaco 61. "The ___ Bitsy Spider"
- 62. Superhero accessory
- 64. "La _ __" (Debussy

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Answers on page 28

SUDOKU

9 5 2 9 2 6 1 8 9 1 4 6 3 2 6 5 8 4 6 4

Advanced Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Free Will Astrology By Rob Brezsny

July 26-Aug. 1, 2023

ARIES (March 21-April 19): Emotions are not inconvenient distractions from reason and logic. They are key to the rigorous functioning of our rational minds. Neurologist Antonio Damasio proved this conclusively in his book "Descartes' Error: Emotion, Reason, and the Human Brain. The French philosopher's famous formula — "I think, therefore I am" — offers an inadequate suggestion about how our intelligence works best. This is always true, but it will be especially crucial for you to keep in mind during the coming weeks. Here's your mantra, courtesy of another French philosopher, Blaise Pascal: "The heart has its reasons, which reason does not know.'

TAURUS (April 20-May 20): The famous Taurus TV star Jay Leno once did a good deed for me. I was driving my Honda Accord on a freeway in Los Angeles when he drove up beside me in his classic Lamborghini. Using hand signals, he conveyed to me the fact that my trunk was open, and stuff was flying out. I waved in a gesture of thanks and pulled over onto the shoulder. I found that two books and a sweater were missing, but my laptop and briefcase remained. Hooray for Jay! In that spirit, Taurus, and in accordance with current astrological omens, I invite you to go out of your way to help and support strangers and friends alike. I believe it will lead to unexpected

GEMINI (May 21-June 20): "Did you learn how to think or how to believe?" When my friend Amelie was 9 years old, her father teased her with this query upon her return home from a day at school. It was a pivotal moment in her life. She began to develop an eagerness to question all she was told and taught. She cultivated a rebellious curiosity that kept her in a chronic state of delighted fascination. Being bored became virtually impossible. The whole world was her classroom. Can you guess her sign? Gemini! I invite you to make her your role model in the coming weeks.

CANCER (June 21-July 22): In the coming weeks, I advise you not to wear garments like a transparent Gianfranco Ferre black mesh shirt with a faux tiger-fur vest and a coral snake jacket that shimmers with bright harlequin hues. Why? Because you will have the most success by being down-to-earth, straightforward and in service to the fundamentals. I'm not implying you should be demure and reserved, however. On the contrary: hope you will be bold and vivid as you present yourself with simple grace and lucid authenticity.

LEO (July 23-Aug. 22): In 1811, Leo scientist Amedeo Avogadro (1776–1856) formulated a previously unknown principle about the properties of molecules. Unfortunately, his revolutionary idea wasn't acknowledged and implemented until 1911, 100 years later. Today, his well-proven theory is called Avogadro's law. According to my analysis of the astrological omens, Leo, you will experience your equivalent of his 1911 event in the coming months. You will receive your proper due. Your potential contributions will no longer be mere potential. Congratulations in advance

VIRGO (Aug. 23-Sept. 22): Israeli poet Yona Wallach mourned the fact that her soul felt far too big for her — as if she were always wearing the clothes of a giant on her small body. I suspect you may be experiencing a comparable feeling right now, Virgo. If so, what can you do about it? The solution is NOT to shrink your soul. Instead, I hope you will expand your sense of who you are so your soul fits better. How might you do that? Here's a suggestion to get you started: Spend time summoning memories from throughout your past. Watch the story of your life unfurl like a movie.

LIBRA (Sept. 23-Oct. 22): Nineteenth-century Libran physician James Salisbury had strong ideas about the proper ingredients of a healthy diet. Vegetables were toxic, he believed. He created Salisbury steak, a dish made of ground beef and onions, and advised everyone to eat it three times a day. Best to wash it down with copious amounts of hot water and coffee, he said. I bring his kooky ideas to your attention in hopes of inspiring you to purge all bunkum and nonsense from your life — not just in relation to health issues, but everything. It's a favorable time to find out what's genuinely good and true for you. Do the necessary research and investigation.

SCORPIO (Oct. 23-Nov. 21): "I'm amazed that anyone gets along!" marvels self-help author Sark. She says it's astonishing that love ever works at all, given our "idiosyncrasies, unconscious re-stimulations from the past projections, and the relationship history of our partners.' I share her wonderment. On the other hand, am optimistic about your chances to cultivate interesting intimacy during the coming months. From an astrological perspective, you are primed to be extra wise and lucky about togetherness. If you send out a big welcome for the lessons of affection, collaboration and synergy, those lessons will come in abundance.

SAGITTARIUS (Nov. 22-Dec. 21): Please don't make any of the following statements in the next three weeks: 1. "I took a shower with my clothes on." "I prefer to work on solving a trivial little problem rather than an interesting dilemma that means a lot to me." 3. "I regard melancholy as a noble emotion that inspires my best work. the other hand, Sagittarius, I invite you to make declarations like the following: 1. "I will not run away from the prospect of greater intimacy—even if it's scary to get closer to a person I care for." 2. "I will have fun exploring the possibilities of achieving more liberty and justice for myself." 3. "I will seek to learn interesting new truths about life from people who are unlike me.

CAPRICORN (Dec. 22-Jan. 19): Champions of the capitalist faith celebrate the fact that we consumers have over 100,000 brand names we can purchase. They say it's proof of our marvelous freedom of choice. Here's how I respond to their cheerleading: Yeah, I guess we should be glad we have the privilege of deciding which of 50 kinds of shampoo is best for us. But also want to suggest that the profusion of these relatively inconsequential options may distract us from the fact that certain of our other choices are more limited. In the coming weeks, Capricorn, I invite you to ruminate about how you can expand your array of more important choices.

AQUARIUS (Jan. 20-Feb. 18): My best friend in college was an Aquarius, as is my favorite cousin. Two exgirlfriends are Aquarians, and so was my dad. The talented singer with whom I sang duets for years was an Aquarius. So, I have intimate knowledge of the Aquarian nature. And in honor of your unbirthday — the time halfway between your last birthday and your next — I will tell you what I love most about you. No human is totally comfortable with change, but you are more so than others. To my delight, you are inclined to ignore the rulebooks and think differently. Is anyone better than you at coordinating your energies with a group? I don't think so. And you're eager to see the big picture, which means you're less likely to get distracted by minor imperfections and transitory frustrations Finally, you have a knack for seeing patterns that others find hard to discern. I adore you!

PISCES (Feb. 19-March 20): Is the first sip always the best? Do you inevitably draw the most vivid enjoyment from the initial swig of coffee or beer? Similarly, are the first few bites of food the most delectable, and your taste buds get diminishing returns after that? Maybe these descriptions are often accurate, but l'believe they will be less so for you in the coming weeks. There's a good chance that flavors will be best later in the drink or the meal. And that is a good metaphor for other activities as well. The further you go into every experience, the greater the pleasure and satisfaction will be — and the more interesting the learning

AUDIO HOROSCOPES and DAILY TEXT at 1–877–873–4888 or 1–900–950–7700. Go to RealAstrology.com to check out Rob Brezsny's EXPANDED WEEKLY MESSAGE HOROSCOPES. The audio horoscopes are also available by phone

Events must be entered through the calendar at lansingcitypulse.com. Deadline is 4 p.m. Wednesday for the upcoming Wednesday edition. Charges may apply for paid events to appear in print. If you need assistance, please call Nicole at (517) 999-5066.

Events & Happenings in Lansing This Week

Wednesday, July 26 Allen Farmers Market - 3-6:30 p.m. 1629 E. Kalamazoo St., Lansing. 517-999-3911. allenneighborhoodcenter.org/market.

Broadway Jazz Dance - All skill levels welcome. 6 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.

CharLit Adult Book Club - 6:30 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

"Fitness Over 50" Senior Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Central Park Pavilion. 9-10 a.m. 5151 Marsh Road, Okemos. meridian50plus.com.

FOWLERVILLE FAMILY FAIR - 9 a.m.-11 p.m. 8800 W. Grand River Ave., Fowlerville. 517-223-8186. fowlervillefamilyfair.com.

Higher Ground Enrichment Time - Kids can use the computers, eat snacks and have a great, safe time. Noon-6 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633.

Improv Acting Class - 7:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

It's Elementary: Zombee Hunting - Discover science in the world around you with experiments, crafts. activities and more. Snack included. Grades 3-6. Registration req. 3 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.org.

"The Journey Continues: American Aboriginal Art," by Brian Snyder - 11 a.m.-4 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingart-

Karaoke at Mac's Bar - 9 p.m. 2700 E. Michigan Ave., Lansing. 517-484-6795. macsbar.com.

Karaoke at Lansing Shuffle - Sing your favorite tunes or bring a group and listen while enjoying drinks and food. 7-10 p.m. 325 Riverfront Drive, Lansing. 517-940-4619. lansingshuffle.com.

Lansing Concerts in the Park – Shelby & Jake - 7 p.m. Bancroft Park, 1330 Otto St., Lansing. 517-483-. 4000. lansingmi.gov/994/concerts-in-the-park.

"LET THE PAINTINGS TALK" - 9 a.m.-8 p.m. CADL - Okemos Library, 4321 Okemos Road, Okemos. 517-347-2021. cadl.org/about/our-locations/okemos.

Mixed-Media Art Display by Jane Cloutier -Noon-4 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett

MSU Muelder Summer Carillon Concert Series: Katarzyna Takao-Piastowska - City carillonist for Emmerich am Rhein, Germany. 6 p.m. Beaumont Tower, 375 W. Circle Drive, East Lansing. 517-353-5340. music.msu.edu.

North of Five at Cleats Bar & Grille - 6:30 p.m. 5801 N. Aurelius Road, Lansing. 517-574-4008. cleatsbarandgrille.com.

Peggy Nusz - 7-10 p.m. Williamston Roadhouse, 3700 E. Grand River Ave., Williamston. 517-388-6133. williamstonroadhouse.com.

"Shouldn't You Be Working? 100 Years of Working from Home" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

St. Johns Concerts in the Park - Dave Bennett Quartet - 7 p.m. St. Johns City Park, 801 W. Park St., St. Johns. clintoncountyarts.org/experience-the-arts/concert-in-the-park.

Summer Reading Finale Foam Party & Carnival - Earn tickets for games and treats by completing GLADL summer reading logs. Everyone is invited to come play in the foam! 6 p.m. Jaycee Park Pavilion, 525 E. River St., Grand Ledge. 517-627-7014. gladl. org.

Taylor Taylor at the Graduate Rock Bar - 7 p.m. 133 Evergreen Ave., East Lansing. 517-348-0900. facebook.com/graduaterockbar.

Weaving the Web: Sacred Space - Join us online or in person for discussions, rituals, meditations and more! 6 p.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing. 517-657-5800. weaversoftheweb.org.

Wednesday Night Free Concerts - Slick Jimmy - 6-8:30 p.m. Marketplace on the Green, 1995 Central Park Drive, Okemos. 517-853-4000. meridian. mi.us/calendar.

Thursday, July 27

Acting Technique Class - 7:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Bath Farmers Market - 3-6:30 p.m. James Couzens Memorial Park, 13753 Main St., Bath. 517-641-6728, shophfm.org.

"Be Here Now" - 8 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. 517-655-7469. williamston-

Carl Pawluk at Old Bag of Nails Pub - 7 p.m. 210 Cascade Blvd., Lansing. 517-826-6266. facebook. com/oldbagofnailslansing.

Concerts at the Shell - Local Talent All-Stars - 7 p.m. McCormick Park, 300 N. Putnam St., Williamston. facebook.com/williamstonconcerts.

Tennant Performance Shell Concerts in the Park

Through Aug. 30 7 p.m. Wednesdays St. Johns City Park 801 W. Park St., St. Johns

The Clinton County Arts Council and Ćity of St. Johns' free outdoor concert series has six shows left to go before the summer wraps up. Bill Tennant, one of the founding members of the arts council and a longtime supporter of the arts in Clinton Countv. offers a deeper look into each of the upcoming performances.



July 26: Dave Bennett Quartet

"Bennett is a clarinet virtuoso who also plays electric quitar, piano, drums and vocalizes. He covers music from the swing era to early rockabilly and country, plus Elvis Presley and more. Joining him will be well-known mid-Michigan jazz musicians Jeff Kressler on keyboards and Ed Fedewa on bass along with Ann Arbor's Pete Siers on drums.

Aug. 2: C.A.R.Ma. Quartet

This group is made up of Peter 'Madcat' Ruth, a Grammy Award-winning harmonica player; John Churchville, a Grammy Award-winning tabla drummer; Brennan Andes, who has toured nationally and internationally with various groups; and Dan Ripke, who toured and performed with the rock-bluegrass group Back Forty. You will hear jazz, folk and blues along with American roots and world music."

Aug. 9: The Detroit Retro Society The Detroit Retro Society is one of Michigan's greatest music-entertainment production teams. Musically, the band includes some of Detroit's finest performers presenting a nice mix of Detroit sounds, including some of the most enjoyable classics along with modern pop hits."

Aug. 16: Full Cord
"Full Cord has made it into the top tier of bluegrass groups in the United States after winning two major awards last year: the prestigious 2022 Telluride Band Contest in Colorado and the International Bluegrass Music Association's Momentum Award for Band of the Year.

Aug. 23: Kari Holmes Band

Kari Holmes, a Nashville recording artist, is an exhilarating country/pop/rock singer. After signing a record contract with Nashville America Records, her career took off, gaining steam in Nashville and around the United States. Performing with her band, Holmes will hit the stage running with her fresh new sound; infective, vivacious personality; and incredible voice.

Aug. 30: Matt King

"A Michigan resident, Matt King has traveled throughout the United States and Europe entertaining audiences with his unique ability to bring the music of Elvis Presley to life via his moves, mannerisms, looks and costuming — and, of course, that distinctive voice.

Dimondale Farmers Market - 3-7 p.m. 136 N. Bridge St., Dimondale. villageofdimondale.org.

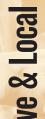
> Family Pops Concert - Free concert by the East Lansing Kiwanis Community Band. Bring blankets or lawn chairs. 7 p.m. Hawk Nest Park, 526 Buteo Drive, East Lansing. 517-332-5662.

FOWLERVILLE FAMILY FAIR - 9 a.m.-11 p.m. 8800 W. Grand River Ave., Fowlerville. 517-223-8186. fowlervillefamilyfair.com.

Higher Ground Enrichment Time - Kids can use the computers, eat snacks and have a great, safe time. Noon-6 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633.

Hot Pants de France - 8 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.

See Events, Page 27



CityPULSE 2000 Merritt Road, East Lansing

Friday Night Jams The Three Mikes Fri., July 28, 7-10 p.m

Sunday Jazz

Anthony Stanco, Rodney Whitaker, and Randy Napoleon







Williamston Theatre wraps up season with flawless finish

BV MARK GMAZEL

"Be Here Now," by Deborah Zoe Laufer, running at the Williamston Theatre through Aug. 20, is a strong showing by all involved. I highly recommend seeing this production, though it deals frankly with someone experiencing cancer and also mentions a family tragedy, so maybe leave the kids at home.

The play's protagonist, Bari (Sarab Kamoo), is a doctoral student who's having trouble completing her dissertation on nihilism. She relocates from New York to fictional small-town Coopersville and gets a job at a fulfillment center to

"Be Here Now"

8 p.m. Thursday-Saturday

122 S. Putnam St., Williamston

Through Aug. 20

3 p.m. Saturday

Williamston Theatre

williamstontheatre.org

2 p.m. Sunday

517-655-7469

make ends meet.

Bari is witty and sardonic, even abrasive to those around her, but she eventually builds a rapport with her co-workers Patty Cooper (Sandra Birch) and Luanne Cooper (Sophia

Psiakis), who try to set

her up with the town's most eligible bachelor, Patty's cousin Mike Cooper (John Lepard).

Meanwhile, Bari has been experiencing increasingly intense headaches and seizures, the significance of which she diminishes to herself and those around her because as her illness intensifies, she begins to feel like a new and better person. The play deals with

the transformation of Bari's personality through illness, distrust of medication and friendship. Bari perceives her illness as an enlightening epiphany and is desperate to hold onto her spells, no matter the cost.

Kamoo continues to make a strong mark on professional stages with her

incandescent performance as
Bari. Life throws the character
a monkey wrench in the shape
of a "kiwi-sized tumor," which
changes her priorities and perspectives and causes her to experience life in an entirely new
way. Kamoo's strengths include inten-

sity, suddenness and unpredictability, which she uses to great effect in this production. One of the most technically difficult things for an actor to do is to play through emotional and intellectual material while also presenting physical pain and discomfort, and most actors get stuck 'showing' you their malady

without paying attention to the intellectual and emotional notes of a scene, but Kamoo masterfully juggles it all, and her performance alone is worth the price of admission.

Lepard is clear and direct in his portrayal of Mike Cooper. Subtle, deft and consistent, his sure handling of several sensitive scenes helps elevate the entire production. Lepard has strength and quiet assurance borne of success, confidence and intense suffering, and this may be my favorite performance yet, as he hardly seems to be working at all. If I didn't know better, I would believe that his character portrayal was the "real him." As an actor myself, I plan to see this play again so I can fully digest the scope of Lepard's skills. His first entrance alone, though practically silent, is one of the funniest I've seen.

Birch returns to the stage with another well-performed, down-to-earth character, Patty Cooper, who uses homespun humor and a handy recall of astrology to guide and advise her friends. It's easy to sink toward low humor and buffoonery in this type of role, but Birch keeps her characterization grounded in honest reality, allowing her to mine strong laughs while also packing an emotional heft. She knows how to deliver a punchline, and her performance features great pacing and strong vocal choices.

Psiakis brings plenty of sauce and pep to her performance as Luanne Cooper. While gradually revealing her character's perceptiveness and empathy, Psiakis shows a charming ability to easily sum up complex emotions. She infuses her character with sweetness and simplicity and quietly makes her points stick. Psiakis has a deft touch with thrown-away lines that shows depth and assurance.



Photo by Chris Purchis

Sardonic protagonist Bari (Sarab Kamoo) and love interest Mike Cooper (John Lepard) in Williamston Theatre's production of "Be Here Now," by Deborah Zoe Laufer.

The cast's chemistry is wonderful throughout the production, but the first scene between Lepard and Kamoo, with multiple awkward overlaps and interruptions, features some of the best acting I've seen in years. Kudos to director Rob Roznowski for setting the table for these outstanding performances.



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"The Journey Continues: American Aboriginal Art," by Brian Snyder - 11 a.m.-4 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

Laingsburg Farmers Market - 5-8 p.m. First Congregational Church of Laingsburg, 401 E. Grand River Road, Laingsburg. 517-295-8128. laingsburgbusiness. org/farmers-market-1.

LBCA's FREE Summer Concert Series – Deerfield Run - 7 p.m. McClintock Park Amphitheater, 255
McClintock St., Laingsburg. laingsburgbusiness.org/music-in-the-park.

"LET THE PAINTINGS TALK" - 9 a.m. -8 p.m. CADL - Okemos Library, 4321 Okemos Road, Okemos. 517-347-2021. cadl.org/about/our-locations/okemos.

Mixed-Media Art Display by Jane Cloutier - Noon-6 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

Modern Dance Class - 6 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Music in the Garden – Global Village - 7 p.m. Veterans Memorial Gardens Amphitheater, 2074 N. Aurelius Road, Holt. 517-694-2135. delhitownshipmi.gov.

Music in the Park – Mixed Flavors, opener Kanin Wren - Food concessions available onsite, 7 p.m. Jaycee

Park, 525 E. River St., Grand Ledge. grandledge-chamber.com/music_in_the_park.php.

Online Account Inventory - Join our technology coordinator to explore the idea of what happens to your social media accounts after you die. Intended for adults. 5 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

Rock Painting - Brighten up these everyday objects and hide them around town for the community to find later. Grades K-3. 10:30 a.m. Playground of Dreams Pavilion #2, 100 Howe Drive, Eaton Rapids. 517-663-0950. eradl.org.

"Shouldn't You Be Working? 100 Years of Working from Home" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Summer Concerts on the Square – Soul Town - 6:30 p.m. Courthouse Square, 100 W. Lawrence Ave., Charlotte. 517-543-0400. micharlotte.org.

Thursday Night Live Courthouse Concert – Mama Tryd Band - 6:30-8 p.m. Ingham County Courthouse lawn, 315 S. Jefferson St., Mason. 517-676-1046. masonchamber.org.

Two Rivers Sounds of Summer – The Cover Brothers - Free. 6:30 p.m. Two Rivers Park, Dixie Highway, Portland. miportland.org/events.

Wacousta Picnic Playdate Family Storytime -Stories, songs, activities and a snack. Event will be canceled if it rains or storms. 11 a.m. Wacousta Community United Methodist Church, 9180 Herbison Road, Eagle. 517-627-7014. gladl.org. Friday, July 28 "Be Here Now" - 8 p.m

"Be Here Now" - 8 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. 517-655-7469. williamstontheatre.org.

Brian Byrnes at Harrison Roadhouse - 6 p.m. 720 E. Michigan Ave., East Lansing. 517-337-0200. harrisonroadhouse.com.

Craft Club - Make different types of friendship bracelets. Grades 4-12. Registration req. 4 p.m. Charlotte Community Library, 226 S. Bostwick St., Charlotte. 517-543-8859. charlottelibrary.

Cruise to Holt - Bring your classic, modern or project cars and bikes — if it has wheels, bring it, or just come take a look! 5-8 p.m. Holt Farmers Market parking lot, 2150 Cedar St., Holt. 517-694-2135. delhitownshipmi.gov.

The Dangling Participles at The Peanut Barrel - 8 p.m. 521 E. Grand River Ave., East Lansing. 517-351-0608. peanutbarrel.com.

"Fitness Over 50" Senior Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Central Park Pavilion. 9-10 a.m. 5151 Marsh Road, Okemos. meridian 50 plus.com.

FOWLERVILLE FAMILY FAIR - 9 a.m.-11 p.m. 8800 W. Grand River Ave., Fowlerville. 517-223-8186. fowlervillefamilyfair.com.

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Events

from page 27

Friday Night Concert Series - Stone Street Revival - 7 p.m. Lake Lansing Park South Bandshell, 1621 Pike St., Haslett. 517-676-2233. pk.ingham.org.

"Frozen Jr." - 7 p.m. Hannah Community Center, 819 Abbot Road, East Lansing. 517-319-6957. cityo-

Celebrating the Spectrum Finale Concert

Saturday, July 29 4 p.m. **Cook Recital Hall** 333 W. Circle Drive, East Lansing



Every summer, Michigan State University's College of Music hosts a weeklong piano program for young musicians on the autism spectrum. Participants take part in instruction, lectures, performances and on-campus living to get a glimpse into the life of a music major at MSU.

The program culminates in a free piano concert that allows the participating musicians to show off everything they've learned during the week. This year, the concert is taking place 4 p.m. Saturday (July 29) at the Cook Recital Hall inside MSU's Music Building.

The four returning participants, David Ginther, Masha Staples, Nathan Chen and Owen Whitman, and two new students, Matthew Miller and Jude Nyame Yie Kofie, have been preparing for the show with daily masterclasses on piano repertoire, additional classes on chamber music and jazz improvisation and other lectures by MSU professors of musicology, music theory and neuropsychology.

"Each year, the students who attend our Celebrating the Spectrum program amaze and inspire us," said Deborah Moriarty, Celebrating the Spectrum co-founder and chair of the MSU Keyboard Area. "These talented young adults give it their all during a fun but intense week, and the finale concert on the last day is truly a celebration of their achievements. It's inspiring and uplifting for everyone involved, including those who attend the concert.'

State of Michigan. Ingham County Probate Court. Notice to Creditors. Decedent's Estate. Case No. 23-750-DE. Estate of Max Leroy Pierce 04/12/1942. The decedent, Max Leroy Pierce, died 05/27/2023. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Rebecca Budden, personal representative, or to both the Ingham County Probate Court at 313 W. Kalamazoo St. Lansing, MI 48933 and the personal representative within 4 months after the date of publication of this notice. 07/14/2023 Robert Refior II P43374 1515 W. Mt. Hope Ave Ste. 5 Lansing, MI 48910 517-374-8890. Rebecca Budden 23808 Valencourt Rd. Copemish, MI 49625

CP#23-170

CITY OF LANSING NOTICE OF PUBLIC HEARING

Z-7-2023, 3712 S. Cedar Street Rezoning from "MX-C" Mixed Use Center to "S-C" Suburban Commercial

The Lansing City Council will hold a public hearing on Monday, August 14, 2023 at 7:00 p.m. in the Tony Benavides Lansing City Council Chambers, 10th Floor, Lansing City Hall, 124 W. Michigan Avenue, Lansing, Michigan to consider a request by Saevn Kesto, 3712 S. Cedar, LLC to rezone 3712 S. Cedar Street, legally described as:

Lots 8 & 9, Jessops Home Gardens Subdivision,

from "MX-C" Mixed-Use Center to "S-C" Suburban Commercial to permit a motor vehicle repair facility on the subject property.

For more information, please call 517-483-4177. If you are interested in this matter, please attend the public hearing or send a representative. Written comments will be accepted between 8 a.m. and 5 p.m. on City business days if received before 5 p.m., on the day of the Public Hearing at the City Clerk's Office, Ninth Floor, City Hall, 124 West Michigan Ave., Lansing, MI 48933 or email city.clerk@lansingmi.gov.

Chris Swope, Lansing City Clerk, MMC/MiPMC www.lansingmi.gov/Clerk www.facebook.com/LansingClerkSwope

CP#23-174

feastlansing.com/allofus.

Higher Ground Enrichment Time - Kids can use the computers, eat snacks and have a great, safe time. Noon-6 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633.

"The Journey Continues: American Aboriginal Art," by Brian Snyder - 11 a.m.-6 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingart-

Karaoke at High Caliber Karting - 7-11 p.m. 1982 W. Grand River Ave., Suite 800, Okemos. 517-721-1790. highcaliberkarting.com.

"LET THE PAINTINGS TALK" - 9 a.m.-8 p.m. CADL -Okemos Library, 4321 Okemos Road, Okemos. 517-347-2021. cadl.org/about/our-locations/okemos.

Live Music on the Patio at Lansing Shuffle - 8-11 p.m. 325 Riverfront Drive, Lansing. 517-940-4619. lansingshuffle.com.

Main Street Dueling Pianos at Lansing Brewing Co. - 7:30 p.m. 518 E. Shiawassee St., Lansing. 517-371-2600. lansingbrewingcompany.com.

Mixed-Media Art Display by Jane Cloutier - Noon-4 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-loca-

"Shouldn't You Be Working? 100 Years of Working from Home" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800, broadmuseum.msu.edu.

Time2Play - 8 p.m. UrbanBeat, 1213 Turner St., Lansing. 517-331-8440. urbanbeatevents.com.

Saturday, July 29

BAD Brewing Anniversary Party - Live music by the Dead Lennies 1-3:30 p.m., Pinter Whitnick 4-8 p.m. BAD Brewing Co., 440 S. Jefferson St., Mason, 517-676-7664, badbrewing.com.

"Be Here Now" -3 and 8 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. 517-655-7469. williamstontheatre.org.

Car Capital Auto Show - DJ, food trucks, awards and plenty of amazing automobiles. Admission into the museum 50% off. 10 a.m.-3 p.m. R.E. Olds Transportation Museum, 240 Museum Drive, Lansing. 517-372-0529. reoldsmuseum.org.

Celebrating the Spectrum Closing Concert - 4 p.m. Cook Recital Hall, 333 W. Circle Drive, East Lansing. 517-353-5340. music.msu.edu.

"Frozen Jr." - 3 p.m. Hannah Community Center, 819 Abbot Road, East Lansing. 517-319-6957. cityofeastlansing.com/allofus.

International Tiger Day Celebration - Discover fascinating facts, engage in interactive activities and gain a deeper understanding of the conservation efforts dedicated to protecting these iconic species. 10 a.m.-4 p.m. Potter Park Zoo, 1301 S. Pennsylvania Ave., Lansing. 517-483-4222. potterparkzoo.org.

Introduction to Zentangles - Each participant will create 2 "tiles" and learn the tools to continue their Zentangle journey. 18+. 10 a.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

"The Journey Continues: American Aboriginal Art," by Brian Snyder - 11 a.m.-4 p.m. Lansing Art Gallery & Education Center, 300 S. Washington Square, Suite 100, Lansing. 517-574-4521. lansingartgallery.org.

"LET THE PAINTINGS TALK" - 9 a.m.-7 p.m. CADL - Okemos Library, 4321 Okemos Road, Okemos. 517-347-2021. cadl.org/about/our-locations/

Live Music on the Patio at Lansing Shuffle - 8-11 p.m. 325 Riverfront Drive, Lansing. 517-940-4619. lansingshuffle.com.

Meridian Township Farmers Market - 8 a.m.-2 p.m. Marketplace on the Green, 1995 Central Park Drive, Okemos. 517-712-2395. meridian.

Mixed-Media Art Display by Jane Cloutier - Noon-2 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett.

Modern Dance Workshop - The Lester-Horton technique's emphasis on flat backs, pelvic hinges and "lateral Ts" produces a long-muscled, power-house dancer. 11 a.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Piper Avenue at BrickHaven Brewing Co. - 6:30 p.m. 200 E. Jefferson St., Grand Ledge. 517-925-1319. facebook.com/brickhavenbrewing.

Potts Road - 7-11 p.m. Williamston Roadhouse 3700 E. Grand River Ave., Williamston. 517-388-6133. williamstonroadhouse.com.

"Shouldn't You Be Working? 100 Years of Working from Home" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Village Crafters Crafter-to-Crafter Sale - Selling unused and unwanted craft supplies. 10 a.m.-4 p.m. Mason VFW, 1243 Hull Road, Mason. 517-896-7281. facebook.com/villagecraftersgroup.

Sunday, July 30 "Be Here Now" - 2 p.m. Williamston Theatre, 122 S. Putnam St., Williamston. 517-655-7469. williamstontheatre.org

East Lansing Farmers Market - Solo performances by Dan Dan of The Swift Brothers. 10 a.m.-2 p.m. Valley Court Park, 280 Valley Court, East Lansing, cityofeastlansing.com/farmersmarket.

Eastern Ingham Farmers Market - 10 a.m.-2 p.m. McCormick Park, 123 High St., Williamston. 517-618-1630. easterninghamfarmersmarket.org.

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CROSSWORD SOLUTION From Pg. 25

B A E A L A I B E A M M O A N A CILIA ROSAPARKS RANDR PESETA TONEROVERDO EMTGETON MOOS BARBARAHEPWORTH SARAHYEA S E E S A W N O N O S DONATE HIHI K I T M O N I C A S E L E S F R O M S A N T A H E A R T C O R E A E S P E Z I N E S N O R T R Y E D E N S E

SUDOKU SOLUTION From Pg. 25

FOOD & DRINK Dinner party like a farm star

By ARI LEVAUX

Many of my favorite recipes come from the kitchens of farmer friends. There's a pleasing elegance to farm cookery. It's a cuisine forged by the circumstances of a land-based lifestyle, yet it makes total sense in the home kitchens of anyone who wants to serve healthy, plant-based food — and lots of it. Farm cuisine is simple to prepare and able to tame the kind of hunger that follows a day of hard work.

Farm cooks pass around recipes like heirloom seeds. Each new kitchen is a pristine habitat in which one recipe can evolve into another. Among farmers, the DNA of a recipe can be conveyed in broad strokes. But, as in a game of telephone, missing information can be replaced by an active imagination, which is what accounts for the differences between my friends Josh and Luci's carrot pasta recipes.

Carrot pasta epitomizes what a farm cook might prepare in the winter, but carrots are always in season, which makes this a go-to dish any time of year. Rich, sweet and full of fat and carbs, carrot pasta is what a human being longs to eat.

Josh first showed me the recipe, which he learned from Luci during a short phone conversation. Luci had learned it from her sister's second ex-husband, Ernesto, who learned it from his mom in Milan.

Knowing Josh and Luci as well as I do, it was fun to see how their differing personalities and circumstances shaped different versions of the same recipe.

Josh had no prep cook but a full cleanup crew. These circumstances



Courtesy of Ari LeVaux

Josh's finished pasta with grated carrots and a healthy serving of cheese.



Courtesy of Ari LeVaux

Luci's finished pasta with sliced carrots and a garnish of parsley.

allowed him to tornado through the kitchen, which combined well with the fact that he was in more of a hurry. Less

in the pan

detail-oriented, his improv game was as fluid as a jazz soloist.

Luci was more of a craftsman in the kitchen - and a stickler to what did and did not fly.

When she needed a chopper, she roped in anyone within shouting range which was quite a large area. By that time, Josh, all by his lonesome with a podcast, had already grated a load of carrots in a Cuisinart.

Carrot pasta

This recipe includes both Josh's and Luci's renditions of carrot pasta. They are two sides of a similar coin, two data points on a graph of carrot pasta. Your job is to triangulate these two recipes to fit your lifestyle.

Serves four

1 pound pasta ("Big noodles, like rigatoni, work better than skinny noodles that stick together, like angel hair," Josh said)

3 pounds peeled carrots, grated or sliced into thin coins

1/2 cup plus 2 tablespoons olive oil (Josh uses more than a cup but skips the cream later on, probably because he doesn't have a cow)

2 tablespoons butter (a rare point of agreement)

1 hot pepper, sliced in half, which Luci adds "at some point"

1 to 2 cloves garlic, pressed, minced or crushed

6 ounces grated Parmesan, Romano or a blend of both

1 cup heavy cream (if you have a cow or know where to get some cream)

1/2 teaspoon black pepper

1/2 teaspoon salt

Optional: chopped anchovies to taste

Garnish suggestion: parsley

Cook the carrots in a skillet on low heat with 1/2 cup of olive oil. Josh cooks his grated carrots for about 30 minutes, stirring often. Luci cooks her coins for two to three hours, stirring occasionally, until they nearly disintegrate.

The carrots will release water as they cook down and may spend some time submerged until the water cooks off. About 90 minutes in, when the carrot slices taste faintly like artichoke hearts, add 3/4 of the cheese, the butter, half the garlic and the hot pepper and anchovies if using. Let it slowly caramelize with the lid on, stirring every 20 minutes or so. If it starts to solidify, add another cup of water and cover until the cheese dissolves.

Meanwhile, bring a pot of salted water to a boil and cook the noodles. Drain and, while still piping hot, toss with 2 tablespoons of olive oil and the other half of the garlic. Set aside.

When the carrots and cheese have melted together, add the cream if using, plus the salt and black pepper. Mix but don't homogenize. Luci's husband called me to make sure I understood this.

"When the carrot coins have almost turned into a paste, at the very end, you add the cream," he said. "It's like when you add milk to hot cereal but don't totally mix it. The oil is floating on the cream, and the cream isn't integrated."

Toss the noodles in the sauce. Sprinkle the remaining cheese on top, garnish with something green and serve.



El Oasis Lansing (517) 648-7693 eloasisfood.com

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Ted Cedar spirits®

July specials for . . . Red, White & Blue Bourbon 2023 award winning bourbon



2000 Merritt Road, East Lansing 4 - 11 p.m. Thu, Fri and Sat, 4 - 9 p.m Tues Wed, Sun



Events

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Free Outdoor Summer Concert Series at University Lutheran Church – LCB Big Band - 6 p.m. 1020 S. Harrison Road, East Lansing. 517-332-2559. ulcel. org.

"Frozen Jr." - 3 p.m. Hannah Community Center, 819 Abbot Road, East Lansing. 517-319-6957. cityofeast-lansing.com/allofus.

JUGGLERS AND WOULD-BE JUGGLERS - Jugglers meet at the Orchard Street Pump House at 2 p.m. Sundays. 368 Orchard St., East Lansing. mikemarhanka@gmail.com.

Karaoke Kickback Summer Jam featuring Sammie - 8 p.m.-1 a.m. The Junction, 410 S. Clippert St., Lansing. 517-414-9915. facebook.com/karaokekickback.

Laingsburg Outdoor Farmers Market - 10 a.m.-2 p.m. Roosevelt Row, Laingsburg. 517-295-8128. laingsburgbusiness.org/farmers-market-1.

"LET THE PAINTINGS TALK" - Noon-6 p.m. CADL - Okemos Library, 4321 Okemos Road, Okemos. 517-347-2021. cadl.org/about/our-locations/okemos.

Live music on the patio with Tony Thompson - Noon-3 p.m. Lansing Shuffle, 325 Riverfront Drive, Lansing. 517-940-4619. lansingshuffle.com.

Pizza lunch and the movie "CODA" - Love offerings accepted to cover cost of pizza. Noon. Unity Spiritual Center of Lansing, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

Roller Derby Basic Skills Boot Camp - 5-7 p.m. Court One Training Center, 7868 Old M-78, East Lansing. 517-802-7974. lansingrollerderby.com.

"Shouldn't You Be Working? 100 Years of Working from Home" - 10 a.m.-6 p.m. Eli & Edythe Broad Art Museum, 547 E. Circle Drive, East Lansing. 517-884-4800. broadmuseum.msu.edu.

Spirit Energy - Drumming at 11 a.m. Potluck at

noon. Psychic fair & vendors 1 to 3 p.m., with mini readings, holistic healings and chair massage. Lighthouse Chapel, 1501 Windsor St., Lansing. 517-712-2622. facebook.com/lansinglighthousechapel.

"Who Is You?" with Prem Mulberry - Explore the trinity of yourself — who you think you are, who others think you are and who you really are. 9:30 a.m. Unity Spiritual Center of Lansing, 2395 Washington Road, Lansing. 517-371-3010. unitylansing.org.

Monday, July 31

Amusement Park Science - Weeklong camp for ages 8-9. Experiment with physics, friction, inertia and momentum to find out how amusement park rides work! 9 a.m.-4 p.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

Broadway Jazz Dance - 6 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Cardboard Arcade - Weeklong camp for ages 10-12. Transform the classroom into an arcade with tokens, tickets and prizes! 9 a.m.-4 p.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

Cirque Amongus - Comedy, circus skills and audience participation collide in this unique performance. 3 p.m. Playground of Dreams, 100 Howe Drive, Eaton Rapids. 517-663-0950. eradl.org.

Downtown Development Authority meeting - 6 p.m. Laingsburg City Hall, 114 S. Woodhull Road, Laingsburg.

Department of Public Works meeting - 5:30 p.m. Laingsburg City Hall, 114 S. Woodhull Road, Laingsburg.

Eco Explorers - Weeklong camp for ages 6-7. Explore the great outdoors as a naturalist and discover what's lying in our yards, rivers and forests. 9 a.m.-4 p.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5. org.

"Fitness Over 50" Senior Exercise Group - The Meridian Township Parks and Recreation Stretch and Flex Exercise group exercises at Central Park Pavilion. 9-10 a.m. 5151 Marsh Road, Okemos. meridian50plus.com.

Higher Ground Enrichment Time - Kids can use the computers, eat snacks and have a great, safe time. Noon-6 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633

Improv! Acting Camp - Act on your feet! Don't think about it, let it come to you by free association! Ages 5-13. 10 a.m.-1 p.m. Monday-Thursday. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Improv Acting Class - 7:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Ingham County Fair - 4 p.m. Ingham County Fairgrounds, 700 E. Ash St., Mason. 517-676-2428. fair. ingham.org.

Jump Into Reading - Stories, songs, activities and therapy dogs. Intended for children ages 0-5 and their caregivers. 11 a.m. Playground of Dreams, 100 Howe Drive, Eaton Rapids. 517-663-0950. eradl.org.

"LET THE PAINTINGS TALK" - 9 a.m. -8 p.m. CADL - Okemos Library, 4321 Okemos Road, Okemos. 517-347-2021. cadl.org/about/our-locations/okemos.

Mixed-Media Art Display by Jane Cloutier - Noon-4 p.m. CADL - Haslett Library, 1590 Franklin St., Haslett. 517-339-2324. cadl.org/about/our-locations/haslett

Reiki for Kids & Teens - Fun, engaging, hands-on activities teach students about Reiki energy and its history. 5 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Sense-sational Science - Weeklong camp for 5-year-olds. Get a taste of what it means to be a real scientist by improving your observational skills and getting in touch with your body and five senses. 9 a.m.-4 p.m. Impression 5 Science Center, 200 Museum Drive, Lansing. 517-485-8116. impression5.org.

Tuesday, Aug. 1

Acting Technique Class - 7:30 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.

Ballet Class - 6 p.m. Ruhala Performing Arts Center, 1846 Haslett Road, East Lansing. 517-337-0464. ruhalacenter.com.



Bubble Play Date - Hands-on, immersive play experience for adults and littles. Dress to get messy! Registration req. 6:30-7 p.m. Patriarche Park, 1100 Alton St., East Lansing. lansingarealittles.com.

Downtown Lansing Farmers Market - 3-7 p.m. Reutter Park, 400 S. Capitol Ave., Lansing. downtownlansing.org/downtown-farmers-market.

Family Pops Concert - Free concert by the East Lansing Kiwanis Community Band. Bring blankets or lawn chairs. 7 p.m. Orchard Street Pump House, 368 Orchard St., East Lansing. 517-332-5662.

Higher Ground Enrichment Time - Noon-6 p.m. Higher Ground Community Development Center, 3637 W. Jolly Road, Lansing. 517-894-1633.

Ingham County Fair - Noon. Ingham County Fairgrounds, 700 E. Ash St., Mason. 517-676-2428. fair.ingham.org.

LAGE Game Night East - Variety of board games, card games, dice games, cooperative games and strategy games. 6:30-11 p.m. The Junction, 410 S. Clippert St., Lansing. meetup.com/lansing/events.

LAGE Game Night West - 6:30-11 p.m. Frank's Press Box, 7216 W. Saginaw Hwy., Lansing. meetup. com/lansing/events.

"LET THE PAINTINGS TALK" - 9 a.m.-8 p.m. CADL - Okemos Library, 4321 Okemos Road, Okemos. 517-347-2021. cadl.org/about/our-locations/okemos.

National Night Out, Touch-a-Truck - Police and fire department vehicles, police K9s, bubbles, sidewalk chalk, giant yard games, food and more. 6-8 p.m. East Lansing Public Library, 950 Abbot Road, East Lansing. 517-351-2420. elpl.bibliocommons.com.

Picnic Playdate: A Family Storytime - Follow the little red wagon to the Trinity Episcopal Church playground for a summery family storytime with songs, activities and a snack! 11 a.m.-noon. Grand Ledge Area District Library, 131 E. Jefferson St., Grand Ledge. 517-627-7014. gladl.org.

River Walk Trash Cleanup - Pick up the trash on the Lansing River Trail and the areas around our building! 11 a.m. Keys to Manifestation, 809 Center St., Suite 7, Lansing. 517-974-5540. manifestlansing.com.insert

Summer in the Park: Jungle Story Time - 11 a.m. Oak Park, corner of Clinton and Seminary streets, Charlotte. 517-543-8859. charlottelibrary.org.

Trivia at Lansing Shuffleboard & Social Club with DJ Trivia - 7:30-9 p.m. 325 Riverfront Drive, Lansing. 517-940-4619. lansingshuffle.com.

Watercolor bookshelves - Create a beautiful piece of art using Andrea Nelson's watercolor method! Intended for teenagers. 3 p.m. Eaton Rapids Area District Library, 220 S. Main St., Eaton Rapids. 517-663-0950. eradl.org.

THE PULSIFIEDS

Haiti Baby Box & Soaring Unlimited Benefit Rummage & Bake Sale

Sheet Metal Workers Ass'n Hall, 4931 Contec Dr., (North off E. Jolly Rd.), Lansing, Michigan. For information, call Jean 517.974.5085 Thurs. & Fri. July 27 & 28, 9am-6 pm Sat., July 29, 9am - 1 p.m.

Spirit Energy and 27th Birthday Celebration of the Light House Chapel! Sunday, July 30. 11 AM to 12:00 PM Drumming; 12-1 PM Potluck; 1-3 PM Spirit Energy Fundraiser. Mini Readings, Holistic Healings, Chair Massage. 1501 Windsor St. Lansing, MI 48906



Based on your votes in City Pulse's 2022 Top of the Town contest. Bon appétit!

TOP 5 INDIAN RESTAURANTS

1. Swagath Indian Cuisine

Tandoori dishes, vegetarian mains and other Indian eats offered in a small, comfortable setting 1060 Trowbridge Road, East Lansing 517-763-2277 swagathcuisine.com 11:30 a.m.-3 p.m., 5-9:30 p.m. Wednesday-Sunday 11:30 a.m.-3 p.m., 5-9 p.m. Monday

2. Sindhu Indian Cuisine

Indian restaurant offering hearty portions, plus a lunch buffet

4790 Hagadorn Road, Suite 132, East Lansing 517-351-3080

11:30 a.m.-2:30 p.m., 5-9:15 p.m. Monday-Tuesday, Thursday-Friday Noon-3 p.m., 5-9:15 p.m. Saturday-Sunday

3. Persis Indian Grill

Casual Indian restaurant serving biryani and other classic dishes in a relaxed atmosphere 3536 Meridian Crossing Drive, Okemos 517-993-5927 persisokemos.com 11:30 a.m.-2:30 p.m., 5-9 p.m.

11:30 a.m.-2:30 p.m., 5-9 p.m. Monday-Thursday 11:30 a.m.-2:30 p.m., 5-9:30 p.m. Friday

Noon-3 p.m., 5-9:30 p.m. Saturday Noon-3 p.m., 6-8:30 p.m. Sunday

4. Paradise Biryani Pointe

Indian chain specializing in Mughlai and tandoor dishes 4760 Marsh Road, Okemos 517-483-2280 paradisebiryanilansing.com 11:30 a.m.-3 p.m., 5:30-9:30 p.m. Monday-Thursday 11:30 a.m.-3 p.m., 5:30 p.m.-10 p.m. Friday-Saturday 11:30 a.m.-3 p.m., 5:30-9 p.m. Sunday 11:30 a.m.-3 p.m., 5:30-9 p.m. Sunday

5. Sree Saffron

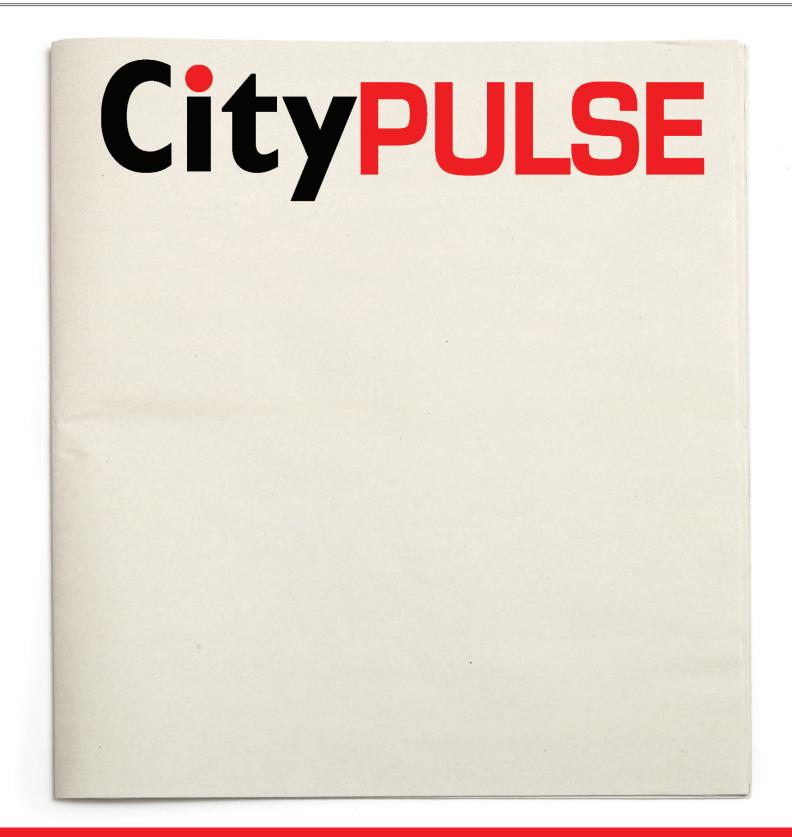
Intimate restaurant serving a variety of authentic Indian dishes

4750 Hagadorn Road, Suite 60, East Lansing 517-993-5979

sree-saffron-authentic-indian-kitchen. business.site

11:30 a.m.-2:30 p.m., 5-9:30 p.m. Tuesday-Sunday

Coming Sept. 13: Top of the Town 2023



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DISCLAIMER: For use by individuals 21 years of age or older. Keep out of reach of children. It is illegal to drive a motor vehicle while under the influence of marihuana. Use by pregnant or breastfeeding women, or by women planning to become pregnant, may result in fetal injury, preterm birth, low birth weight, or developmental problems for the child. National Poison Control Center 1-800-222-1222.