

RATHBUN

Affordable Care Act Health Exchange opens October 1 Rathbun Insurance is available to help with information and enrollment assistance. (517) 482-1316 www.rathbunagency.com LOWEST Clothing Prices

tor not in the second s

iscover

 check out our huge selection of clothing for men & women new & nearly new, vintage, designer labels, casual, business, and more
kids' & babies' wear
kids' & babies' wear
shoets
athletic apparel
jewelry
dorm & apartment housewares, dinnerware, small appliances, bedding, framed mirrors & art, decorator pieces
great source for halloween costumes
with 1000s of items added weekly



amazingly close to MSU campus 4790 S. Hagadorn Road between Grand River & Mt. Hope in Hannah Plaza

Go to www.ValueWorld.net Sign up for exclusive email promotions & announcements

CP-913 NEW CUSTOMER

500, **F** your entire

Valid at East Lansing, MI location only. Coupon must be presented prior to sale. Not valid with other offers. Not valid for purchas ards. One coupon per customer. No conjes or reproductions accepted. VALID THRU OCT. 15, 2013

your entire purchase with this coupon City Pulse • September 25, 2013

NOW OPEN MARU EAST LANSING on Lake Lansing and Coolidge

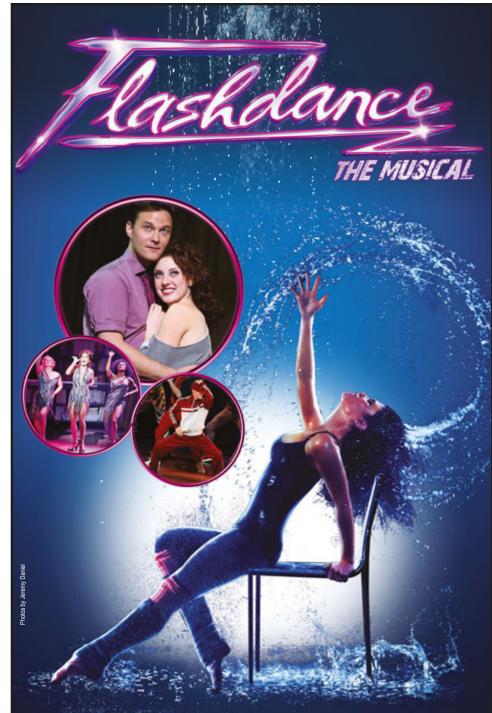


moru sushi & grill okemos . east lansing . grand rapids

MARUrestaurant.com

-ans receive updates on daily specials and exclusive fan only promotions.





THE ICONIC FILM - NOW A STAGE MUSICAL

OCTOBER 8-13 MSU'S WHARTON CENTER TICKETS ON SALE **NOW!** FEATURING THE #1 HIT SUNGS VIUL DUR FEATURING THE #1 HIT SUNGS VIUL DUR WHARTONCENTER.COM • 1-800-WHARTON

IUTITU TUL TE LUTI UUTUU TUU EUT HASHDAWEL.WHAT A FEELWE, MANAE & MORE East Lansing engagement is welcomed by The Christman Company; Demmer Corporation; Farm Bureau Insurance; and Fifth Third Bank



VOL

Feedback

Support for Schauer

I support Mark Schauer for governor, and I know he will lead Michigan with the middle class in mind.

For the past four years, we have seen nothing but tax breaks for rich CEOs and corporate special interests, while the state's children, seniors and middle class foot the bill. It's time for that to change, and that's why I'm supporting Mark Schauer for governor.

As a strong supporter, I'd be happy to take on any role he asked of me. Right now I remain focused on serving the residents of Ingham County as their clerk, advocating for reforms that make it easier for qualified, registered voters to cast ballots, and working with Mark Schauer and others to get Michigan back on track.

- Barb Byrum **Ingham County Clerk**

Palm oil problems

The joint venture between palm oil trader Wilmar International and Michigan company Kellogg is a great opportunity for Kellogg and our state, but it is not all rainbows. Wilmar International has a reputation for not only illegally sourcing their palm oil, but also destroying thousands of acres of rainforeset. These rainforests are home to the Sumatran tiger (of which there are only 400 left!), orangutans, and numerous local tribes, all of whom are in danger of losing their homes and livelihoods. Luckily, Kellogg is in a position to help. The partnership with Wilmar gives them leverage to encourage Wilmar to adopt more sustainable practices! I urge you to contact Kellogg

CEO John Bryant at (269) 961-2000 and make your voice heard. Kellogg has a reputation for being the "good guys"...let's make sure they keep it!

– Aaron Richard Haslett

CORRECTIONS

Due to a reporting error, a story last week incorrectly said when Curtis Hertel Sr. served as cospeaker of the House. He served in that role in 1993-'94.

Due to an editing error, last week's list of Lansing-area artists participating in ArtPrize was incomplete. The list should have also included:

• Gary Arens, DeWitt, "Lost Prairie" (woodcarving)

Alina Poroshina, Eagle, "Seraph" (oil)

• Pamela Timmons, Bath, "Captured Chaos" (clay)

• Katie Woodhams, Owosso, "Burning" (mixed)

Have something to say about a local issue or an item that appeared in our pages? Now you have two ways to sound off:

1.) Write a letter to the editor.

E-mail: letters@lansingcitypulse.com
Snail mail: City Pulse, 1905 E. Michigan Ave., Lansing, MI 48912

2.) Write a guest column: Contact Berl Schwartz for more information:

publisher@lansingcitypulse.com or (517) 999-5061

(Please include your name, address and telephone number so we can reach you. Keep letters to 250 words or fewer. City Pulse reserves the right to edit letters and columns.)

This week on lansingcitypulse.com ...

KIDS IN THE HALL, SEPT. 23: The Lansing City Council held the first of two public hearings on a special land use permit being requested by a Holt-based church looking to expand into REO Town. Nine people spoke in support of Riverview Church's request in attempts to ease concerns about parking and how the building fits with its commercial surroundings

SAME-SEX MARRIAGE IN MICHIGAN, SEPT. 23: The American Civil Liberties Union of Michigan is hosting a panel discussion Thursday night that will explore marriage equality — or the lack thereof — in Michigan. The free event is at 6:30 p.m. at the Hannah Community Center in East Lansing.

BRIELLE GREEN UPDATE, SEPT. 20: It wasn't what they'd hoped for, but Maria and Gordon "Steve" Green will at least temporarily get to visit their 7-month-old daughter, Brielle, more often. Ingham County Probate Judge Richard Garcia extended the amount of visitation time for the couple in the midst of a fight to regain custody of their daughter.

STATE OBJECTS TO LANSING'S POT PETITION, SEPT. 19: A marijuana legalization proposal will remain on the November ballot in Lansing, despite a notice from the state saying the City Charter amendment would violate state law, City Clerk Chris Swope said last week.

Check out these stories and more only at lansingcitypulse.com

PUBLIC NOTICES

B/14/029 FRANCIS PARK PAVING REHABILITATION as per the specifications provided by the City of Lansing. The City of Lansing will accept sealed bids at the FINANCE DEPARTMENT, PURCHASING OFFICE, 8TH FLOOR CITY HALL, 124 W. MICHIGAN AVENUE, LANSING, MICHIGAN 48933 until 3:00 PM local time in effect on OCT. 15, 2013 at which time bids will be publicly opened and read. Complete specifications and forms required to submit bids are available by calling Stephanie Robinson, CPPB at (517) 483-4128, email: stephanie.robinson@lansingmi.gov, or for content and purpose of this bid contact Dick Schaefer @ (517) 483-4283, or go to www.mitn.info. The City of Lansing encourages bids from all vendors including MBE/WBE vendors and Lansing-based businesses



Walt Sorg, City Pulse contributor

S

픝

(517) 371-5600 • Fax: (517) 999-6061 • 1905 E. Michigan Ave. • Lansing, MI 48912 • www.lansingcitypulse.com







PULSE

When jobs move

A case of when attempting to bring jobs into your community could be unethical

A little over a year ago, a partial roof collapse and flooding at a commercial building in Delta Township caused two tenants to look for space elsewhere in the region.

Coverys, a medical professional liability insurance company headquartered in Boston, and the nonprofit Michigan Health and Hospital Association, needed a new home for over 200 employees working in the building at 6215 W. St. Joseph Highway.

Coverys is moving its 110 jobs (and making space for 20 more) to a 26,000-square-foot office building in northwest East Lansing. The hospital association has moved its roughly 100 jobs to an office park near Interstate 96 in Okemos.

If you're wondering why economic development officials contracted by the city of Lansing didn't make a case for the jobs to relocate here, the answer is because they didn't know. Neither company approached any neighboring jurisdictions about moving.

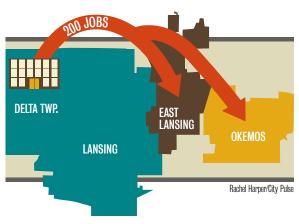
But even if he had known, Bob Tresize, the president and CEO of the Lansing Economic Area Partnership, said it would have been unethical for him to try to bring the companies into Lansing. He likened it to poaching jobs from neighbors.

"I don't think that to have a healthy economic development environment at any one time a municipality should be attracting jobs from across the border," Trezise said. "What you're suggesting, in my judgment, is unethical. It does not lead to a vibrant region.

"What we do in the city of Lansing is provide a great product that would make businesses more likely to choose Lansing than would have before, and I think that is fair game."

The city of Lansing pays LEAP \$15,000 a year to serve as its economic development agency. Over a dozen local units of government pay annual membership dues that gives them access to economic development tools such as a database of businesses in their community. But Lansing is the only place that pays LEAP to work on its behalf for job retention and attraction.

But Trezise says Lansing wouldn't be a good regional player if it targeted jobs from neighboring communities. He added that he wouldn't attempt to relocate jobs from any Michigan community into the city, though outside the state is "allowable," he said. He said it would have been different if either company contacted LEAP about wanting to move into the city. "That would have triggered" LEAP's efforts to bring them here. He also said it's "fair game" if a company is expanding, rather than relocating. Moreover: "Trying to recruit businesses and jobs outside of the state or business startups are all examples of what bringing jobs to the city means in my mind. ... We have to work together and trust one another and not be shuf-



fling businesses."

Lansing City Councilman Brian Jeffries said that in some cases when considering tax incentives for businesses, there must be an "affirmative statement saying we're not raiding another municipality to bring them in," he said. As chairman of the Council's Development and Planning Committee, Jeffries oversees new development projects in the city that involve Council approval.

However, that LEAP works on behalf of several jurisdictions is a "fair question" to raise, Jeffries said.

"You have a lot of potential conflict in the sense that everybody is vying for developments," he said. "The question is: How do you pick and choose winners and losers here?"

Lansing Mayor Virg Bernero agrees with Trezise.

"Associations are constantly moving around the region for a variety of reasons," he said in an email. "Of course, I don't want to see any leave the city and would love to have even more locate here. We are always happy to talk with any association or business interested in relocating in Lansing. But it has never been our practice — at least as long as I have been mayor — to specifically target businesses or associations in neighboring communities, and we are not going to start now."

Following news of the move, Ed Reed, economic development coordinator for Delta Township, said that while associations like the Michigan Health and Hospital Association aren't typically contacted about job retention, he's made it a point to do so now.

"I will be calling on other associations. We certainly want to retain a number of them in the township," he said. "We will be making efforts to make sure they know they are loved."

As local officials trumpet the notion of regionalism, how do you find balance between what's right for the municipality and what's right for the region? And why draw the line at the next community over? Or even the state? Whenever jobs relocate, isn't that simply one region's loss and another's gain?

The Dallas Morning News reported last week that Republican Texas Gov. Rick Perry is catching flak for attempting to recruit — with lower taxes and less regulation — a gun-making company in Maryland the same week as the mass shooting at the

Washington Navy Yard. The Morning News called it Perry's "job-poaching tour."

"I think governors need to be aggressive in recruiting businesses, but I think (Perry) is shameless," Trezise said.

Fifteen to 20 years ago, Trezise said businesses' relocating within a region "was a difficult issue for everyone to sort through." When he did economic development for Delta Township at that time, he said several local public economic developers signed an agreement listing two conditions: That you wouldn't cold-call or blindly recruit businesses across a border; and that if a company contacts you from across a border or is doing a site search, it's right to adhere to the client but you are "ethically obligated to contact the other municipality and notify them," Trezise said. "It's an agreement I still adhere to in my professional career."



NEWS & OPINION

Property: 731 E. Kalamazoo St., Lansing Owner: Gregory Arntson Assessed value: \$57,800 Owner says: Could not be reached for comment

Whether you're traveling eastbound or westbound on the 700 block of East Kalamazoo Street, the architecture isn't a welcoming gateway into or out of downtown. This commercial property just east of the train tracks — formerly a furniture store that's now being used for warehouse space — fits in well with the deteriorating urban aesthetic. Fading green paint and a note reading "DEATH" written in white chalk define the facade. Plywood blocks the view through the front door.

But this building has promise. It's uniquely built into the side of a hill, which makes the east-facing wall almost non-existent, with the roof nearly meeting the ground. Easy access for a rooftop garden? The west-facing wall is a blank canvas for what could be a prominent mural, as the next parcel is vacant, apparently with plans by something called the "Ministry of Urban Revival."

Hot Water Works, a hot-tub company based on East Michigan Avenue, began renting space in this building earlier this year to accommodate what owner James McFarland is a significant expansion plan. While he doesn't own this building, he has an option to do so that he hasn't exercised. Stay tuned for potential eye-pleasing changes at this site.

- Andy Balaskovitz

"Eyesore of the Week" is our look at some of the seedier properties in Lansing. It rotates each week with Eye Candy of the Week. If you have a suggestion, please e-mail eye@lansingcitypulse.com or call Andy Balaskovitz at 999-5064.

upcoming exhibit, "Lake Effects," set to

artifacts recovered from one of the 19 ships

was one of the most destructive storms on

record in the Great Lakes," said museum

curator Maria Leiby. "Events like that really

One main feature of the exhibit, which will run until August 2014, is a collection of

"We're lucky to have the artifacts. It

PUBLIC NOTICES

B/14/025 TURNER DODGE AND MI WOMENS HALL OF FAME EXTERIOR PAINTING as per the specifications provided by the City of Lansing. The City of Lansing will accept sealed bids at the FINANCE DEPARTMENT, PURCHASING OFFICE, 8TH FLOOR CITY HALL, 124 W. MICHIGAN AVENUE, LANSING, MICHIGAN 48933 until 3:00 PM local time in effect on OCT. 15, 2013 at which time bids will be publicly opened and read. Complete specifications and forms required to submit bids are available by calling Stephanie Robinson, CPPB at (517) 483-4128, email: stephanie. robinson@lansingmi.gov, or for content and purpose of this bid contact Tom Weber @ (517) 483-4498, or go to www.mitn.info. The City of Lansing encourages bids from all vendors including MBE/WBE vendors and Lansing-based businesses.

CHARTER TOWNSHIP OF MERIDIAN NOTICE OF POSTING OF TOWNSHIP BOARD MINUTES

On September 18, 2013, the following minutes of the proceedings of the Meridian Township Board were sent for posting in the following locations:

> Meridian Township Municipal Building, 5151 Marsh Road Meridian Township Service Center, 2100 Gaylord C. Smith Court Hope Borbas Okemos Branch Library, 4321 Okemos Road Haslett Branch Library, 1590 Franklin Street Harris Nature Center, 3998 Van Atta Road Snell Towar Recreation Center, 6146 Porter Ave. and the Township Web Site www.meridian.mi.us.

September 3, 2013 Regular Meeting September 10, 2013 Budget Deliberations Meeting

ELIZABETH LEGOFF SUPERVISOR

BRETT DREYFUS TOWNSHIP CLERK

17) 319-6914

NOTICE OF A PUBLIC HEARING EAST LANSING CITY COUNCIL

Notice is hereby given of the following public hearings to be held by the East Lansing City Council on Tuesday, October 15, 2013 at 7:00 p.m., Hannah Community Center, 819 Abbot Road, to consider:

Ordinance No. 1304; an Ordinance to add Article V – Vacant and Abandoned Property Registration – to Chapter 6 – Building and Building Regulations – of the Code of the City of East Lansing to Establish Regulations for the Registration, Inspection and Maintenance of Vacant and Abandoned Properties.

Ordinance No. 1305; an Ordinance to add Article III - Domestic Partnerships - to Chapter 22 -Human Relations - of the Code of the City of East Lansing to allow for the Lawful Recognition of Domestic Partnerships.

The City of East Lansing will provide reasonable accommodations, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at this meeting, upon notice to the City of East Lansing, prior to the meeting. Individuals with disabilities requiring reasonable accommodations or services should write or call the City Manager's Office, 410 Abbot Road, East Lansing, MI 48823 (517) 319-6920, TDD 1-800-649-3777.

Marie E. Wicks City Clerk

CITY OF EAST LANSING NOTICE LAST DAY OF REGISTRATION IS MONDAY, OCTOBER 7, 2013 FOR THE TUESDAY, NOVEMBER 5, 2013 CITY GENERAL ELECTION

To the qualified electors of the CITY OF EAST LANSING, Counties of INGHAM and CLINTON, State of Michigar

PLEASE TAKE NOTICE THAT THE CITY OF EAST LANSING WILL HOLD A CITY GENERAL **ELECTION ON NOVEMBER 5, 2013**

For the purpose of electing:

East Lansing City Council 2 Members

East Lansing City Council 1 Member (partial term ending November 2015)

MONDAY, OCTOBER 7, 2013 IS THE LAST DAY TO REGISTER OR CHANGE YOUR ADDRESS FOR THE NOVEMBER 5, 2013 CITY GENERAL ELECTION

To register to vote, visit any Secretary of State Branch Office, your County or City Clerk during regular business hours.

Clerk's offices with qualified electors in the City of East Lansing are at the following locations:

East Lansing City Clerk, 410 Abbot Rd., East Lansing, 48823	(517) 319-6914
Clinton County Clerk, 100 E. State Street, Ste 2600, St. Johns 48879	(989) 224-5140
Ingham County Clerk, 341 S. Jefferson, Mason, 48854	(517) 676-7255
Ingham County Clerk, 313 W. Kalamazoo, Lansing, 48933	(517) 483-6101

For complete listing of candidates, log onto the East Lansing's website at www.cityofeastlansing. com under City Clerk or contact the East Lansing City Clerk's office at (517) 319- 6914.

Marie E. Wicks, East Lansing City Clerk

Destruction on display

Museum to highlight Michigan's legacy of stormy weather

By BECKY McKENDRY **Capital News Service**

Almost a century ago, two intense storms merged to form a massive, deadly blizzard that ravaged most of the Great Lakes – and almost everything in, on and around them. The hurricane-force winds were so violent that the storm killed more than 200 sailors and caused millions of dollars in damages.

That tragedy, the Great Storm of 1913, stands as one of the defining moments in Michigan's weather history.

Alongside other Michigan weather history events, people can reexamine that storm in the Michigan Historical Museum's



Notice is hereby given of the following public hearing to be held by the East Lansing Historic District Commission on Thursday, October 10, 2013 at 7:00 p.m., in the 54-B District Court, Courtroom 2, 101 Linden Street, East Lansing

A public hearing will be held for the purpose of considering a request from Katie Parker for modifications to the house at 848 Huntington. The owner is proposing to replace one of the front windows on the house with a vinyl replacement window.

Call (517) 319-6930, the Department of Planning, Building and Development, East Lansing City Hall, 410 Abbot Road, East Lansing, for additional information. All interested persons will be given an opportunity to be heard.

The City of East Lansing will provide reasonable auxiliary aids and services, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities upon request received by the City seven (7) calendar days prior to the meeting. Individuals with disabilities requiring aids or services should write or call the Planning Department, 410 Abbot Road, East Lansing, MI 48823. Phone: (517) 319-6930. TDD Number: 1-800-649-3777

> Marie E. Wicks City Clerk

"Lake Effects" Michigan Historical Museum

"Some people probably have the idea that extreme weather doesn't happen here," Gross said. "The Pure Michigan campaign does a pretty good

702 W. Kalamazoo St., Lansing Hours: M-F 9 a.m.-4:30 p.m./Sat 10 a.m.-4 p.m./ Sun 1-5 p.m. Starts Oct. 5, runs thru Aug. 24. \$6/\$4 seniors/\$2 ages 6-17/5 and under FREE

job of showing the purity of the pleasant Michigan weather, but we also had the last tornado to kill over 100 people until Joplin, Mo., a couple of years ago."

That tornado, the Flint-Beecher Tornado of 1953, still evokes strong memories from many Michiganders, Leiby said.

"I guarantee that if you run across someone who lived in Michigan during that time, even if they weren't in Flint, chances are they still remember it pretty vividly," she said. "It was devastating."

Severe weather events like that may remind the public to put their gripes into perspective.

Take the Heat Wave of 1936," Leiby said. "People were complaining about some of the hot days we had in summer last year. But can you imagine 100 degrees with no air conditioning in your car, or a climate-controlled workplace?"

See 'Lake Effects', Page 7

PUBLIC NOTICES

EAST LANSING HISTORIC DISTRICT COMMISSION

show you what earlier residents, without the resources and technology we have now, were Appreciation of the state's weather history and the power of weather is key to grasping the reality of living in Michigan, said

Paul Gross, Detroit meteorologist and author of "Extreme Michigan Weather."

debut Oct. 5.

up against."

destroyed in the storm.

'Lake Effects'

from page 6

"Lake Effects" will be the first major, comprehensive weather exhibit in more than 25 years at the museum, Leiby said. It also aims to connect weather to the Michigan identity.

"We're going to be displaying things that remind us of beautiful summer days in Michigan with picnics and the beach," Leiby said. "That's a large part of our weather appreciation, too."

From maple syrup pans to ice-fishing shanties, the goal is to show just how deeply the weather seeps into our collective identity. Gross said people also need to understand that this identity and the state's resources can be threatened by weather.

"Twice in the past 11 years, as a result of climate change, we've had very unusual early spring warmth that brought buds out on fruit trees," he said. "Then it was followed by a frost that killed those buds, and Michigan lost a large majority of its cherry crop. We need to watch these things."

Leiby agrees, explaining that "Lake Effects" will reach out to younger children and educate them on the science of weather. The museum also plans to feature guest speakers, like meteorologists.

"The exhibit is aimed at everyone, but this is probably one of the more familyfriendly, kid-friendly exhibits we've had in a while," she said. "We'll have a lot of interactive pieces and try to get kids to express what they know about the weather they're experiencing or have experienced."

Gross said that when introduced to weather science, children tend to become very engaged.

"Weather is one of the greatest sciences kids can learn about," he said. "It's tangible. Kids know a cold day and a hot day and what snow feels and looks like.

"It can be used to teach history, math and other science. It's something they can grasp, and it needs to be used more often, " he said.

The realities of a changing climate call for everyone to educate themselves, Gross said.

"One scientist told me under the most conservative estimate, in 75 years, a Michigan summer will feel like a Missouri summer," he said. "The types of trees around us could change. Some projections suggest we'll have less rain, but more intense rain events, dropping our lake levels. This is serious."

And the special relationship children have with weather is crucial in dealing with climate change issues, Gross said.

"Now is one of the greatest opportunities for learning a generation has ever had," he said. "We have the Internet, we have so many opportunities to learn about extreme weather events or to look at current radar and satellite images. It's so important, now more than ever, for people to pay attention."

©2013, Capital News Service, Michigan State University School of Journalism.



PUBLIC NOTICES

Public Notice

The Ingham County Land Bank is accepting proposals for **Asbestos Containing Material (ACM) Building Survey Services** at various properties owned by Ingham County Land Bank. The Bid Packet is available September 25, 2013, at the Ingham County Land Bank, 422 Adams, Lansing, Michigan 48906, 8:00 am to 5:00 pm Monday through Friday or at www.inghamlandbank.org. Proposals will be due at the Land Bank offices on October 4, 2013, at 1:00 pm. The Bid Opening will be October 4, 2013 at 1:00 pm. The Ingham County Land Bank is an Equal Employment Opportunity Employer. Women- and Minority-Owned Businesses are encouraged to apply.

Public Notice

The Ingham County Land Bank is accepting proposals for **Comprehensive Residential Energy Audit Services** at various properties owned by Ingham County Land Bank. The Bid Packet is available September 25, 2013, at the Ingham County Land Bank, 422 Adams, Lansing, Michigan 48906, 8:00 am to 5:00 pm Monday through Friday or at www.inghamlandbank.org. Proposals will be due at the Land Bank offices on October 4, 2013, at 1:00 pm. The Bid Opening will be October 4, 2013 at 1:00 pm. The Ingham County Land Bank is an Equal Employment Opportunity Employer. Women- and Minority-Owned Businesses are encouraged to apply.

> CITY OF LANSING NOTICE OF PUBLIC HEARING

SLU-3-2013, 1115 S. Washington Avenue Special Land Use Permit – Church in an "F-1" Commercial District

The Lansing City Council will hold a public hearing on Monday, October 14, 2013, at 7:00 p.m. in Council Chambers, 10th Floor, Lansing City Hall, 124 W. Michigan Avenue, Lansing, Michigan, to consider SLU-3-2013. This is a request by Riverview Church to utilize the building at 1115 S. Washington Avenue for a church. Churches are permitted in the "F-1" Professional Office district, which is the designation of the subject property, if a Special Land Use permit is approved by the Lansing City Council.

For more information about this case, phone City Council Offices on City business days, Monday through Friday, between 8 a.m. and 5 p.m. at 483-4177. If you are interested in this matter, please attend the public hearing or send a representative. Written comments will be accepted between 8 a.m. and 5 p.m. on City business days if received before 5 p.m., Monday, October 14, 2013, at the City Clerk's Office, Ninth Floor, City Hall, 124 West Michigan Avenue, Lansing, MI 48933 1696.

Chris Swope, City Clerk

NOTICE OF PUBLIC HEARING EAST LANSING CITY COUNCIL

Notice is hereby given of the following public hearing to be held by the East Lansing City Council on Tuesday, October 15, 2013, at 7:00 p.m., East Lansing Hannah Community Center, 819 Abbot Road, to consider the following:

A public hearing will be held to consider Ordinance 1302; a City initiated ordinance to amend Sections 8-181 and 8-182 of Division 1 – Generally – of Article IV – Restaurants and Take-Out Stores – of Chapter 8 – Businesses – and to amend Section 50-8 of Article I – in General – and Section 50-94 of Division 3 – Special Use Permits – of Article II – Administration and Enforcement – of Chapter 50 – Zoning of the Code of the City of East Lansing (restaurants serving alcohol after midnight).

The City of East Lansing will provide reasonable accommodations, such as interpreters for the hearing impaired and audio tapes of printed materials being considered at this meeting, upon notice to the City of East Lansing, prior to the meeting. Individuals with disabilities requiring reasonable accommodations or services should write or call the City Manager's Office, 410 Abbot Road, East Lansing, MI 48823 (517) 319-6920, TDD 1-800-649-3777.

Marie E. Wicks City Clerk

NOTICE OF LAST DAY OF REGISTRATION FOR THE SPECIAL ELECTION TO BE HELD ON NOVEMBER 5, 2013 FOR OKEMOS PUBLIC AND WILLIAMSTON COMMUNITY SCHOOLS

Please take notice that Meridian Charter Township will hold an election on Tuesday, November 5, 2013 for the Okemos Public and Williamston Community School Districts.

To vote on the following proposal:

Okemos Public Schools – GENERAL OBLIGATION UNLIMITED TAX BOND PROPOSAL FOR BUILDING AND TECHNOLOGY PURPOSES IN THE AMOUNT OF NOT TO EXCEED \$7,500,000 Or

Williamston Community Schools - SINKING FUND PROPOSAL

Full text of the ballot proposals may be obtained at the administrative offices of Okemos Public Schools, 4406 N. Okemos Rd., Okemos, phone 706-5010, or Williamston Community Schools, 418 Highland, Williamston, phone 655-4361,or at the Office of the Meridian Township Clerk, 5151 Marsh Rd., Okemos, phone 853-4300 or by viewing your ballot at www.michigan.gov/vote.

MONDAY OCTOBER 7, 2013 IS THE LAST DAY TO REGISTER OR CHANGE YOUR ADDRESS for the November 5, 2013 election. Any qualified elector who is not already registered to vote may register for the November 5, 2013 election. Persons registering after 5p.m. on Monday, October 7, 2013 are not eligible to vote at this election.

To register to vote, visit any Secretary of State branch office, the Ingham County Clerk's office or Meridian Township Clerk's Office, 5151 Marsh Rd., Okemos, MI 48864 Monday through Friday, from 8:00 a.m. to 5:00 p.m., telephone 853-4300.

Brett Dreyfus Township Clerk

THE EXCHANGE YOUR GUIDE TO NAVIGATING

UNCHARTED HEALTH INSURANCE WATERS By WALT SORG

wenty-seven-year-old Alison has been rolling the dice for vears.

She works full time at a local print shop, but her \$10 an hour pay falls far short of what's needed to buy health insurance.

8

She knows the risk. As a teenager, a horse-riding accident ended with several broken bones, a leg held together with surgical screws, and major medical bills. Back then, her bills were covered by her parents' insurance but, for the last five years, she's been on her own medically, gambling daily that another emergency doesn't bankrupt her.

millions of Americans.

On Tuesday, the Healthcare Insurance Marketplace goes online, allowing many uninsured Michigan citizens to shop for comprehensive coverage. They will be able to choose between more than four dozen plans offered through 13 private insurers. Coverage becomes effective Jan. 1. As a result of federal tax credits, low-wage workers will pay as little as \$19 a month for coverage.

The Healthcare Insurance Marketplace, also called the "Exchange," is a critical linchpin of what's commonly called "Obamacare." It only works if people enroll. Polling shows many of those eligible don't know about the their rights under the Affordable Care Act.

"AFTER PEOPLE KNOW WHAT IS ACTUALLY IN THE LAW. THEY COME UP TO ME AND SAY, 'THAT'S NOT WHAT I WAS TOLD BY ANYONE. I CAN'T BELIEVE IT'S THIS SIMPLE.'"

 Brett Williams, Central Michigan coordinator, Michigan Consumers for Healthcare

Shawn Dhanak is diabetic. When he turned 26, he lost coverage from his parents' health insurance.

"I could not find a health care plan that I could afford," he said. "I had to settle for a catastrophic plan that didn't come anywhere close to covering what I needed."

Under the Affordable Care Act, Dhanak would have been able to buy comprehensive coverage within his budget. And with the requirement that requires coverage for preexisting conditions, his diabetes is covered immediately.

Dhanak works for Enroll America, a national nonprofit organization working to bring information to Michigan's roughly 1.2 million uninsured residents about their new options - and about being able to protect themselves from the anxiety he himself experienced.

eginning Tuesday, limitations on affordable access to health care begin to crumble for Alison, Dhanak and Some opponents of the law are even actively discouraging people from enrolling despite the law's requirement that virtually everyone have health care coverage.

Dhanak said his organization is "laser focused" on cutting through the political noise, and having "just-the-facts conversations."

"We know this is going to be a conversation, not a stampede starting Oct. 1," he said. "We are in a campaign to reach as many of the 1.2 million uninsured in Michigan as possible. There is no definite end date like in a normal campaign. We'll keep going until we think we've reached our goal of maximizing participation in health care coverage."

Much of the responsibility for enrolling the bulk of those uninsured falls to Michigan Consumers for Healthcare. The organization is in charge of training and certifying the hundreds of people who will help consumers navigate the expanded world of health care coverage.

Brett Williams, the central Michigan coordinator of Michigan Consumers for

PREMIUM CREDITS BY INCOME UNDER THE AFFORDABLE CARE ACT

PERCENTAGE OF POVERTY LINE	ANNUAL DOLLAR Amount (2013)	PREMIUM CONTRIBUTION AS PER % OF INCOME	MONTHLY PREMIUM Contribution
	FAI	MILY OF FOUR	
100-133%	\$23,550-\$31,322	2%	\$39-\$52
133-150%	\$31,322-\$35,325	3-4%	\$78-\$118
150-200%	\$35,325-\$47,100	4-6.3%	\$118-\$247
200-250%	\$47,100-\$58,875	6.3-8.1%	\$247-\$395
250-300%	\$58,875-\$70,650	8.1-9.5%	\$395-\$559
300-350%	\$70,650-\$82,425	9.5%	\$559-\$652
350-400%	\$82,425-\$94,200	9.5%	\$652-\$745
		NDIVIDUAL	
100-133%	\$11,490-\$15,282	2%	\$19-\$25
133-150%	\$15,282-\$17,235	3-4%	\$38-\$57
150-200%	\$17,235-\$22,980	4-6.3%	\$57-\$121
200-250%	\$22,980-\$28,725	6.3-8.1%	\$121-\$193
250-300%	\$28,725-\$34,470	8.1-9.5%	\$193-\$272
300-350%	\$34,470-\$40,215	9.5%	\$272-\$318
350-400%	\$40,215-\$45,960	9.5%	\$318-\$364

Source: Center on Budget and Policy Priorities (above) and U.S. Department of Human Services. Illustration by Rachel Harper/City Pulse

The cost of insurance premiums will be based on income percentage of the Federal Poverty Line. Individuals making between 100 percent and 133 percent of FPL could pay as little as \$19 a month.

Healthcare, appears daily before consumer and business groups. After more than three years of often heated political debate, he concurred that there is a lot of confusion and misinformation.

"After people know what is actually in the law, they come up to me and say, 'That's not what I was told by anyone. I can't believe it's this simple," Williams said. "I've been invited to some of the most politically conservative areas in this state three, four, five times. Once they learn what's actually in the law and take off the blinders, the say, "Wow, this makes sense."

WHO IS DIRECTLY IMPACTED?

or the vast majority of Michigan citizens — those with employer-provided coverage and seniors covered by Medicare - the rollout of the exchange will have little or no direct impact on their lives.

"If there are changes, they may be an enriched level of benefits because of the essential health benefits that all plans are required to have," Williams said. Seniors enrolled

in Medicare have already experienced the biggest impact of Williams the Affordable Care

Act. The "donut hole" for prescription-drug costs has been closed and all health care plans are now required to provide preventative services such as checkups with no copay.

Beginning in January, the uninsured and

2013 POVERTY GUIDELINES FOR The 48 Contiguous States and The district of Columbia										
PERSONS IN POVERTY FAMILY/HOUSEHOLD GUIDELINE										
1	\$11,490									
2 \$15,510										
3	\$19,530									
4	\$23,550									
5	\$27,570									
6	\$31,590									
7	\$35,610									
8	\$39,630									
FOR FAMILIES/HOUSEHOLDS WITH MORE THAN 8 Persons, and \$4,020 for fach additional person										

PERSONS, ADD \$4,020 FOR EACH ADDITIONAL P

those who buy their own insurance - which includes those 26 and older who no longer are covered under their parents' insurance — will be the big winners with the rollout of the exchange. Anyone earning between 100 percent and 400 percent of the Federal Poverty Level (see graphic on poverty guidelines) will be eligible for premium tax credits. The credits cap premiums at 2 percent of income for those at 100 percent of the Federal Poverty Level, and ratchet up to no more than 9.5 percent for those at 400 percent of the poverty level. Those earning below 250 percent of the poverty level will also see a cap on their out-of-pocket expenses.

"THE EXCHANGE"

he state Legislature turned down federal funds to establish a stateoperated insurance marketplace and also rejected Gov. Rick Snyder's pro-

Exchange

from page 8

posal for a joint state-federal exchange. As a result, Michigan consumers will purchase insurance through the federal marketplace.

The marketplace will not require individuals to give up or exchange their coverage for something new or different, but instead it provides the opportunity for those without employer-funded coverage to shop, compare and purchase private health insurance coverage.

The marketplace is open only to individuals who do not have access to insurance through their employer or through other government programs such as Medicare or Medicaid. Also barred from the exchange

WHAT'S IN IT?

The ongoing political debate in Michigan has delayed the release of specific details of plans available through the exchange, including the premiums, until next week.

What is known are the basic elements of coverage benefits. The Affordable Care Act mandates that all policies sold through the Exchange include:

- 1. Doctor office visits
- 2. Emergency services
- 3. Hospitalization
- 4. Maternity and newborn care
- 5. Mental health and substance abuse services, including behavioral health treatment
- 6. Prescription drugs
- 7. Rehabilitative and habilitative services and devices, such as hearing aids and prosthetics
- 8. Laboratory services
- 9. Preventive and wellness services and chronic disease management
- 10. Pediatric services, including oral and vision care

In Michigan, an initiative petition sponsored by Right to Life Michigan could result in a ban on policies sold through the exchange that include abortion services. Women would have to purchase a policy rider at additional cost. RTL claims it has collected more than the necessary 258,088 to circumvent the legislative process by making the policy veto-proof if a simple majority in the Legislature agrees. are people who are incarcerated, undocumented immigrants, documented immigrants who have been in the country less than five years and people earning less than 100 percent of the Federal Poverty Level. (See "Medicaid Expansion" box, this page.)

Primary access to the exchange will be online through healthcare.gov. The site, which is compared to online travel sites such as Travelocity and Orbitz, will show consumers what is available. (The Michigan League for Public Policy notes that the comparison may be an over-simplification: "Selecting healthcare coverage that meets one's needs is far more complicated than selecting an airline to fly from point A to point B.")

The law requires plain-English explanations of benefits and sets minimum levels of coverage within the four categories.

The site will allow shoppers to calculate their net premium, or what they will actually pay after federal tax credits. Credits will be paid directly to insurers — customers will only have to pay the net amount every month.

Consumers will be able to get assistance from a statewide network of "navigators" and "Certified Application Counselors," organizations and individuals who have been trained in the complexities of the system. In Ingham County, the primary navigators and counselors will be from the county Health Department. (Think of it as being comparable to getting expert help from a travel agent rather than just relying on Travelocity to plan your trip.)

There is also a toll-free assistance line to answer specific questions (800-318-2596).

LOCAL SAFETY NET PROGRAMS TO CONTINUE

or years, Ingham County has taken the lead in helping the uninsured through the Ingham Health Plan. Although not considered an insurance product, the plan has provided tens of thousands of people with access to primary care and reduced-cost prescriptions.

While 80 percent of Ingham Health Plan's 12,000 members will qualify for Medicaid, hundreds of county residents will remain uninsured. They include U.S. citizens who have been in the country legally for less than five years, undocumented immigrants and a small number who will opt out of health care for religious or other reasons.

Robin Reynolds, the plan's executive director, said the health plan will continue operations for now to make sure those individuals still have access to assistance, but its mission could be fundamentally altered by the Affordable Care Act.

"If everybody's covered at some point, we could go out of business, and that's the ultimate goal," she said.

One immediate change in mission will be to help people move into either the exchange or Medicaid, depending on their financial status. The Ingham County Health Department is the area's primary navigator and will provide assistance in enrolling at sites across the county. Reynolds expects challenges in doing so, but is confident the challenges can be met.

MEDICAID EXPANSION

Sometime this spring, those below 138 percent of the poverty line will be able to move their coverage to Medicaid. (The Legislature voted for the delay when it approved Medicaid expansion for the state. The expansion doesn't become effective until 90 days after the Legislature adjourns its 2013 session.) Between Jan. 1 and Michigan's Medicaid expansion, those at 100 percent to 138 percent of the poverty line will be able to buy subsidized insurance through the exchange.

Those below 100 percent of the poverty level are not eligible for the subsidies, meaning they will remain uninsured until spring. Locally, however, those under 100 percent of the poverty level will continue to be eligible for the Ingham Health Plan.

IMPACT ON SMALL BUSINESS

For small-businesses, information on providing health care coverage through the Small Business Health Options Program is available at healthcare.gov/small-businesses.

All businesses, regardless of size, are required by the law to provide their employees with basic information on the Healthcare Marketplace by Tuesday. There are two forms of notice, available through the U.S. Department of Labor:

• For employers who offer a health plan:

dol.gov/ebsa/pdf/FLSAwithplans.pdfFor employers without a health plan:

dol.gov/ebsa/pdf/FLSAwithoutplans.pdf

While the notices are required, there are no penalties for non-compliance. Since Michigan insurance rates won't be announced until Tuesday, it's expected the deadline will be extended for state employers.

Businesses with fewer than 50 full-time employees are not required to provide health care coverage. The mandate for larger employers has been delayed until 2015. At that time, larger employers will have the option of providing an affordable health care benefit, or paying an assessment if at least one full-time employee receives a federal tax credit through the marketplace.

Small businesses will also have their own health care marketplace for purchasing group coverage, which is expected to slow rate increases in the group market. The Small Business Health Options Program also launches on Tuesday. It provides rate and coverage comparisons, helps business owners calculate healthcare tax credits and answers questions about the health care law's requirements. The small business market-place initially is available only to businesses with 50 or fewer employees. Companies with fewer than 25 full-time employees making an average of \$50,000 or less may qualify for a tax credit of up to 50 percent of the employees' share of premium costs.

"There will be bumps in the road, but we can do this," she said.

Nonprofit health care centers will continue to operate as well. In Ingham County, Care Free Medical and Dental and Cristo Rey Family Health Clinic combine to serve more than 12,000 patients annually.

Michelle Lantz, vice president of Care Free Medical, said her organization will continue to be the health care gateway for patients who have difficulty finding providers.

Over the long term, Lantz is hopeful that expanded access to health care reduces demands on the entire system as more people practice preventative care.

"That's the 10-year goal, but it's not going to happen in two to three years because the population we see now hasn't had preventative care up to this point in their lives," Lantz said. "If we get them into preventative care and keep them there, then eventually the whole population will be less ill."

MORE PATIENTS FOR A CROWDED SYSTEM

ne of the major concerns is whether Michigan's health care system can handle the influx of 500,000 or more newly insured patients.

Laura Appel, vice president of federal policy and advocacy at the Michigan Health and Hospital Association, is optimistic.

"There's 10 million people in Michigan," Appel said. "Hospitals are open 24/7/365 to take care of them now. We expect that on Jan. 1 we'll keep taking care of them. We do it everyday. We're going to keep doing it. The primary care doctors tell us they're ready, the health care centers say they're ready."

Michigan hospitals, which absorbed an See Exchange, Page 10

Exchange

from page 9

estimated \$882 million in uncompensated patient care in 2011, are focused on getting as many eligible patients enrolled through the exchange or Medicaid as possible. Most will have staff trained as Certified Application Counselors to assist eligible patients.

The Henry Ford Health System in Detroit estimates that Obamacare will reduce uncompensated care by about 15 percent, a savings that impacts both insurance premiums and federal subsidies to hospitals. (A large percentage of uncompensated care is the result



Appel

of catastrophic cases involving people with high deductibles and copays. People ineligible for either Medicaid or the exchange will continue to receive emergency care if they are unable to pay.)

Appel is more concerned about the initial rollout of ex-

panded health care. The delay in Medicaid expansion, she noted, will create some confusion and discouragement. And any glitches could have long-term implications for the ef-

LEVELS OF COVERAGE

Insurers on the exchange are required to offer four levels of coverage. The difference among them is the average percentage of medical bills that will be covered by the insurer.

The lowest level of coverage allowed under the law, "Bronze," will have an actuarial value of 60 percent, meaning the pool of those covered with Bronze plans will have 60 percent of their medical costs covered through their insurance. Insurers can also offer Silver (70 percent), Gold (80 percent) and Platinum (90 percent) plans.

fectiveness of healthcare expansion.

"We've got to engage folks. You can't make people get coverage. It's got to be a positive and relatively easy experience for them," she said. She, and thousands of others directly involved in implementing expanded healthcare coverage, are doing all they can to make that goal a reality.

2013-2014 Season Charlotte Performing Arts Center



ARTS & CULTURE

ART• BOOKS•FILM•MUSIC•THEATER

Wheeeeee, harmony!

Celebrating 20 years of MSU Community Music School

By ALLAN I. ROSS

As a child, Heather Guernsey showed no musical aptitude. Her mother played the violin, but Guernsey said she didn't have any desire to pick up an instrument.

Today, Guernsey, 49, is the mother of an 11-year-old daughter who is the top violinist in her class and a 9-year-old son who is a budding cellist. Her 7-year-old son has utilized musical therapy to help him through his physical and mental developmental challenges, and the three of them routinely bond through sibling jam sessions. Guernsey's husband, Eric, doesn't play an instrument either, which raises the question: Where did all that musical talent come from?

"I honestly have no idea," Guernsey said. "I just wanted to give them the opportunity to play an instrument, and they took right to it. It was a spontaneous choice based on a conversation I overheard at the pool, but it's the best decision I've made. The MSU Community Music School changed our lives."

The Guernsev children discovered and honed their musical skills at the Michigan State University Community Music

School, a self-supporting outreach division the MSU School of of Music. This week, the Community Music School celebrates 20 years of providing music education and music therapy to Lansing area residents. Since 1993, more than

50,000 people have utilized the program, ranging from infants to senior citizens.

"Our goal is to supplement local music programs and provide a creative outlet for members of the community," said Amanda Darche, spokeswoman for the Community Music School. "And the music therapy we offer for special needs individuals is something that can't be found anywhere else locally. It can help with everything from basic movement to improving verbal skills. Music can unlock so many facets of the brain."

Notable Community School alumni include Melissa White, a Grammy Award-



Community Music School instructor Ty Forquer (left)helps a first-timer learn how to use a French horn at the school's recent tailgate event. Visitors were treated to an instrument petting zoo, where they were allowed to try out a variety of the school's musical instruments.

Courtesv of Cathy Ellis

winning violinist who tours internationally (including a stop by the Wharton Center in 2011) with her ensemble, the Harlem Quartet, and Demi Fragale, a professional performance artist living in New York who got her start in the school's MSU Children's Choir.

"I experienced more as a young musician in the MSU Children's Choir than most adult professionals do in their entire career," Fragale said recently in an interview.

"My kids have gotten so much out of (the MSU **Community Music School).** They're better students, they're very confident and they're very well rounded. It's been everything to my family." HEATHER GUERNSEY. PARENT

> As a self-supporting unit, the school relies solely on student tuition and fundraising, which feed its approximate \$1 million annual budget. All classes cost money, but the school does offer some financial assistance to low-income students.

> Special events have been lined up to commemorate the Community Music School's 20th anniversary and elevate its visibility. Two weeks ago, the school held an informal tailgate event with impromptu concerts and an "instrument petting zoo," where curiosity seekers could take a musical instrument for a test drive. And Thurs

day, the school's Encore! Evening event will serve as a major fundraiser. The event will spotlight performances by a capella group the Doo-Wops and the early gospel/ sacred slave songs of the Earl Nelson Singers. A silent auction will feature an African safari and original artwork from local artist Zahrah Resh. Additionally, the fete will serve as the opening premiere of Resh's exhibition, "Etudes in Flow," with 20 percent of all art sold at the party to be donated to the school.

Guernsey said a significant portion of her family's monthly budget goes to paying for her children's classes, but she said the results are "worth every penny."

"My kids have gotten so much out of it," Guernsey said. "They're better students, they're confident and they're very well rounded. It's been everything to my family. The school has become like a second home to us."

In January, the Community Music School moved to its permanent home at 4930 S. Hagadorn Road, across the road from MSU. The new location is smaller than its old digs, a former church on the north side of East Lansing, but Rhonda Buckley, the school's executive director, said the new space has opened it up to many more opportunities.

"We've been able to work with the university more directly in a number of ways, such as using MSU art students to help design our school signage," Buckley

said. "But it's also put us closer to many of the programs in the area and made it easier to work directly with the community. It's opened the door to allow us to explore many new programs and offerings as well."

That includes recent additions such as digital music to the curriculum. The school's longstanding programs include chamber music coaching, music reading classes and the Suzuki program, an immersion method of teaching music to children as young as preschool age. Adult offerings include a variety of voice and instru-

Encore! Evening Celebrating 20 Years of the MSU

Lansing

(517) 355-7661

group lessons and Community Music School 5:30-7:30 p.m. Thursday, Sept. 26 4930 S. Hagadorn Road, East the New Horizons Band, a concert band \$75 (\$35 of which is tax-deductible) made up of people who cms.msu.edu/el/encore.php are either fulfilling a life-

long dream

ment

of playing an instrument or want to get back into it after giving it up earlier in life. Private lessons for all ages are also available through the school.

"This is an invaluable service to the community," Guernsey said. "And it's especially important in a time when arts are being cut. I tell the kids how fortunate they are to have this in their lives. I wish there'd been something like this when I was their age."

October 3 - November 3, 2013



Directed by Tobin Hissong Featuring: Aral Gribble and John Seibert

Williamston Theatre 122 S Putnam St.,Williamston 517-655-7469 www.williamstontheatre.org

PLA 0 **Objects As Art** Join us for the Grand Opening of Bill & Chris Triola's restyled showroom of high-end objects and eye-appealing collectibles from all eras, as well as textiles and "Art to Wear" garments created on-site. **ZRIC** Friday, September 27 6pm - 8pm 1114 E. Mount Hope Ave. Lansing, Michigan 🖤 517-484-3480 Open each Friday, 1-5pm Facebook.com/triolasgallery ChrisTriola.com

Prank in earnest Oddball comedian swings through

Lansing for two shows this weekend

By RICH TUPICA

Tom Green may be best known for "The Tom Green Show," an offkilter talk show that ran on MTV in 1999 and 2000. The show featured his tormenting his community with a seemingly unending barrage of bizarre pranks, such as painting a pornographic scene and the words "Slut Mobile" on his father's car and coercing strangers in a grocery store to suck the teat of a cow he'd dragged inside. He also had roles in a number of quirky films in the early '00s ("Road Trip," "Freddy Got Fingered") and was in the public eye during his short marriage to Drew Barrymore and his very public bout with testicular cancer.

For the last four years, however, the Canadian-born writer/actor/rapper is more of a stand-up kind of guy: Green has been on the comedy club circuit across North America. This weekend he performs at Connxtions Comedy Club. He took some time between shows recently to talk about

his return to stand-up comedy, inspiring the "Jackass" guys and coming back to network television.

Why did you decide to return to your roots in stand-up comedy and start this tour?

I wouldn't describe it as a tour because that implies that there's a beginning and an end to it — it's just what I do. I'm a stand-up comedian. Every week I'm doing five or six shows and I'm having a great time. I did stand-up when I was younger but I stopped doing it for many years when I was doing my show on MTV. I really missed it and I wanted to get back into the groove of telling jokes in front of real people.

What inspires your bits?

It involves thinking about what I think is really funny. It's not going out on the street and pulling pranks; it's standing on a stage and speaking about ideas. Stand-up

Tom Green

Connxtions Comedy Club 2900 N. East St., Lansing 8 p.m. & 10:30 p.m. Friday-Saturday, Sept. 27-28 \$24.50 (517) 374-4242 connxtionscomedyclub.com is creatively the most fulfilling thing I can do. It's nice to get up on stage with a microphone with no script or props and tell

jokes you prepared yourself without any interference from anybody else, no censorship. You're able to just speak your mind. It's been exciting.

What's the difference between your stand-up comedy and what you did on TV?

On television, anytime an idea would pop into my head I'd write it



Courtesy Photo

Tom Green led the guerrilla comedy movement in the late '90s. This weekend, he performs two stand-up shows at Connxtions Comedy Club.

> down. We'd try to push the envelope and come up with things that were outrageous and things we'd never seen on TV before. With my stand-up, I try to talk about things I've never heard people talk about before — things I think should be talked about.

> A lot of it stems from real concerns I have in my life. The subjects are real; they really affect me and everyone else. Whether it's about spending too much time using my phone, being stuck on Twitter all day or being addicted to my Facebook page and text messaging all the time. I start to think, "This is outrageous. 20 years ago, in high school, we didn't have this stuff." Then you start thinking of funny ways to paint this picture of how the world has changed. You just go from there and chip away at it.

> Your envelope pushing paved the way for shows like "Jackass." Have you heard from any of the guys from that show telling you that you influenced them?

> Yeah, they've absolutely told me that. Steve O tells me that all the time. He was a big fan of my show. We're good friends, sometimes we perform together.

> Do you plan on returning to network television anytime soon?

I do have a couple television projects that are in the final stages of development. You'll be seeing those in the next year or so — (one will) be a show interviewing comedians. I'm also going to be launching a new Internet television show soon. But I'm in the middle of some discussions with a few television networks right now. Everyone will see me on TV a lot more within the next year or so. MUSIC BEER FOOD

Old Town Lansing

OCTOBER 4 6PM-11PM

TICKETS

- Advanced online: \$15
- Day of at gate: \$20
- Tickets are good for the entire weekend. If you attend on Friday, keep your wrist band on and return Saturday with your free souvenir mug and receive free entry!

ENTERTAINMENT

FRIDAY: Hy-Notes SATURDAY: The Happy Wonderers & The Polish Muslims ALTERNATIVE ROCK HEADLINERS TO BE ANNOUNCED



DRINK

- Oktoberfest style brews
- Uncle John's Hard Cider
- 7 Michigan seasonal & Oktoberfest style beers (NEW TO FESTIVAL!)
- Hot Hard Cider provided by Zoobie's Old Town Tavern
- Additional non-alcohol beverages available

FOOD

· Local restaurants and food carts putting a twist on Oktoberfest traditional foods!

TRANSPORTATION

- Traveling from East Lansing? A FREE shuttle will run from the MSU Union to the festival every hour on the hour from 6:00 pm - 11:00 pm both Friday and Saturday evening. Last bus leaves at 11pm from Old Town.
 - Provided by Dean Transportation.
- A self-lock bike rack, sponsored by Spin Bike Shop, will also be available.

This event is presented by Old Town Commercial the Association and is a fundraiser for Old Town Lansing.

OCTOBER 5

2PM-11PM

Corner of Turner & Grand River Ave.

City Pulse • September 25, 2013

The Bible Belt has been shown to reduce circulation to the heart and brain.

Take a deep breath.

You are welcome here.



125 S. Pennsylvania Ave.

Sunday - 10 AM

(517) 484-7434

PilgrimUCC.com

Pilgrim Congregational United Church of Christ Lansing, MI

The Lansing Italian-American Club presents From Italy With Love...Rat Pack Style

October 5, 2013 - 6pm - University Club A Fundraising Concert Benefiting The L.I.A.C Scholarship Fund and

ELE'S PLACE - A healing Center for Grieving Children



International Recording Artist & Las Vegas Performer

Gino Federici Musical Director - Elden Kelly

Hors D'oeuvres, Cash Bar & "after glow" following the show VIP \$50 ~ General Admission \$35 For tickets, call (517) 231-5327 or visit TopOfTheTownEvents.com



This space donated in part by City Pulse.



Ghoul log Chelsea hosts Ghoultide, largest Halloween art show in Midwest

By DYLAN SOWLE

Halloween fanatics itching for the end of October can unleash an undead groan of relief. The Ghoultide Gathering in Chelsea on Saturday unofficially launches the mid-Michigan Halloween season. It's kind of like advent, but with more ghosts and witches. The 7th an-

Ghoultide Gathering

Chelsea Fairgrounds 20501 Old US-12 Highway, Chelsea 10 a.m.-4 p.m. Saturday, Sept. 28 \$5 general admission/\$20 early buy (8-10 a.m.) ghoultidegathering.blogspot.com

nual art show features 36 artists selling H all o w e e n specific work. The event has gained in popularity since

its inception in 2007, outgrowing its former location in Northville and attracting over 1,000 people last year. Ghoultide has become a prime destination for the niche community of Halloween art collectors in the country.

"We started getting calls from artists in California, Florida, Ohio — all over," said Scott Smith, co-organizer of the event. "And these people have collectors who will come to see them at the show. They are unique, high-end artists."

Smith said the content on display is focused less on the blood-and-guts aspect of Halloween décor and more on art of lighthearted nature. He said the crafts range from handcrafted knick-knacks up to specialty pieces with four-digit price tags.

"There's a quality of craftsmanship at Ghoultide that we look for in the artists we select," Smith said. "We have people standing in line to get the best stuff from their favorite artists."

Smith said that many of the artists devote a large portion of their annual output to create works to display at this show, the positive response is easily visible, he added.

"When you open the doors at Ghoultide, it's like a running of the bulls," said Pam Gracia, a five-year veteran artist at the show. Gracia, like many of the artists present for the event, has fans coming from all around the country.

"Last year I came with 98 pieces and went home with 11," Gracia said. Smith gave two reasons for the success of Ghoultide: the specific audience and the range and skill of artists. Pieces include woodcarvings, papiermâché works, paintings and sculptures. Smith said that the relatively small scale of the show isn't for a lack of artists wanting to get in, but because of his selectivity.

"We try to keep it limited to control the quality of the works," Smith said. "We don't

See Ghoultide, Page 15



CURTAIN CALL **Keeping up with** the killers

Peppermint Creek sets the original celebrity criminals to music

By PAUL WOZNIAK

As a biographical musical love story, "Bonnie and Clyde" offers reasonable retro entertainment.

Review

the cast de-

livers with

requisite

polish. But

for Pepper-

mint Creek,

"Bonnie and

Clyde" feels a

little tame; a

The music, written by Frank Wildhorn, ranges from early jazz and blues to show stopping, shout-and-response goswhich pel,

"Bonnie & Clyde: A New Musical"

Peppermint Creek Theatre Co. Through Sunday. Sept. 29 8 p.m. Thursday. Sept. 29 8 p.m. Thursday. Sept. 26-Saturday, Sept. 28; 2 p.m. Sunday, Sept. 29 Miller Performing Arts Center, 6025 Curry Lane, Lansing \$18/\$13 students and seniors (517) 927-3016 peppermintcreek.org

gushy, generic celebration of populist celebrity criminals instead of its usual sharper edged fare.

Director Katie Doyle has the good fortune of working with some of the best of Lansing talent. Brittany Nicol (as Bonnie



"When I got an email from Scott asking me to do the show, I thought, 'This can't be from Scott Smith," Gracia said. "He's everywhere. He's on the cover of magazines. They should have a whole separate line just for his booth at Ghoultide."

With this event, Smith has created something that is part the indelible Michigan event map: Traverse City has the Cherry Festival, Holland has the Tulip Festival and Chelsea has Ghoultide. The atmosphere is certainly more festive than your average craft fair. Halloween decorations cover the pole barn, and Ann Arbor group The Appleseed Collective will perform live music. That festive spirit also seems to extend beyond the event, with part of the proceeds from this year's show going to Ozone House, a Michigan-based nonprofit that provides services for at-risk youth.

"We just wanted a way to use the event to give back, and hopefully we'll be able to donate to an organization every year now," Smith said.

Parker) and Adam Woolsey (Clyde Barrow) honed their stage chemistry last season in Riverwalk Theatre's "Spring Awakening." Once again, Woolsey's piercing eyes and agile singing complete his bad boy character, the kind that Nicol's naïve Parker simply can't resist.

Unlike "Spring Awakening," however, "Bonnie and Clyde" sets up a classic love triangle with Ted Hinton (Scott Laban) a police officer who carries a torch for Bonnie. Ted knows how bad Clyde is for Bonnie, but he never really has a shot himself. But while Ted is almost invisible to Bonnie, Laban shines as a supporting actor; he exudes a quiet charm and competence, making the scene when Ted realizes he's lost Bonnie to Clyde so heartbreaking.

Other notable supporting roles include Tigiste Habtemarium, wisely cast as the preacher; Bill Henson as Clyde's father, Henry; and Mary Maurer as Clyde's sisterin-law Blanche. The production reaches its energetic peak toward the end of the first act with Habtemarium's foot-stomping "God's Arms Are Always Open." Additionally, Woolsey and Laban share two exceptional duets in the first and second acts.

Technical elements like music and set design are the best of any Peppermint Creek production. Music director Brent Decker keeps the songs moving with his tight orchestra smartly tucked next to the audience seating and Jeff Boerger's scenic design offering beautiful layers with minimal set moving. Especially nice touches

Sunday

Sept. 29, 2013

Valley Court Park

East Lansing

(Behind People's Church)

Registration begins

at 11:00 a.m.

Walk begins at 1:00 p.m.

Lansing Area AIDS Network

913 W. Holmes Rd. Suite 115

Lansing, MI 48910

MICHIGAN



include upside-down flower planters as vintage salon hair dryers.

The sound, however, was a constant distraction. Actors' voices suddenly streamed through the stage speakers during musical numbers and quieted after, but not always, when the singing started. Some supporting actors are left stranded without any amplification that disturbed the balance between the singers and the orchestra.

Ultimately, it's the script itself that leaves the actors stranded. A bloated run time and thin character development unfortunately make Bonnie and Clyde out to be the criminal Kardashians of their

TROPPO

\$2 Select Drafts

\$3 House Wines

Free Appetizers

1/2 Off Troppotinis

1/2 Off Lounge Menu Items

5:00-7:00p ::: October 2

time. But a strongly committed cast and crew keep "Bonnie and Clyde" from driving off the road and the audience from feeling robbed.



Presents: ¹⁰Spirituality, Prevention of

Breast Cancer and Healing" A Fireside Chat With Dr. Janet Osuch

www.itsabreastthing.org

16

Solution Visit the Exhibitors. **Vote for your Favorite Bras.** Bid on your favorite bras to purchase. Example 2 Light Refreshments.

01.3

Hosting: Malinda Barr & Tim Barron

Music entertainment by Charles Ford

All Proceeds go to: It's a Breast Thing Non Profit Corp. Which assists Breast Cancer patients who are going through treatment with out of pocket expenses..

Businesses and Individuals compete to be one of the **Top 12 Best Decorated Bras**

YOUR VOTES PUT THEM IN THE 2014 "IT'S A BREAST THING" CALENDAR Calendar Pre-Orders available during the event!

Eagle Eye Golf Club

15500 S. Chandler Rd., Bath, MI October 1, 2013 • 5 pm - 8 pm

This is a **FREE** event, however there is a suggested \$5 Donation at the Door

Presented by: Suzi Wyman, Barb McKessy, Tonie Brovont, Dr. LaKeeya Tucker

This ad donated in part by City Pulse

C! changes

Studio C! keeps indie flicks coming in October

By ALLAN I. ROSS

The East Lansing Film Series continues in October with six new features, including some international fare.

"This batch is really exciting," organizer Susan Woods said. "These are movies you won't be able to see anywhere else."

Chad Wozniak, general manager at Studio C!, said the theater's restaurant, Oscar's Bistro, will debut its new menu in October, reflecting items guests have been asking for.

'We're starting a local love program, highlighting products that use local ingredients," Wozniak said. "The idea for Studio C! was that it would be a laboratory for a new type of theater. Well, the experiment seems to be working."

October films at Studio C! are:

"20 Feet from Stardom" (PG-13, 91 min.) A documentary about the backup singers to some of music's bigges stars, including Stevie Wonder and Bruce Springsteen.

"A Hijacking" (R, 103 min.) A Dan-

ish cargo freighter is heading for Mumbai when a band of Somali pirates commandeer the vessel. No relation to the big-budget Tom Hanks Somali pirate movie "Captain Phillips," also out in October.

"Blackfish" (PG-13, 93 min.) This documentary was sparked by the death of a trainer at Sea World by Tilikum, a killer whale who was also responsible for two other deaths. It explores the ethics of keeping orcas in captivity for entertainment.

"Museum Hours" (NR, 107 min.) An Austrian museum guard befriends a mysterious visitor, leading to an existential valuation of life and how works of art reflect and shape the world. Woods calls the film "Witty, contemplative and leisurely engrossing."

"Ginger & Rosa" (PG-13, 90 min.) The Cold War meets the sexual revolution in London, 1962. Written and directed by visionary filmmaker Sally Potter ("Orlando") with a critically acclaimed performance by Elle Fanning ("Super 8").

"The Silence" (NR, 118 min.) A 13-year-old girl vanishes on a hot summer night, and her bicycle is found in the exact place where another girl was killed 23 years prior. Those involved in the original case look to the past to solve the mystery in this thriller.



Every Wednesday at 8:30 a.m.





In custody

'What Maisie Knew' views divorce through the eyes of a child

Screw war; divorce is hell - and is something far more likely the average American will have to endure. It is second only to the death of a spouse and just above imprisonment as the most stressful thing an adult can endure. For a child, it can often be the end of the world. Naturally, some divorces are more congenial than others, but those ones don't make for gripping films that cut like broken glass. For those who dare,



"What Maisie Knew" is an unflinching look at the horrors of divorce and serves as a chronicle of sorts for a future lost soul.

"What Maisie Knew" is based on the Henry James novel of the same name. Although the source material is set in late 19th century England, much of the plot and characterizations didn't need to be changed for the contemporization to present-day Manhattan; selfish, immature people will always be selfish, immature people.

Julianne Moore plays Susannah, a Courtney Love-like grunge queen who has no idea how to be a responsible partner or mother. Her ex-husband Beale (Steve Coogan) is some sort of international investor (whatever that is) whose career keeps him in perpetual state of travel. They become locked in a bitter custody battle for their daughter, Maisie (Onata Aprile), but it's never clear why. It seems each just wants control of Maisie so the other one loses. And so poor Maisie gets caught in the middle of their pettiness, becoming a delicate New York bird trapped in a toy-lined caged.

The centerpiece of the film is Aprile, whose wide-eyed naivety as Maisie is ach-

IS BELIEVING"

Cinema

Easy Living Cleaning Service





Courtesy Photo Newcomer Onata Aprile turns in a powerful performance as the title character in "What Maisie Knew."

ingly sincere. Maisie may not be able to intellectually process the arguments going on in the other room and schedule upheavals that involve having to move from one house to another in the middle of the night, but she's in emotional lockstep with her warring parents. She realizes she's part of something she can't control, and deals with it by being silent and easygoing. She is what an analyst might describe as a "lost child."

Maisie is flanked by her new stepparents, Margo (the luminous Joanna Vanderham) and Lincoln ("True Blood"'s Alexander Skarsgård). It takes both of them a minute to figure out they've been roped into a sham marriage as a bargaining chip, but fortunately for Maisie, they at least have the wherewithal to keep her out of it. Margo and Lincoln become the closest thing she has to real parents, and they become her refuge. It



also becomes the heart of the movie.

Specifically, the development of the Maisie-Lincoln relationship is expertly crafted and magical to watch. What starts out as two strangers thrown together and forced to do their best slowly morphs into a raw, honest depiction of two wounded hearts growing into each other for support. Lincoln's youthful zeal, Maisie's gradual trust of him and their playful camaraderie feel natural and decidedly non-actorly.

The script captures some painfully honest moments seemingly ripped from the lives of children of celebrities. The friend who sleeps over and gets freaked out after seeing grownups doing drugs in the living room. The well-intentioned strangers who try to cheer you up but unintentionally talk to you like you're an idiot. The logical disconnect of seeing a 6-year-old sitting at a bar all by herself, picking cherries out of her Shirley Temple. They'd be brilliant if they weren't so unsettling.

Although the "50 percent of marriages end in divorce" claim is loaded (and more than a little misleading), the fact remains that many people view marriages as disposable. This film should be required viewing for anyone thinking of getting married, especially if their parents were divorced. For everyone else, beware of the potential for PTSD.

"What Maisie Knew" plays through Tuesday exclusively at Studio C! in Okemos.



SURVEY OPPORTUNITY FOR VETERANS!



Are you a veteran with a disability who has concerns about substance use? We are conducting research to better understand the experiences of veterans with disabilities. We are interested in speaking with veterans aged 18+ who are in generally good health and have sought substance abuse treatment from VA and non-VA sources.

If you are interested, please call: 1-855-828-6878.

WWW.CERSE.VCU.EDU/SURVEY

HISTORICAL SOCIETY OF GREATER LANSING SILENT AUCTION FUNDRAISER

All proceeds raised will be used towards the development and <u>operation of a future Lansing area historical museum.</u>

Saturday, October 5, 2013 - 4:00pm-6:30pm LBWL John Dye Water Conditioning Plant

148 South Cedar Street - Downtown Lansing



Over 100 items on which to bid, including weekend getaways, tickets to sporting and cultural events, gift certificates to local stores and restaurants, handmade goods, collectible vintage books, and historic Lansing memorabilia

Tour the John Dye Water Treatment Plant and see its historic WPA era murals

Light hors d'oeuvres

Tickets \$15 per person - to purchase call (517) 282-0671, visit www.lansinghistory.org or email info@lansinghistory.org Sponsored by Lansing Board of Water & Light

Win 2 Tickets at www.LansingCityPulse.com!

This advertising space generously donated by City Pulse The Historical Society of Greater Lansing is a 501 (c) (3) non-profit corporation.



WEDNESDAY, SEPT. 25 >> TWESIGYE JACKSON KAGURI SPEAKS AT MSU



Author Twesigye Jackson Kaguri is the founder of the Nyaka AIDS Orphans Project, which provides free education for children in rural Uganda who have lost one or both parents to HIV/AIDS. Kaguri is also the former senior director of development at Michigan State University's College of Agriculture and Natural Resources. After his brother and sister died of HIV/AIDS within the span of a year, Kaguri was tasked with raising his siblings' four children. In the face of the HIV/AIDS pandemic in Uganda, Kaguri took action by creating the Nyaka AIDS Orphans Project, which helps children escape the cycle of poverty and HIV/AIDS through various after school programs. He is set to return to MSU to share his experiences. 6:30 p.m. FREE Room 326, Natural Science Building, 288 Farm Lane, East Lansing.

SATURDAY. SEPT. 28 >> DIANA KRALL

Antique and haunting, multi-Grammy winning jazz artist Diana Krall's distinctive voice has captured audiences worldwide. Saturday, she will perform songs from her newest album, "Glad Rag Doll," at the Wharton Center. The Canadian pianist and jazz singer (and wife of Elvis Costello) is the only jazz artist to have eight of her albums debut at the top of the Billboard Jazz Albums. 8 p.m. \$37-82. Wharton Center, Cobb Great Hall, 750 W. Shaw Lane, East Lansing.



SATURDAY, SEPT. 28 >> 'LES VAMPIRES' MARATHON

Twihards beware: This marathon does not include any fanged French heartthrobs. Written and directed by Louis Feuillade in 1915, "Les Vampires" is a silent film consisting separated into 10 episodes. It follows a reporter and his faithful companion as they investigate strange happenings in Paris connected to a secret society called Les Vampires. The six-and-a-half hour film plays at the Broad Art Museum 10 a.m. to 5 p.m. Sept. 28-29 and Oct. 1-3, and noon to 9 p.m. Oct. 4. Film Professor Tom Gunning of the University of Chicago will speak about it at 6 p.m. Oct. 2. It is in conjunction with Michelle Handelman's multi-channel video work, "Irma Vep, the last breath." FREE. Broad Art Musuem, 547 East Circle Drive, East Lansing. (517) 884-3900.



SUNDAY, SEPT. 29 >> 'ROCKY HORROR PICTURE SHOW' AT SPIRAL

It's just a jump to the left — Spiral Video and Dance Bar will have you doing the Time Warp until your hips and feet are killing you as it takes on the classic comedy-horror "Rocky Horror Picture Show." Ace DeVille will portray the ever-entertaining Dr. Frank-n-Furter, that sweet transvestite from Transexual, Transylvania. This 18-and-over rendition of "Rocky Horror" will be a shadow-cast performance. Actors pantomime their parts while the movie plays on a screen behind them. Spiral will have drink specials all night. Outside prop bags are prohibited. 18 and over. 9 p.m. \$5. Spiral Video and Dance Bar, 1247 Center St., Lansing. (517) 371-3221.

TUESDAY, OCT. 1 >> 'SO YOU THINK YOU CAN DANCE: LIVE 2013 TOUR'

'Couch potatoes and dance enthusiasts alike can witness the magic of the top-rated FOX dance competition show, "So You Think You Can Dance?" This is the only stop the show will make in Michigan as part of its 10th season live tour. The final 10 contestants will perform Tuesday. 7:30 p.m. Wharton Center, Cobb Great Hall. \$37-62. 750 W. Shaw Lane, East Lansing.

TUESDAY, OCT. 1 >> IT'S A BREAST THING

Breast-cancer awareness has reached the masses, but a local nonprofit is looking to do more. It's a Breast Thing seeks to support women with breast cancer and help those who are unable to cover their out-ofpocket expenses. The event, hosted by Tim Barron and Malinda Barr, invites the public to vote on 30 bras designed by various businesses and individuals in greater Lansing to decide which 12 bras will be modeled in the 2014 It's a Breast Thing calendar. You will also be able to bid on your favorite bras and meet exhibitors - in case you'd like to tell them how much you love their over-the-shoulder-boulder-holders. \$5 suggested donation. 5 p.m. Eagle Eye Golf Club, 15500 S. Chandler Road, Bath. (517) 641-4570.

Listings deadline is 5 p.m. the THURSDAY BBEFORE

publication. Paid classes will be listed in print at the cost of one enrollment (maximum \$20). Please submit them to the events events calendar at lansingcitypulse.com. If you need help, please call Jonathan at (517) 999-5069. E-mail information to calendar@lansingcitypulse.com

Wednesday, September 25 **CLASSES AND SEMINARS**

Capitalism and Christianity. Discussion. 6-7 p.m. FREE. Pilgrim Congregational United Church of Christ, 125 S. Pennsylvania Ave., Lansing. (517) 484-7434. PilgrimUCC.com.

Meditation. For beginners and experienced. 7-9 p.m. FREE. Vietnamese Buddhist Temple, 3015 S. Washington Ave., Lansing. (517) 351-5866.

Family Storytime. Ages up to 6. Stories, rhymes & activities, 10:30 a.m. FREE, CADL South Lansing Library, 3500 S. Cedar St., Lansing. (517) 272-9840. Drawing Class. All skill levels, with Penny Collins. Pre-registration required. 6-8:30 p.m. \$60 for 4 weeks. Gallery 1212 Old Town, 1212 Turner St., Lansing. (517) 999-1212, gallerv1212.com.

Drop-in Figure Drawing. Easels and drawing boards provided. 7-9:30 p.m. \$7, \$5 students. Kresge Art Center, located at Physics & Auditorium roads, MSU Campus, East Lansing. (517) 337-1170. Overeaters Anonymous. 7 p.m. FREE. First Con-

gregational United Church of Christ, 210 W. Saginaw Highway, Grand Ledge. (517) 256-6954. fcgl.org.

EVENTS

Volunteer Fair. Information about organizations and volunteer opportunities. 6-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. dtdl.org.

Practice Your English. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

Strategy Game Night. Learn andy share favorites. 5-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. dtdl.org.

Watershed Wellness Center Farmers Market. 9 a.m.-1 p.m. Watershed Farmers Market, 16280 National Parkway, Lansing. (517) 886-0440.

Allen Street Farmers Market. 2:30-7 p.m. FREE. Allen Street Farmers Market, 1619 E. Kalamazoo St., Lansing. (517) 999-3911.

Art from the Lakes. Exhibit dedicated to lakes. 10 a.m.-4 p.m. FREE. Lansing Art Gallery, 119 N. Washington Square, Suite 101, Lansing. (517) 374-6400 ext. 2. lansingartgallery.org.

Capital Area Crisis Men's Rugby Practice. Weather Permitting. All experience levels welcome.

See Out on the Town, Page 22

THE MEAT PUPPETS AT MAC'S BAR

Wednesday, Oct. 2 @ Mac's Bar, 2700 E. Michigan Ave., Lansing. \$15, \$10 adv., 8 p.m.

When the Kirkwood brothers took the stage in 1993 to back up Nirvana on MTV's "Unplugged," they'd already been playing the underground rock circuit for a shade under 15 years. Perhaps that's why Kurt Cobain chose to cover three of the band's songs ("Lake of Fire," "Plateau" and "Oh, Me") during the legendary live session. The Phoenix-based band plays Mac's Bar on Oct. 2; openers are The Hat Madder and Enemy Planes. The Meat Puppets formed in 1980 and were soon mixing rock, punk, folk and country, a raw sound dubbed "cow punk." Over the years the band's songwriting and playing skills have evolved, which can he heard on their latest album "Rat Farm," released in April.

STARDOG CHAMPION AT ULI'S

TURN IT

A SURVEY OF LANSING'S

MUSICAL LANDSCAPE

BY RICH TUPICA

DOWN



Uli's Haus of Rock, 4519 S. Martin Luther King Blvd., 18+, Lansing, \$10, 9 p.m

Stardog Champion may be a new addition to the hard rock scene, but the band's members have collectively sold over 4 million records worldwide. The unit features former members of Breaking Benjamin, Lifer and The Drama Club. The northeast Pennsylvania quartet headlines Thursday at Uli's Haus of Rock. Openers include What Comes to Life, Ignite The Borealis, Pollychromic and EndsEve. Stardog Champion's debut EP, "When We Fall," was produced by Grammy-nominated Neal Avron, who's worked with the likes of Switchfoot, Everclear and Linkin Park. As for the state of Breaking Benjamin, after some 2011 legal issues within the band the Hollywood Records band has been on an extended hiatus.



WED. OCT

2ND

Unitarian Universalist Church, East Lansing, 855 Grove St., \$15, \$5 students, 7:30 p.m.

The striking soprano tone of Anne Hills can be heard Friday at the Ten Pound Fiddle. The folk singer will perform as a duo with her longtime collaborator, Michael Smith, a Chicago-based songwriter. Hills, who cut her teeth in the Chicago folk scene throughout the 1980s, has recorded a number of earnest solo albums, spent time in the studio and performed live with folk legend Tom Paxton. Her 2012 album "The Things I Notice Now" is a 12-song Paxton covers album. The admiration goes both ways; Paxton said this about Hills songwriting:"(It's) as direct, melodic and deep as any work being done today. She is quite simply one of my absolute favorite songwriters."

MUSTARD PLUG AT MAC'S BAR



Mac's Bar, 2700 E. Michigan Ave., Lansing. All ages, \$12, \$10 adv., 6 p.m.

Ska-punk veterans Mustard Plug return Sunday to Mac's Bar. The band has played over 1,500 shows over the last two decades, selling 200,000 albums along the way. The Grand Rapids-based band started playing DIY punks shows in basements and released their debut in 1992, a cassette tape called "Skapocalypse Now!" The band gigged hard after that and saved money to record their first CD, 1994's "Big Daddy Multitude." That album gained the band national exposure and opening slots on tours for The Bouncing Souls, MXPX and Less Than Jake. Since then, the band has recorded five albums with Hopeless Records, including 2007's "In Black and White." Opening at Mac's Bar are Take A Hint, Explicit Bombers and The Faultline.

LARRY & HIS FLASK AT THE LOFT



The Loft, 414 E. Michigan Ave., Lansing. All ages, \$12, \$10 adv., 7 p.m.

In support of their upcoming album, "By the Lamp Light," the Oregon-based Larry & his Flask headlines Monday at The Loft; openers include The Crane Wives, Goat Machine and The Devil's Cut. Larry & His Flask have released a pile of records on the Silver Sprocket Bicycle Club label and are known for their rustic five-part harmonies. Aside from mellow folky influences, the Americana-rock band incorporates elements of punk, bluegrass, soul and high-energy rock 'n' roll, similar to Mumford & Sons. The group was formed by Jamin and Jesse Marshall in 2003; the Flask spent its first five years playing punk rock shows. By 2009 the band's sound was honed into a blurry blend of lightning-fast picking and rock.

UPCOMING SHOW? CONTACT RICH TUPICA AT RICH@LANSINGCITYPULSE.COM >>> TO BE LISTED IN LIVE & LOCAL E-MAIL LIVEANDLOCAL@LANSINGCITYPULSE.COM

LIVE&LOCAL	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Avenue Café, 2021 E. Michigan Ave.	Jen Sygit & Sam Corbin, 8 p.m.	Awesome Jazz, 8 p.m.	DJ Duke, 8 p.m.	Root Doctor, 5 p.m.
Colonial Bar, 3425 S. MLK Blvd.		DJ, 9 p.m.	Frog & the Beeftones, 9 p.m.	Frog & the Beeftones, 9 p.m.
Crunchy's, 254 W. Grand River Ave.	Blair Rabbit w/ Kyle McCann, 10 p.m.	Karoake, 9 p.m.	Karoake, 9 p.m.	Karoake, 9 p.m.
The Exchange, 314 E. Michigan Ave.	DJ Woody Wood, 9 p.m.	DJ Juan Trevino, 8 p.m.	Summer of Sol, 9: 30 p.m.	The New Rule, 9:30 p.m.
Grand Café/Sir Pizza, 201 E. Grand River Ave.		Kathy Ford Band, 7:30 p.m.	Karoake w/ Joanie Daniels, 7 p.m.	Roy and da Boys, 8 p.m.
Green Door, 2005 E. Michigan Ave.	DJ McCoy & Scratch Pilots, 9:30 p.m.	Pat Zelenka Project, 9:30 p.m.	Global Village, 9:30 p.m.	Avon Bomb, 9:30 p.m.
Harem, 414 E. Michigan Ave.		DJ Thor, 9 p.m.	DJ Skitzo, 9 p.m.	DJ Elemnt, 9 p.m.
The Loft, 414 E. Michigan Ave.	Aaron Carter, 6:30 p.m.	Radical Something, 7 p.m.		
Mac's Bar, 2700 E. Michigan Ave.			Lurking Corpses, 9 p.m.	Terrence Parker, 9 p.m.
Moriarty's Pub, 802 E. Michigan Ave.	Open Mic, 10 p.m.	Stella, 10 p.m.	The Lash. 9:30 p.m.	The Lash, 9:30 p.m.
Spiral, 1247 Center St.		Twisted Thursday, 9 p.m.	X Theory, 9 p.m.	Red Party, 9 p.m.
Tin Can West, 644 Migaldi Ln.	Waterpong w/ DJ Big Dawg Dave, 9 p.m.	Scott Martin, 9 p.m.		
Tin Can Downtown, 410 E. Michigan Ave.			DJ Mack Attack, 9:30 p.m.	DJ Juan Trevino, 9:30 p.m.
Tin Can DeWitt, 13175 Schavey Rd.	DJ Trivia w/ DJ Dave Floyd, 7 p.m.	Well Enough Alone, 7 p.m.		
Unicorn Tavern, 327 E. Grand River Ave.		Frog & the Beeftones, 8:30 p.m.	Steve West, 8:30 p.m.	Steve West, 8:30 p.m.
Uli's, 4519 S. Martin Luther King Jr. Blvd.		Stardog Champion, 8 p.m.	Hey Sugar, 8 p.m.	
Waterfront Bar & Grill, 325 City Market Drive	Indulgence Faction, 6 p.m.	Rhythm on the River, 6 p.m.	Charlie Dewey, 6 p.m.	
Whiskey Barrel Saloon, 410 S. Clippert St.	DJ, 9 p.m.	DJ, 9 p.m.	DJ, 9 p.m.	DJ, 9 p.m.

PLAY IN A BAND? BOOK SHOWS? Live & Local Lists upcoming gigs!

To get listed just email us at liveandlocal@lansingcitypulse.com or call (517) 999-6710

WHAT TO DO: Submit information by the Friday before publication (City Pulse comes out every Wednesday.) Be sure to tell us the name of the performer and the day, date and time of the performance. Only submit information for the following week's paper.

from page 20

6:30 p.m. FREE. Marshall Park, Corner of East Saginaw and Marshall Streets, Lansing.

From the Battlefield to the State House. Room 332. 6-7:30 p.m. FREE. Turner-Dodge House & Heritage Center, 100 E. North St., Lansing. (517) 319-6863. onebookeastlansing.com.

MUSIC

Sam Winternheimer Quartet. 7-10 p.m. Midtown Beer Co., 402 S. Washington Square, Lansing. Marshall Music Ukulele Workshop. Join Anna Zang. 6 p.m. FREE. Marshall Music, 3240 E. Saginaw St., Lansing. (517) 337-9700. marshallmusic.com.

Thursday, September 26 **CLASSES AND SEMINARS**

Cyber Safety for Tweens Ages 10-14. Please register. 4:30-5:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3. dtdl.org.

Take Off Pounds Sensibly. Weigh in, 6 p.m. Meeting, 6:30 p.m. FREE to visit. St. David's Episcopal Church, 1519 Elmwood Road, Lansing. (517) 882-9080. stdavidslansing.org.

Family Storytime. Ages up to 6. Stories, rhymes and activities. 10:30 a.m. FREE. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6363. cadl.org.

Computer Training. 11 a.m.-2 p.m. FREE. Faith United Methodist Church, 4301 S. Waverly Road, Lansing (517) 393-3347

Learning about Healthy Living: Tobacco and You. Free guit-smoking classes. 2-3 p.m. FREE. Community Mental Health Building, 812 E. Jolly Road, Lansing. (517) 887-4312.

St. Vincent Catholic Charities Stress Management Workshop. Open to adults 18 & over. 6-7 p.m. FREE. St. Vincent Catholic Charities, 2800 W. Willow St., Lansing. (517) 323-4734 ext. 1700.

Meditation. For beginners and experienced on Thursdays. 7-8:30 p.m. FREE. Quan Am Temple, 1840 N. College Ave., Mason. (517) 853-1675. quanamtemple.org.

EVENTS

Spanish Conversation Group. Both English and Spanish spoken. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420. Euchre. Come play Euchre and meet new people. No partner needed. 6-9 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

Karaoke. With Atomic D. 9 p.m. LeRov's Classic Bar & Grill, 1526 S. Cedar St., Lansing. (517) 482-0184. South Lansing Farmers Market. 3-7 p.m. FREE. South Lansing Farmers Market, 1905 W. Mount Hope Ave., Lansing. (517) 374-5700. Art from the Lakes. See details Sept. 25. Michigan Beer Show Podcast: Tap Takeover. Tap

Takeover with home brews, open to public. 8-9 p.m. FREE. Midtown Beer Co., 402 S. Washington Square, Lansing. (517) 977-1349.

Household Hazardous Waste Collection. Collecting hazardous waste items for disposal. 2-6 p.m. FREE. Ingham County Health Department, 5303 S. Cedar St., Lansing. (517) 887-4311. hd.ingham.org. Harvest Basket Produce Sale. All produce grown

naturally on the Smith Floral Property. 3-7:30 p.m. Smith Floral and Greenhouses, 124 E. Mount Hope Ave., Lansing.

MSU Community Music School 20th Anniversary Party. 5:30-7:30 p.m. \$75 . MSU Community Music School, 4930 S. Hagadorn Road, East Lansing. (517) 355-

7661. cms.msu.edu. MSU Film Collective: "The Reluctant Fundamentalist." Room B122. 8 p.m. FREE. MSU Wells Hall, MSU Campus, East Lansing. (517) 884-4441. filmstudies.cal.msu.edu.

Neighborhood Association Meeting. Discuss crime prevention and safety. 7 p.m. FREE. Averill Elementary School, 2000 Lewton Place, Lansing. AverillWoods.org.

MUSIC

Live Music at P Squared. Live music every Thursday, 8 p.m. FREE. P Squared Wine Bar, 107 S. Washington Square, Lansing. (517) 507-5074.

MSU Faculty Recital. Wind symphony. 7:30 p.m. \$8-\$20. Cobb Great Hall, Wharton Center, MSU Campus, East Lansing. 1-800-WHARTON. music.msu. edu/event-listing.

LITERATURE AND POETRY

Writers Roundtable. Get feedback on your writing. 6-7:45 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3. dtdl.org. Young Adult Author Panel. Five Michigan young adult authors. 6 p.m. FREE. Schuler Books & Music (Lansing), 2820 Towne Centre Blvd., Lansing. (517) 316-7495. schulerbooks.com.

RCAH Center for Poetry Annual Book Sale. Books start at 25 cents. 9 a.m.-5 p.m. FREE. MSU Auditorium, 150 Auditorium Road, East Lansing. (517) 884-1932. events.msu.edu.

Friday, September 27 **CLASSES AND SEMINARS**

Oil Painting. For all levels with Patricia Singer. Prereg-



istration required. 10 a.m.-12:30 p.m. \$60 for 4 weeks. Gallery 1212 Old Town, 1212 Turner St., Lansing. (517) 999-1212. gallery1212.com.

Brown Bag Presentation. Presentation by Daniel Bender. 12:15-1:30 p.m. FREE. MSU Museum Auditorium, MSU Campus, East Lansing.

Alcoholics Anonymous. A closed women's meeting. 7:30 p.m. St. Michael's Episcopal Church, 6500 Amwood Drive, Lansing. (517) 882-9733.

EVENTS

www.lansingcitypulse.com

Teen Advisory Group. Ages 13-18, plan programs & more. 5-6 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3. dtdl.org.

Art from the Lakes. See details Sept. 25. Lansing Bike Party. Bike ride with TGIF stop. 5:30 p.m.

FREE, Eli and Edvthe Broad Art Museum, 547 E. Circle Drive, MSU Campus, East Lansing. Outdoor Film Screening. "A Place At the Table." 6

p.m. \$5 donation. Lansing City Market, 325 City Market Drive, Lansing. (517) 483-7460. lansingcitymarket.com.

Jonesin' Crossword

"Thinking of Vi so listen care Matt Jones Across 1 AMA members 4 Defiant stayer' 11 Race participal 14 Black Eyed Pea singer will. 15 Place for a frie crash 16 SOS part 17 Bed linen wher stuff goes on? 19 Hosp. diagnost 20 "____ fair in lov war" 21 Smooth fabric 22 Random link fr some stranger, sa 23 Late comediar 26 Island show 28 Planner squar 29 "West Side Sto actor Tamblyn 32 Site to search stomach remedie 36 Drinkware cra between the mou 40 "In of flow 42 Clearer, as the 43 "Silver Spoon actress Gray 44 What sports c engines have? 47 Put at, as a pr 48 Sinn 49 "But Chee (Natasha Lyonne 52 "The Georgia 55 "Primal Fear" Edward 57 Roo, for one 60 Disaster relief 63 Better Than 64 Major miner c 65 Technical geni

MUSIC

Grand River Radio Diner With WLNZ 89.7. Featuring Mike Vial and Paul Frederici. Noon - 1 p.m. FREE. Grand Cafe/Sir Pizza, 201 E. Grand River, Lansing. (517) 483-1710. lcc.edu/radio.

MSU Faculty Recital. Symphony orchestra. 8 p.m. \$8-\$20. Cobb Great Hall, Wharton Center, MSU Campus, East Lansing. 1-800-WHARTON. music.msu. edu/event-listing.

LITERATURE AND POETRY

Teen Book Club. Ages 13-18. Call to register. 4-5 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3. dtdl.org.

Saturday, September 28 **CLASSES AND SEMINARS**

Tai Chi in the Park. Taught by Bob Teachout. 9 a.m. FREE. Hunter Park Community GardenHouse, 1400 block

See Out on the Town, Page 23

By Matt Jones

/iew"		1	2	3		4	5	6	7	8	9	10		11	12	13	
efully.		14				15	_		_	-				16			
siully.		17			18						⊢			19			
					10									19		· · · ·	
		20						21					22				
6		23				24	25			26		27					
's stance		28	\vdash			29		30	31			32		33	34	35	
ant? eas				36	37				-	38	39		-		\vdash		
		40	41				42	<u> </u>	<u> </u>	-	⊢		43	-	┣	_	
iend to																	
		44				45						46					
ere bad		47							48					49	50	51	
stic					52		53	54			55		56				
ve and		57	58	59			60		61	62			63	\vdash	\vdash		
		64	-	-		65	-	-	-	-	66	67	-	-	-		
c from		68				69		<u> </u>		L_			_	70			
say		00				100 A								0.700			
an Phyllis		71				72								73			
ire tory"	filmmaking? 68 Animation studio drawing					ins	9 Lizard that pitches insurance 10 Kind of poem					39 Senator Hatch 40 Jazzophile's collec- tion, often					
h for	69 D,	Ean		ut no	t F#,	11 E	asy v	win				41 Detroit suburb Grosse					
ies `afted	on a p					12 A psychic may claim					1	45 General's chicken					
ountains?	70 Qu 71 Dai	iit ias Iv	oung (pc	olitica	I		to see it 13 Barber's quick job 18 Adult ed. course						46 "Bed-In" participant 50 Pat of "The Karate				
wers"	blog)					18 /											
ne sky ns"	72 Ins				Ind		22 "Jackass" crewmate					Kid"					
10	73 Co			leiet			once on "Dancing with the Stars"						51 Headwear of yore 53 Bingo call				
car	ingrea	aient						ing st	at			54 Jet	fwh	o bou			
rice	Dow 1 Tota		's tot	als?		pito	ch	h gar in pe			40	Washington Post in 2013 56 Court judge 57 Sporty stereotype					
	2 Mex	l Total one's totals? 2 Mexico's national						Keith									
e movie)	flower	ower Reason for insoles,			Cu	р"				_	58 Brand with a "Triple Double" variety						
Peach" actor	3 Rea mayb						co ty		in c		59 Slip	oper	y crit	ters	nio"		
40101	4 "Ŵa	aybe "Was das?"						t whe		o is a		61 "Wa singer			empi	115	
		Pursue with passion					good number 34 1051, to Caesar					62 Co			offei	ring	
ef org.	6 Dee 7 Lan						35 Opium lounge					65 Ea			- .	-	
concern?			o apu	MUTT				mad volfe				66 Co Prince		the	⊦resh	1	
nius at	8 Gov		nent	IOU o	f		38 Late golfer Balles- teros					Prince 67 Suffix for sugars					
	sorts											01 00		ก่อนลู	5ai S		

©201 Jonesin' Crosswords • For answers to this puzzle, call: 1-900-226-2800, 99 cents per minute. Must be 18+. Or to bill to your credit card, call: 1-800-655-6548. vers Page 25

from page 22

of E. Kalamazoo St., Lansing.

Domestic Violence Support Group. Noon-1:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163.

EVENTS

Family Movie Matinee. Popcorn & movie. 1-3 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 4. dtdl.org. Lansing Area Heart Walk. Health screenings, kid activities & more. 8:30 a.m. FREE. Delta Dental, 4100 Okemos Road, Okemos. (800) 968-1040. LansingHeart-Walk.org.

Watershed Wellness Center Farmers Market. 9 a.m.-1 p.m. Watershed Farmers Market, 16280 National Parkway, Lansing. (517) 886-0440.

Urbandale Farm Stand. 10 a.m.-2 p.m. FREE. Urbandale Farm, 700 block S. Hayford Ave., Lansing. (517) 999-3916.

Holt Farmers Market. 9 a.m.-2 p.m. 2050 Cedar St., Holt.

American Heritage Festival. A day of rich cultural heritage. 10 a.m.-5 p.m. FREE. Woldumar Nature Center, 5739 Old Lansing Road, Lansing. 517 322 0030. woldumar.org.

Art from the Lakes. See details Sept. 25.

MUSIC

Live Music at Lansing City Market. Deacon Earl performs. 11 a.m.-1p.m. FREE. Lansing City Market, 325 City Market Drive, Lansing. (517)483-7460. lansingcitymarket.com.



6	3				2	1		4
			6		4			3
4			3	9	7	8		2
9		1	2				8	
						9	3	
				5		4		6
			7	6				
7	5	2				6	1	
	6	4		2	9		7	

TO PLAY

Fill in the grid so that every row, column, and outlined 3-by-3 box contains the numbers 1 through 9 exactly once. No guessing is required. The solution is unique.

To avoid erasing, pencil in your possible answers in the scratchpad space beneath the short line in each vacant square.

Answers on page 25

676-2290. inghamconservation.com.

Lansing Area Codependents Anonymous. Third floor meeting room. 2-3 p.m. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-6300. cadl.

EVENTS

Capital Area Singles Dance. With door prizes. 6-10 p.m. \$8. Fraternal Order of Eagles, 4700 N. Grand River Ave., Lansing. (517) 819-0405.

Spiritual Talk. Pure meditation and silent prayer. 7 p.m. FREE. Self Realization Meditation Healing Centre, 7187 Drumheller Road, Bath. (517) 641-6201. City of East Lansing Farmers Market. Growers-only market. 10 a.m.-2 p.m. Valley Court Park, 400 Hillside Court, East Lansing.

Trade Faire & Open Mic. Bring things to sell or barter & open mic. Noon, FREE. 1200 Marquette St., Lansing. (517) 420-1873, thinklivemusic.com.

Art from the Lakes. See details Sept. 25. Lansing/East Lansing Aids Walk. Live entertainment, kid's booth, doggie station and more. 11 a.m. Donations. Valley Court Park, 400 Hillside Court, East Lansing. (517) 394-3719 ext. 13. kintera.org.

MUSIC

MSU Faculty and Guest Recital. Trombone and piano. 3 p.m. \$8-\$20. Cook Recital Hall, Music Building, 333 W. Circle Drive, East Lansing. music.msu.edu/ event-listing.

Monday, September 30 classes and seminars

Learn to Meditate. Taught by Bob Teachout. Enter at rear of building. 8:15-9 p.m. Donations. C. Weaver Physical Therapy Exercise Studio, 1720 Abbey Road, East Lansing. (517) 272-9379. Metaphysical Mondays. Discussion, 7-8 p.m. FREE. Triple Goddess New Age Bookstore, 1824 E. Michigan Ave., Lansing. (517) 883-3414. triplegoddessbookstore.net.

Zumba Gold. For seniors or beginners. 11 a.m.-Noon, \$8 drop-in rate, \$35 five-visit punch card, \$65 10-visit punch card. Kick it Out! Dance Studio, 1880 Haslett Road, East Lansing. (517) 582-6784.

Computer Training. 11 a.m.-2 p.m. FREE. Faith United Methodist Church, 4301 S. Waverly Road, Lansing. (517) 393-3347.

Adult Rape Survivor Support Group. 6-7:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163. womenscenterofgreaterlansing.org.

Job Seekers Support Group. Find the right job or career. 10 am.-Noon, FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163. Support Group. For the divorced, separated and widowed. Room 9. 7:30 p.m., St. David's Episcopal Church, 1519 Elmwood Road, Lansing. (517) 323-2272.

EVENTS

Homeschool Connect. All ages. Activities for homeschooling families. 1-2:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3. dtdl.org.

Social Bridge. Come play Bridge and meet new people. No partner needed. 1-4 p.m. \$1.50. Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing. (517) 484-5600.

Cyber Safety for Parents/Caregivers. Presentation. 6:30-7:30 p.m. FREE. Delta Township District Library, 5130 Davenport Drive, Lansing. (517) 321-4014 ext. 3. dtdl.org.

Mac's Monday Comedy Night. Hosted by Mark Roe-

See Out on the Town, Page 24



#ShowYourCard

From Sept. 1–30, show your CADL card at **Famous Taco in Haslett** and get

10% off your meal.

cadl.org/showyourcard



23

MSU Faculty and Guest Recital. Voice, piano, viola,

oboe and cello. 8 p.m. \$8-\$20. Cook Recital Hall. Music

Building, 333 W. Circle Drive, East Lansing. music.msu.

MSU Guest Recital. Featuring the music of George

Gershwin. 7:30 p.m. \$8-\$20. Fairchild Theatre, MSU

Campus, East Lansing. music.msu.edu/event-listing.

a tribute to Elvis Presley. 8 p.m. \$15. Leslie American

Scenes of Shakespeare. Donations benefit Friends

Lansing Library, 401 S. Capitol Ave., Lansing. (517) 367-

Story Time. Bestselling author Deb Diesen pres-

ents "Picture Day Perfection," 1 p.m. FREE. Schuler

Books & Music, 2820 Towne Centre Blvd., Lansing.

Juggling. Learn how to juggle. 2-4 p.m. FREE. Orchard

Street Pumphouse, 368 Orchard St., East Lansing. (517)

Spiritual Talk, Pure Meditation & Silent Prayer.

7 p.m. FREE. Self Realization Meditation Healing Centre,

7187 Drumheller Road, Bath. (517) 641-6201. SelfRealiza-

quality in local rivers & streams. 1-5 p.m. FREE. Ingham

Conservation District, 1031 W. Dexter Trail, Mason. (517)

Serving Greater Lansing's LGBT Community

Lansing Association

for Human Rights

An advocate by and for

lesbian, gay, bisexual and transgender people and

their allies in the greater Lansing community since 1979.

www.LAHRonline.org

BEGINNER

Volunteer Stream Monitoring. Monitor water

of the Lansing Libraries. 3 & 3:30 p.m. FREE. Downtown

Legion, 422 Woodworth St., Leslie. (517) 676-1721.

Matt King's Tribute to Elvis. Leslie native performs

edu/event-listing.

THEATER

6363. cadl.org.

LITERATURE AND POETRY

(517) 316-7495. schulerbooks.com.

Sunday, September 29

CLASSES AND SEMINARS

tionCentreMichigan.org.

485-9190.

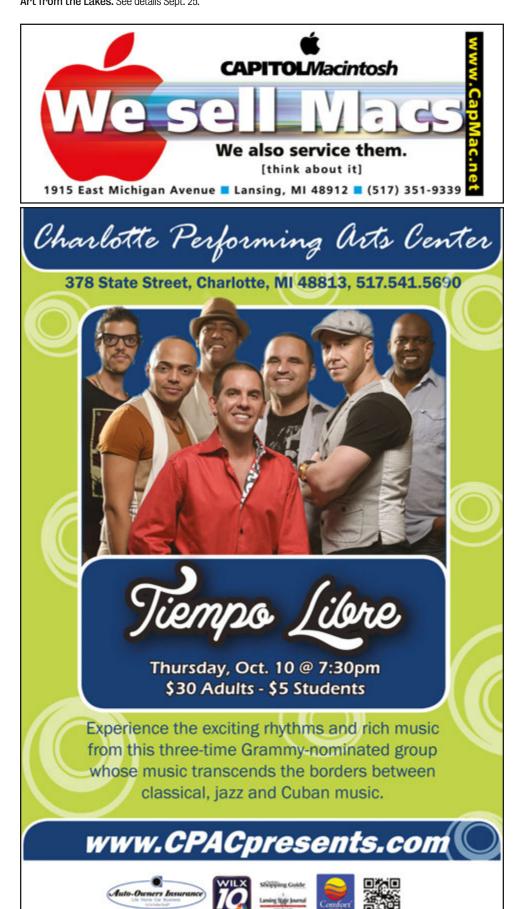
from page 23

buck and Dan Currie. 9:30 p.m. FREE. Mac's Bar, 2700 E. Michigan Ave., Lansing. (517) 484-6795. macsbar.com. **Club Shakespeare.** Rehearsing "Scenes of Shakespeare." 6-8:45 p.m. Donations. CADL Downtown Lansing Library, 401 S. Capitol Ave., Lansing. (517) 348-5728. cadl.org. **Art from the Lakes.** See details Sept. 25.

MUSIC

Open-Mic Blues Mondays. Solo, duo, band and spoken-word acts welcome. 6:30-10:30 p.m. FREE. Midtown Beer Co., 402 Washington Square, Lansing. (517) 977-1349.

MSU Guest Recital. Terje Hansen on violin. 7:30 p.m. \$8-\$20. Cook Recital Hall, Music Building, 333 W. Circle Drive, East Lansing. music.msu. edu/event-listing.



LITERATURE AND POETRY

Fanged Fiction Book Group Meeting. "The Walking Dead: Rise of the Govenor," 7 p.m. FREE. Schuler Books & Music, 2820 Towne Centre Blvd., Lansing. (517) 316-7495. schulerbooks.com.

Tuesday, October 1 classes and seminars

Take Off Pounds Sensibly. Anyone wanting to lose weight is welcome. 7 p.m. FREE to visit. Eaton Rapids Medical Center, 1500 S. Main St., Eaton Rapids. (517) 543-0786. Intro to Computers. Learn from professionals. 2:30-4 p.m. FREE. Capital Area Michigan Works, 2110 S. Cedar St., Lansing.

Speakeasies Toastmasters. Become a better speaker. 12:05-1 p.m. FREE. Ingham County Human Services Building. 5303 S. Cedar St., Lansing. (517) 887-1440. Healing Hearts. For those who have lost a loved one. 4-5:30 p.m. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 372-9163. womenscenterofgreaterlansing.org.

Not So Happy Endings Support Group. 5:30-7:30 p.m. FREE. Women's Center of Greater Lansing, 1710 E. Michigan Ave., Lansing. (517) 896-3311. womenscenterofgreaterlansing.org. Hopeful Hearts Grief Group. Learn, grow and heal together. 10-11 a.m. FREE. The Marquette Activity Room, 5968 Park Lake Road, East Lansing. (517) 381 4866. Transgender Support Group. Discussion for parents and guardians. 7:15 p.m. FREE. MSU LGBT Resource Center, near Collingwood entrance, East Lansing. (517) 927-8260.

People's Law School. Bicycle and pedestrian law. 7-9 p.m. \$25 for seven weeks. Hannah Community Center, 819 Abbot Road, East Lansing. peopleslawschool.org. New Tomorrows Meeting. Handling stress. Call to register. 10:30 a.m.-Noon, FREE. Burcham Hills Retirement Community, 2700 Burcham Drive, East Lansing. (517) 975-9909. burchamhills.com.

4-H Animal Control Expo. Small animal demonstrations. Noon-4 p.m. FREE. Ingham County Animal Control Outreach Center, 826 W. Saginaw St., Lansing. (517) 676-8370.

Water-media class. All skill levels. Pre-registration required. 6-8:30 p.m. \$60 for four weeks. Gallery 1212 Old Town, 1212 Turner St., Lansing. (517) 999-1212. New Tomorrows Meeting. Handling stress. Call to register. 6-7:30 p.m. FREE. Burcham Hills Retirement Community, 2700 Burcham Drive, East Lansing. (517) 975-9909. burchamhills.com.

See Out on the Town, Page 25

ALDACO'S TACO BAR / LEOPOLD BLOOM & CO.

Alan I. Ross/Gity Pulse Aldaco's Taco Bar in south Lansing recently moved from its previous location about a quarter mile to the north. The long-standing Mexican restaurant kept its famous buffet and will soon add a liquor license to the

equation.

Earlier this month, south Lansing's **Aldaco's Authentic Mexican Restaurant** made the move about



to its new location in the shadow of the I-96 overpass. The switch-up also involved a name change: The restaurant's new moniker is **Aldaco's Taco Bar**, a nod to

Is Aldaco's laco Bar, a nod to its upcoming liquor license, but it could work just as well for its most famous feature: a lunch and dinner buffet featuring a wide variety of authentic Mexican dishes, including, yep, tacos.

(Fun fact: In 2009, the tacos at Aldaco's earned an impressive 7.2 rating out of 10 in a city-wide taco taste test conducted by a crack team of City Pulse experts, good enough for third place.) The building is the former location for **The Family Restaurant**, which lasted about a year after opening in summer 2012. Owner/ operator Ruben Aldaco has a rich legacy of Mexican cuisine in the area: His uncle owned **Famous Taco**, where Aldaco got his start in the biz at 14. Last fall, Aldaco opened **Aldaco's Taco 911** in the bustling bar district on the 400 block of Michigan Avenue.

Something old, something new

Last week, **Leopold** Bloom & Co., a new home décor, housewares and antique store in Old Town, offered a sneak peek to curiosity seekers. (It officially opens next week.) On the store's Facebook page, owner/operator Tony Sump, also a prominent member of the Lansing community theater scene, wrote Leopold "brings the refined elegance of old and mixes it artfully with carefully selected new home decor. Sort of a 'renewed vintage' approach to home interiors."

The store is, of course, named after the hero of James Joyce's "Ulysses," widely considered one of Western culture's greatest pieces of literature. Wonder if they give you a discount if you've actually made it all the way through the book.

Aldaco's Taco Bar

6724 S. Cedar St., Lansing 9 a.m.-9 p.m. Sunday-Wednesday; 8 a.m.-10 p.m. Thursday-Saturday (517) 272-4600

Leopold Bloom & Co.

523 E. Grand River Ave., Lansing Hours coming soon. (517) 410-5670 facebook.com/ leopoldbloomco

from page 24

Lansing Area Codependents Anonymous. 5:45-6:45 p.m. Everybody Reads Books and Stuff, 2019 E. Michigan Ave., Lansing. (517) 346-9900.

EVENTS

Tea & Talk. Salon Style discussions. 8 p.m. FREE. Triple Goddess New Age Bookstore, 1824 E. Michigan Ave., Lansing. (517) 883-3414. triplegoddessbookstore.net.

Wednesday, October 2 CLASSES AND SEMINARS

Meditation. For beginners and experienced. 7-9 p.m. FREE. Vietnamese Buddhist Temple, 3015 S. Washington Ave., Lansing. (517) 351-5866.

Family Storytime. Ages up to 6. Stories, rhymes and activities. 10:30 a.m. FREE. CADL South Lansing Library, 3500 S. Cedar St., Lansing. (517) 272-9840.

Drawing Class. All skill levels, with Penny Collins. Pre-registration required. 6-8:30 p.m. \$60 for 4 weeks. Gallery 1212 Old Town, 1212 Turner St. Lansing. (517) 999-1212. gallery1212.com.

Drop-in Figure Drawing. Easels and drawing boards provided. 7-9:30 p.m. \$7, \$5 students. Kresge Art Center, located at Physics and Auditorium roads, MSU Campus, East Lansing. (517) 337-1170.

Overeaters Anonymous. 7 p.m. FREE. First Congregational United Church of Christ, 210 W. Saginaw Highway, Grand Ledge. (517) 256-6954. fcgl.org.

EVENTS

Practice Your English. 7-8 p.m. FREE. East Lansing Public Library, 950 Abbot Road, East Lansing. (517) 351-2420.

Watershed Wellness Center Farmers Market. 9 a.m.-1 p.m. Watershed Farmers Market, 16280 National Parkway, Lansing. (517) 886-0440.

Allen Street Farmers Market. 2:30-7 p.m. FREE. Allen Street Farmers Market, 1619 E. Kalamazoo St., Lansing. (517) 999-3911.

Capital Area Crisis Men's Rugby Practice.

Weather Permitting. All experience levels welcome. 6:30 p.m. FREE. Marshall Park, Corner of East Saginaw and Marshall streets, Lansing.

Current Sports TV. Participate in the live studio audience. 6-7:30 p.m. FREE. WKAR television studios, Communication Arts and Sciences building at MSU, East Lansing. (517) 884-4700. wkar.org.

Form-Based Code Meeting. Learn about the new zoning system. 6-8 p.m. FREE. Ingham Regional Medical Educa-

tion Center, 401 W. Greenlawn Ave., Lansing. (517) 483-4061.

MUSIC

Sam Winternheimer Quartet. 7-10 p.m. Midtown

	CROSSWORD SOLUTION From Pg. 22													
М	D	S		1	W	0	Ν	Т	G	0		R	А	Т
1	А	М		S	0	F	Α	В	Е	D		0	U	R
S	н	Е	Е	Т	0	F	V	1	С	Е		М	R	1
А	L	L	S			S	1	L	к		s	Ρ	Α	М
D	1	L	L	Е	R			L	0	S	Т			
D	А	Υ		R	U	S	S			W	Е	в	М	D
		F	L	Α	G	0	Ν	S	0	F	V	A	L	E
L	1	Е	U		в	L	U	Е	R		Е	R	1	N
Ρ	L	Е	Ν	Т	Y	0	F	V	R	0	0	М		
S	Е	Т	A	S			F	Е	1	Ν		1	М	Α
			С	0	В	В			Ν	0	R	Т	0	Ν
J	0	Е	Y		F	Е	М	А			Е	Ζ	R	А
0	R	Е		W	1	Ζ	Α	R	D	0	F	V	1	D
С	Е	L		1	V	0	R	1	Е	S		А	Т	Е
к	0	S		Ν	E	S	С	A	F	Е		Н	A	М

Beer Co., 402 S. Washington Square, Lansing. **Open Jam Night**. All ages and levels welcome. 6 p.m. FREE. Marshall Music, 3240 E. Saginaw St., Lansing. (517) 337-9700. marshallmusic.com.

www.lansingcitypulse.com

City Pulse Classifieds Interested in placing a classified ad in City Pulse?

(517) 999-5066 or adcopy@lansingcitypulse.com

D's & C's Barbecue Award-winning, southernstyle. Pulled pork, ribs, jumbo chicken wings. Experience some of the best barbecue in the county. Catering. Open Friday & Saturday. 4617 N. Grand River. (517) 853-5235. Room for Rent \$350/month includes all utilities.

kitchen, washer, dryer and cable. No pets. Call 331-0489.

Computer/IT: Information Technologist III with Michigan State University in East Lansing, Michigan: Design, develop, and deploy complex enterprise applications to meet user requirements and business needs. Design and build enterprise applications based on the Kuali Rice infrastructure. Minimum requirements: Bachelor degree in Computer Science, or related engineering/ technology field, and 5 years progressively responsible experience in information technology field. Experience must include overseeing large, complex or critical information technology projects and a minimum of 3 years of experience with JAVA, Spring, and RDBMS (Oracle, SQL Server). To apply for this posting, please go to www.jobs.msu.edu and search for posting number 8213. MSU is committed to achieving excellence through cultural diversity. The university actively encourages applications and/or nominations from women, persons of color, veterans and persons with disabilities. MSU is an affirmative action, equal opportunity employer.

Cherry Capital Foods is focused on local and Michigan grown food. With our growth over the last few years we have found ourselves in need of a warehouse manager in our Okemos facility. The warehouse satisfaction by overseeing warehouse operations in a safe, secure, efficient and cost-effective manner that complies with company policy and OSHA regulations. They will also be responsible to help make sure we meet all third party audits by maintaining a clean work area and proper temperature controls in the warehouse.

For job duties & requirements visit: http://cherrycapitalfoods. com/jobs/warehouse-manager-okemos.

Meridian Mall Fall arts, crafts, antiques, collectibles & home-business shows. Sept. 27-29 & Nov. 8-10. Don't forget Midland Mall — Nov. 15-17, 22-24, 29-Dec. 1, Dec 13-15, 20-22. Space limited. For info, visit smetankacraftshows.com or call (810) 658-0440 or 658-8080

Distribution Driver - PT Job opening to stock schedule racks in Greater Lansing area. flexible hours. Must have van or SUV w/own insurance, computer, cell phone w/text and energy. e-mail resume to: garrett@ wayforwardinfo.com

2001 ISUZU VehiCross Very rare & unique performance sport ute. Must sell this week at half book value - dog needs surgery... Needs some work to be top notch. \$4800 or best reasonable offer. Comes with official dealer service DVD. Come see and make offer. 517-575-5599

City Pulse is seeking candidates to join its sales team. Full time and part time positions available. Sales experience required, preferably in advertising/ marketing. Opportunity to grow. EEO. Submit resume to shelly@lansingcitypulse.com.

	SUDOKU SOLUTION From Pg. 23											
6	3	7	5	8	2	1	9	4				
2	8	9	6	1	4	7	5	3				
4	1	5	3	9	7	8	6	2				
9	4	1	2	3	6	5	8	7				
5	2	6	4	7	8	9	3	1				
3	7	8	9	5	1	4	2	6				
1	9	3	7	6	5	2	4	8				
7	5	2	8	4	3	6	1	9				
8	6	4	1	2	9	3	7	5				

Free Will Astrology By Rob Brezsny

ARIES (March 21-April 19):I've got a good feeling about your relationship with intimacy in the coming weeks. Judging from the astrological omens, I think you will have a good instinct about how to drum up interesting fun with your most important allies. You'll just naturally know what to do to make your collaborative efforts synergistic. So by all means cash in on this potential. Don't just sit back and hope for the best; rather, call on your imagination to provide you with original ideas about how to make it all happen.

TAURUS (April 20-May 20): Would you be willing to go to extraordinary lengths to transform aspects of your life that you have felt are hard to transform? Now would be a good time to do that. Luck will flow your way if you work on healing your number one wound. Unexpected help and inspiration will appear if you administer tough love to any part of you that's addicted, immature, or unconscious. Barriers will crumple if you brainstorm about new ways to satisfy your frustrated yearnings.

GEMINI (May 21-June 20): I bet your normal paranoia levels will decline in the coming weeks. Fears you take for granted won't make nearly as much sense as they usually seem to. As a result, you'll be tempted to wriggle free from your defense mechanisms. Useful ideas that your mind has been closed to may suddenly tantalize your curiosity. I won't be surprised if you start tuning into catalysts that had previously been invisible to you. But here are my questions: Can you deal with losing the motivational force that fear gives you? Will you be able to get inspired by grace and pleasure rather than anxiety and agitation? I advise you to work hard on raising your trust levels.

CANCER (June 21-July 22): "Sometimes people have nothing to say because they're too empty," writes author Yasmin Mogahed, "and sometimes people have nothing to say because they're too full." By my reckoning, Cancerian, you will soon be in the latter category. A big silence is settling over you as new amusements and amazements rise up within you. It will be understandable if you feel reluctant to blab about them. They need more time to ripen. You should trust your impulse to remain a secret and a mystery for a while.

LEO (July 23-Aug. 22): "Insight is not a light bulb that goes off inside our heads," says author Malcolm Gladwell. "It is a flickering candle that can easily be snuffed out." Take that as a constructive warning, Leo. On the one hand, I believe you will soon glimpse quite a few new understandings of how the world works and what you could do to make it serve you better. On the other hand, you've got to be extra alert for these new understandings and committed to capturing them the moment they pop up. Articulate them immediately. If you're alone, talk to yourself about them. Maybe even write them down. Don't just assume you will be able to remember them perfectly later when it's more convenient.

VIRGO (Aug. 23-Sept. 22): After a storm, British wildlife lover Gary Zammit found a baby heron cowering in a broken nest. Its parents were dead. Zammit took the orphan under his wing. He named it Dude, and cared for it as it grew. Eventually he realized that Dude was never going to learn to fly unless he intervened. Filling his pockets full of the food that Dude loved, Zammit launched a series of flying lessons -- waving his arms and squawking as he ran along a flat meadow that served as a runway. Dude imitated his human dad, and soon mastered the art of flight. Can you see ways in which this story might have metaphorical resemblances to your own life, Virgo? I think it does. It's time for your mind to teach your body an instinctual skill or self-care habit that it has never quite gotten right

LIBRA (Sept. 23-Oct. 22): For four days twice a year, the East China Sea recedes to create a narrow strip of land between two Korean islands, Jindo and

Modo. People celebrate the "Sea-Parting Festival" by strolling back and forth along the temporary path. The phenomenon has been called the "Korean version of Moses' miracle," although it's more reasonably explained by the action of the tides. I foresee some sweet marvel akin to this one occurring in your life very soon, Libra. Be ready to take advantage of a special dispensation.

SCORPIO (Oct. 23-Nov. 21): The desire for revenge is a favorite theme of the entertainment industry. It's presented as being glamorous and stirring and even noble. How many action films build their plots around the hero seeking payback against his enemies? Personally, I see revenge as one of the top three worst emotions. In real life, it rarely has redeeming value. People who actively express it often wreak pain and ruin on both others and themselves. Even those who merely stew in it may wound themselves by doing so. I bring this up, Scorpio, because now is an excellent time for you to shed desires for revenge. Dissolve them, get rid of them, talk yourself out of indulging in them. The reward for doing so will be a great liberation.

SAGITTARIUS (Nov. 22-Dec. 21): Just for a few days, would you be willing to put your attention on the needs of others more than on your own? The weird thing is, your selfish interests will be best served by being as unselfish and empathetic and compassionate as you can stand to be. I don't mean that you should allow yourself to be abused or taken advantage of. Your task is to express an abundance of creative generosity as you bestow your unique blessings in ways that make you feel powerful. In the words of theologian Frederick Buechner, you should go "to the place where your deep gladness and the world's deep hunger meet."

CAPRICORN (Dec. 22-Jan. 19): Imagine a scenario like this: The CEOs of five crazily rich U.S. corporations, including a major defense contractor, stage a press conference to announce that in the future they will turn down the massive welfare benefits and tax breaks the federal government has been doling out to them all these years. Now picture this: The Pope issues a statement declaring that since Jesus Christ never had a single bad word to say about homosexuals, the Catholic Church is withdrawing its resistance to gay rights. I am envisioning a comparable reversal in your life, Capricorn -- a flip-flop that seems equally improbable. But unlike the two I named, yours will actually unfold in the course of the next eight months. If it hasn't already started yet, it will soon.

AQUARIUS (Jan. 20-Feb. 18): Matteo Ricci was an Italian Jesuit priest who lived from 1552 to 1610. For his last 28 years, he worked as a missionary in China. Corresponding with his friends and family back home required a lot of patience. News traveled very slowly. Whenever he sent out a letter, he was aware that there'd be no response for seven years. What would you express about your life right now if you knew your dear ones wouldn't learn of it until 2017? Imagine describing to them in an old-fashioned letter what your plans will be between now and then . . . what you hope to accomplish and how you will transform yourself. Right now is an excellent time to take inventory of your long-term future.

PISCES (Feb. 19-March 20): The cosmos is granting you a poetic license to practice the art of apodyopsis with great relish. You know what apodyopsis is, right? It refers to the act of envisioning people naked -- mentally undressing them so as to picture them in their raw state. So, yes, by all means, Pisces, enjoy this creative use of your imagination without apology. It should generate many fine ramifications. For instance, it will prime you to penetrate beneath the surface of things. It will encourage you to see through everyone's social masks and tune in to what's really going on in their depths. You need to do that right now.

Sept 25-Oct 1



CO-OP PRINCIPLES Voluntary & OPEN MEMBERSHIP anyone can be an owner & anyone can shop DEMOCRATIC MEMBER CONTROL owners elect a volunteer Board of Directors DEMOCRATIC MEMBER CONTROL owners hold equity in our co-op MEMBERS' ECONOMIC PARTICIPATION owners hold equity in our co-op AUTONOMY & INDEPENDENCE free from corporate control EDUCATION, TRAINING & INFORMATION frequent classes, demos & discussions COOPERATION AMONG COOPERATIVES we carry products made by other co-ops CONCERN FOR COMMUNITY sustainable practices & community outreach

EVERYONE IS WELCOME TO SHOP HERE! GOMMUNITY 4960 NORTHWIND DR., E. LANSING & WWW.ELFCO.COOP **1976**

The area's finest selection of gourmet foods from around the world





Laura Johnson/City Pulse

The hot/cold bar at the Better Health Café is located in the rear of The Better Health Store, 305 N. Clippert St. in Lansing Township near Frandor. The hot bar, available from 10 a.m. to 6 p.m. Monday-Saturday, is a recent addition to the cafe's offerings. The cold bar and soups are available seven days a week.

Hot and cold

Better Health Café offers organic, vegan and gluten-free lunch selections

By LAURA JOHNSON

I'm a semi-regular shopper at The Better Health Store, the natural and organic grocery store located across from Frandor Shopping Center in Lansing Township. Until

recently, however, I hadn't tried its café. I'd glanced at it as I perused the back of the store, usually as I was in search of natural peanut butter, oatmeal or (let's be honest) wine; but despite my affinity for natural, healthy, non-industrial foods, I've never been big on salad bars, the café's centerpiece. Call me crazy.

But now that the café has added a hot bar to its cold bar, it's a whole new ballgame. Not to mention a full menu of organic sandwiches, wraps and burgers, smoothies, juices and coffee that has somehow slipped under my radar.

The café added the hot bar to the mix about seven months ago, the café's manager, Tasha Kuhn, told me. The menu changes everyday, posted regularly to Better Health's Facebook page; Kuhn said the aim is to meet a range of dietary needs.

"We try to do mostly gluten-free," she said, "And we always offer something vegan and some protein or real meat." She added that the café has also incorporated more caveman-friendly items as the paleo diet has surged in popularity. "Our customers are pretty loyal to us, and so we try to cover (all types of diets)," she explained.

I first tried the café's lunch last Monday, and its wide selection made for a hard choice. I reluctantly passed over the baked tilapia with cumin and coriander, free-range garlic Parmesan chicken breast, California brown basmati rice, spicy black-eyed peas and pinto beans and (even more reluctantly) the all-natural walnut apple pie. I also skipped the soups, but there were some great-sounding options: Award-winning vegan chili, dilled barley soup, African pineapple peanut stew and a traditional clam chowder.

Instead, I opted for the free-range chicken stew, roasted red beets and onions, roasted seasoned zucchini and sugar snap peas. From the cold bar I added a small salad with organic greens, tofu, chickpeas and sunflower seeds. The dressings weren't homemade but were all-natural. I topped it off with a biscuit and some spiced rice pudding. My total, with the store's standard 10 percent student discount, came to \$8.07 — much less than I'd expected.

"(The price) isn't bad," Kuhn said. "We just do everything (for \$8.79) per pound, whether it's hot or cold."

As I ate, people drifted in and out. When I arrived that morning at 11:30, it was pretty slow, but by the time I finished up the place was lively; seven of the 10 tables were full, and there were several people circling the hot/cold bar and a growing check-out line. Kuhn told me that it's been sort of slow the last few weeks with school starting, but that overall business has picked up since the arrival of the hot bar.

A couple of days later I returned, and this time, newly confident with how things worked, I helped myself to a plate of freerange chicken in a natural broth, garlic smashed redskin potatoes (vegan, glutenand dairy free), roasted kale with strawberries and blueberries, gourmet stuffed mush-



Organic

from page 26

rooms with wild sockeye salmon, bread with vegan butter (surprisingly tasty!) and a photo-worthy slice of all-natural blueberry pie. I definitely pigged out this time, and my total came to 11.47 — with leftovers.

The café tries to source as much of its all-organic meats and produce as it can from local suppliers, one of the employees told me as I made my selections. Yet another reason to add to my growing list of reasons to eat here.

This time as I ate, I studied the permanent menu more carefully; it has a ton of appetizing and not-too-expensive options, too. Traditional meat burgers (grass-fed Angus beef), black bean or portabella burgers for \$6.99, served with chips or an apple and a pickle.

A range of sandwiches and wraps are also offered, in addition to a full menu of smoothies and juices - which use allorganic fruits and local honey – and an organic and fair-trade coffee bar. Across the board, the café seems to be seeking the the highest quality products.

"We make sure that our meats are hormone and antibiotic free," reads the café's website, "Our coffee is always organic and fair trade ... (and) most of the foods we serve avoid the process of any genetic engineering."

People did seem to be enjoying themselves. As customers checked out at the counter, I heard friendly and familiar conversations. Kuhn told me there are a lot of regulars here. I think they just got another.

Food Finder listings are rotated each week based on space. If you have an update for the listings, please e-mail food@lansingcitypulse.com.

8:30 p.m. Tuesday,

a.m.-9 p.m. Saturday

EXPRESS-111 E.

Allegan St., Lansing. 8

a.m.-5:30 p.m. Monday-

Friday; closed Saturday-

Sunday. (517) 485-9688.

angisushi.com. OM, \$

Traditional Taiwanese

and Chinese cuisine. 300

Monday-Saturday, closed

Sunday. (517) 332-1111.

N. Clippert St., Lansing.

APPLE JADE -

11 a.m.-8:30 p.m.

ASIAN BUFFET —

Grill. 4920 Marsh Rd..

p. m. Sunday. (517)

www.facebook.com/

AsianBuffetinOkemos. FB,

OM, TO, WiFi, RES, \$-\$\$

KOREAN CUISINE -

Chinese fare. 600 E.

Thomas St., Lansing. 11

381-8388, https://

BULGOGI FINE

TO. RÉS. \$\$

TO, RES, \$\$

ANQI SUSHI

(517) 347-7333. WB, D,

Wednesday, Friday; 11:30

CAFES AND DINERS SWEET LINDA'S CAFE

- Coffee, sandwiches, paninis. 214 S. Bridge St, Grand Ledge. 6:30 a.m.-7 p.m. Monday-Friday; 7 a.m.- 4 p.m. Saturdav: 8 a.m.-noon Sunday, (517) 622-2050. TO, RÉS, \$

TED-DEE'S SANDWICH SHOP — Deli sandwiches, soups and specialties, 119 S. Washington Square, Lansing. 9 a.m.-4:30 p.m. Monday-Friday; 11 a.m.-2 p.m. Saturday; closed Sunday. (517) 374-2784 ted-dees.com TO, D (orders of \$20 or more), OM, WiFi, \$

THEIO'S - 24-hour diner serving breakfast. lunch and dinner. 2650 E. Michigan Ave. Lansing. (517) 487-3955. TO, P, WiFi, \$

TONY'S -Traditional diner with breakfast all day. 350 Albert Ave., East Lansing. 8 a.m.-8 p.m. daily. (517) 332-5553. TO, WiFi \$

VINTAGE CAFE -Breakfast, lunch and coffee. 1147 S. Washington Ave., Lansing. 6:30 a.m. 3 p.m. Monday-Friday; closed Saturday-Sunday (517) 371-1600. OM. TO, P, \$

ZEUS'S CONEY ISLAND — Greek classics and American favorites. 6525 S. Pennsylvania Ave. Lansing. 7 a.m.-9 p.m. Sunday-Thursday; 7 a.m.-10 p.m. Friday-Saturday. (517) 272-7900. OM, TO, WiFi, \$

EASTERN CUISINE

3 TIMES CAFÉ — Korean cuisine. 2090 Grand River Ave., Okemos. 11:30 a.m. 10 p.m. Monday-Friday; noon-10 p.m. Saturday; 2 p.m.-9 p.m. Sunday. (517) 349-3122. TO, RES, WiFi, \$\$

AI FUSION - Sushi bar and restaurant. 2827 E. Grand River Ave., East Lansing. 11:30 a.m.-10 p.m. Monday-Thursday; 11:30 a.m.-11 p.m. Friday; noon-11 p.m. Saturday; noon-10 p.m Sunday. (517) 853-3700. ai-fusion.com FB, TO, RES, OM, WiFi, \$\$-\$\$\$

ALADDIN'S EXPRESS —Middle Eastern cuisine. 208 S. Washington Square, Lansing. 11 a.m.-4 p.m. Monday-

340 Albert Ave., East Friday; closed Saturday-Lansing. 11 a.m.-10:30 Sunday. (517) 346-8700. TO, WiFi, \$\$ p.m. daily. (517) 993-6817. FB, RES, TO, \$\$ AKAGI SUSHI — 1754 CHEN'S RESTAURANT

Central Park Drive, Okemos, Noon-8 p.m. Sunday; 11:30 a.m.

a.m.-10 p.m. Monday-Thursday: 11 a.m.-11 p.m. Friday & Saturday; Noon-10 p.m. Sunday. (517) 372-7292. lansingchens.com, TO, D, OM, \$

CHINA EXPRESS -1630 Haslett Road, Suite 2, Haslett. 11 a.m.-9:30 p.m. Monday –Saturday; 11 a.m.-9:30 p.m Sunday. (517) 339-8318. TO, \$

EMO'S KOREAN RESTAURANT-901 Trowbridge Road, East Lansing. 10 a.m.-9 p.m. Monday-Thursday, 10 a.m.-10 p.m. Friday and Saturday, Noon-10 p.m. Sunday. (517) 488-0305. emoskoreanrestaurant. com. D. TO. RES. OM. \$\$

RESTAURANT - 1701 S. Waverly Road, Lansing. 11 a.m.-10 p.m. daily. (517) 321-1879, finechinarestaurant.net. TO, D,

FORTUNE HOUSE - Thai and Chinese food. 5407 W. Saginaw Highway, Lansing. 11 a.m.-9:30 p.m. Monday-Thursday, 10:30 a.m.-10:30 p.m. Friday-Saturday, 10:30 a.m.-9:30 p.m. Sunday. (517) 321-8808. TO. \$

Chinese, sushi & Hibachi Okemos. 11 a.m.-9:30 **FINE CHINA** p.m. Monday - Thursday; 11 a.m.-10 p.m. Friday-Saturday; 11:30 a.m.-9

RES, OM, WiFi, \$-\$\$.

FB Full Bar WB Wine & Beer TO Take Out OM Online Menu **RES** Reservations **P** Patio **WiFi** Wireless Internet **D** Delivery

That's American Apparel[®]

Royal Oak–Washington Avenue 405 S. Washington Ave. (S. of the Amtrak Station) Phone: (248) 547-1904

Ann Arbor–U of Michigan 619 E. Liberty St. (Near the Michigan Theatre) Phone: (734) 213-3530



East Lansing—Michigan State 115 E. Grand River Ave. (Corner Abbott Rd.) Phone: (517) 333-6662

Retail Locations:



Meet Emilia and Amanda.

These Finnish-Sicilian twins were born in Miami and raised in Key Biscayne, a beautiful island town just south of Miami Beach. As a kid, Emilia (left) wanted to be a dolphin trainer, or veterinarian, or marine biologist: anything to combine her love of water and of animals. Amanda (right) saw herself more as a fashion designer. After attending an art magnet high school in Miami, they both found themselves continuing their creative studies in NYC. Emilia is at New York's School of Visual Arts taking Visual and Critical courses, and hopes to one day curate her own gallery. Amanda stuck to her childhood dream of fashion design and is currently attending Parsons, and working backstage at this year's NY Fashion Week (she also hopes to walk in a Victoria's Secret show, as unlikely as that may be, she says, a girl can dream). Growing up, the girls spent 7 years playing tennis and 11 doing ballet, but these days they like to spend their free time hanging out together, taking it easy on their roof. Though they are pretty easy to tell apart, if you're ever having trouble: the one with the gold heart on her tooth is Amanda. They are pictured here wearing the Cotton Spandex Jersey Basic Bodysuit.

